



مؤسسة حمد الطبية
Hamad Medical Corporation
HEALTH - EDUCATION - RESEARCH
صحة - تعليم - بحوث

Under the Patronage of

وزارة الصحة العامة
Ministry of Public Health
دولة قطر - State of Qatar



QATAR HEALTH CONGRESS 2026

INNOVATION AND INTEGRATION ACROSS MEDICAL DISCIPLINES

IN PERSON AND ONLINE

28 January

Pre-Conference Workshops

29–31 January

Main Conference

Doha, Qatar



Sheraton Grand Doha Resort &
Convention Hotel, Doha, Qatar

Scientific Program Book



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Welcome Message



Dr. Ahmed Al-Mohammed

Chairman of Qatar Health Congress-2026

Chairman of Medicine Department, Hamad Medical Corporation

Dear Colleagues

It is my great pleasure to welcome you all to the Qatar Health Congress 2026 (QHC). This year's congress brings together an exceptional community of healthcare professionals, researchers, and thought leaders from around the world, united by a shared commitment to advancing medical knowledge and improving patient care. As we gather here in Doha, we are reminded of the importance of networking, collaboration, innovation, and resilience in tackling the evolving challenges of global health. I encourage each of you to engage deeply in the sessions, share your insights, and take full advantage of the opportunities to learn and connect. Thank you for being part of this important event. Together, let us inspire progress and shape the future of healthcare.

Welcome to Qatar Health Congress-2026.



Professor Abdel-Naser Elzouki

Co-Chair of Qatar Health Congress-2026

Chairman of Scientific Planning Committee

Chief of General Internal Medicine, Hamad Medical Corporation

Dear Colleagues

It is an honor to welcome you to the Qatar Health Congress-2026 (QHC), held under the theme of “Innovation and Integration Across Medical Disciplines”. The congress is organized by Department of Medicine, Hamad Medical Corporation (HMC), under the patronage of the Ministry of Public Health Qatar, and in collaboration with the American College of Physicians (ACP), the Mayo Clinic, Global NASH Council (GNC) and the Federation of Royal College of Physicians of United Kingdom (London-Edenborough-Glasgo). The conference will take place in Doha, Qatar, from 28 to 31 January 2026.

QHC 2026 provides a dynamic platform for clinicians, academics, and researchers from Qatar and around the world to share clinical advances and research in Internal Medicine, its subspecialties, and Trauma & Critical Care. Over four days, an outstanding faculty of international leaders and local experts will deliver plenary lectures, mini-symposia, diagnostic challenge sessions, “meet the expert” events, multi-disciplinary panel discussions, oral and poster presentations, and scientific exhibits designed to stimulate discussion and ignite collaboration.

The program also includes interactive, hands-on workshops - including Point-of-Care Ultrasound (POCUS), mastering medical procedures, and advanced airway management. All accepted abstracts will be published in the conference abstract book and a journal supplement; outstanding oral and poster presentations will be recognized with awards.

As medicine advances through innovation and collaboration, QHC-2026 aims to advance knowledge, foster partnerships, and inspire new approaches that improve patient care locally and globally. We look forward to your participation and to welcoming you to Doha — a city where rich cultural heritage meets modern innovation.

Welcome to Qatar Health Congress-2026.

Qatar Health Governors



Prof. Abdullatif Al-Khal

Professor of Medicine & Sr. Consultant of Infectious Disease. Chief of Infectious Disease, Hamad Medical Corporation, Qatar



Dr Hassan Al Thani

Head of Trauma & Vascular Surgery Sections & Head of WHO Collaborating Center on Trauma, Hamad Trauma Center, Hamad Medical Corporation, Qatar



Dr. Abdul Wahab Al Musleh

Advisor Projects, Office of the Chief Medical Office, Hamad Medical Corporation, Qatar

Members of the Scientific Planning Committee

- Prof. Abdel-Naser Elzouki, Medicine, HMC, Qatar (Chairman)
- Dr. Mohamad A Alkadi, Nephrology, HMC, Qatar
- Prof. Jassim Al-Suwaidi, Cardiology, HMC, Qatar
- Dr. Rafael Isidro Consunji, Trauma & Critical Care, HMC, Qatar
- Prof. Guillaume Alinier, Ambulance Service, HMC, Qatar
- Dr. Maryam Ali Al-Nesf Al-Mansouri, Allergy & Immunology, HMC, Qatar
- Dr. Ibrahim Al-Janahi, Endocrinology, HMC, Qatar
- Dr. Dabia Al Mohanadi, Endocrinology, HMC, Qatar
- Dr. Aameena Jumrah Jesaimani, Department of Pharmacy, HMC, Qatar
- Dr. Alla El-Awaisi, Qatar University, Qatar
- Dr. Mansoor Hameed, Pulmonary Medicine, HMC, Qatar
- Dr. Masautso Chaponda, Infectious Disease, HMC, Qatar
- Dr. Noora AlKaabi, Preventive Medicine, HMC, Qatar
- Dr. Muayad Kasem Ahmadm, Medicine, Hazem Mbarek Hospital, HMC, Qatar
- Dr. Muhammad Josheel Naveed, Medicine, Alkhour Hospital, Qatar
- Dr. Abdulsalam Saif, Medical Intensive Care Unit, HMC, Qatar
- Dr. Sameer Abdurahiman, Medical Informatics Affairs, HMC, Qatar
- Dr. Abdul Moqeeth Mohammed, Ambulatory Care Medicine, HMC, Qatar
- Dr. Mohamed S. Sadek, Medicine, Al-Wakra Hospital, Qatar
- Dr. Ahmed Abdel-Rahman, Medicine, Aisha Bent Alatia Hospital, HMC, Qatar
- Dr. Yousef Saleh, Gastroenterology, HMC, Qatar
- Dr. Fiaz Alam, Rheumatology, HMC, Qatar
- Dr. Bilal Uddin Khan, Staff Clinic, HMC, Qatar
- Dr. Maha Saeed Al-Mohannadi, Tobacco Control Center, HMC, Qatar
- Ms. Asmaa Mosa Al-Atey, Trauma Nursing, HMC, Qatar
- Mr. Emad Mraweh Mohammed Mustafa, Medicine Nursing, HMC, Qatar
- Dr. Binny Thomas, Pharmacy Department, HMC, Qatar

Members of the Organizing Committee

- Dr. Mohamed Khalil, Medicine Department, HMC, Qatar
- Ms. Elizabeth Macgillivray, Corporate Communication Department, HMC, Qatar
- Mr. Rida Miladi, Corporate Communication Department, HMC, Qatar
- Ms. Johaira Pandapatan, Medicine Department, HMC, Qatar
- Mr. Christopher Chorus, Corporate Communication Department, HMC, Qatar
- Ms. Princess Tingle, Medicine Department, HMC, Qatar
- Ms. Dina Mohammed, Corporate Communication Department, HMC, Qatar
- Ms. Sheryll Pacer, Corporate Communication Department, HMC, Qatar
- Prof. Guillaume Alinier, Ambulance Service, HMC, Qatar
- Mr. Ahmed Awad Hommos, Medicine Department, HMC, Qatar
- Dr. Anand Kartha, Medicine Department, HMC, Qatar
- Dr. Gamal Salim Alfitori, Medicine Department, HMC, Qatar
- Dr. Jamal Sajid, Medicine Department, HMC, Qatar
- Dr. Muhammad Aamir Waheed, Medicine Department, HMC, Qatar
- Dr. Salah Suwileh, Medicine Department, HMC, Qatar
- Dr. Ramsy Jasim, Medicine Department, HMC, Qatar
- Dr. Aseel Sukik, Medicine Department, HMC, Qatar
- Dr. Ijaz Kamal, Medicine Department, HMC, Qatar
- Dr. Mohamed Elhams, Medicine Department, HMC, Qatar
- Dr. Ahmed Hatem, Medicine Department, HMC, Qatar
- Dr. Elmustafa Mohamed Abdalla, Medicine Department, HMC, Qatar
- Dr. Mohamed Baig, Medicine Department, HMC, Qatar
- Mr. Ibrahim Al-Kharaz, Corporate Communication Department, HMC, Qatar
- Mr. Khaled Hassan Kassem, Corporate Communication Department, HMC, Qatar
- Mr. Chris Emilson Chan, Medical Education Department, Hamad Medical Corporation, Qatar
- Ms. Dhoha Alharami, Corporate Communication Department, HMC, Qatar
- Ms. Dowaa Abdulsatar, Corporate Communication Department, HMC, Qatar

Keynote Speakers



Prof. Andrew Elder

President, of the Royal College of Physicians of Edinburgh, UK



Prof. Mumtaz Patel

President, Royal College of Physicians of London, UK



Prof. Zobair Younossi

President, the Global NASH/MASH Council, Washington, USA



Prof. Stacey Rizza

Medical Director for Global Commercial Solutions, Mayo Clinic, USA



Prof. Laura Smith

Deputy Dean for Student Education, Faculty of Medicine and Health, Leeds University, UK



Prof. Andres Rubiano

Professor of Neurosciences and Neurosurgery at Universidad El Bosque in Bogotá, and professor of neurological surgery at Universidad del Valle in Cali, Colombia



Prof. Isaac O. Opole

Immediate Past President, American College of Physicians (ACP), USA



Prof. Hany Eteiba

President, Royal College of Physicians and Surgeons of Glasgow, UK



Prof. Miguel Paniagua

Vice President, Medical Education American College of Physicians (ACP)



Prof. Nav Buttar

Director of the Specialized Endoscopic Innovation Team & Vice Chair of the GastroInternational Practice in the Division of Gastroenterology and Hepatology, Mayo Clinic, USA



Prof. Mukta Panda

Regional Dean, Morehouse School of Medicine, Chattanooga, USA



Prof. Romergryko Geocadin

Professor of Neurology, Anesthesiology-Critical Care Medicine, and Neurosurgery, Johns Hopkins University School of Medicine Rochester, Minnesota, USA

International Speakers

**Professor Moe Oo**

Head of MBChB and Chair of the MBChB Programme Committee at the School of Medicine, University of Leeds

**Dr. Omar M. Ghanem**

Professor of Surgery and the chair of the Metabolic and Abdominal Wall Reconstructive Surgery Division at Mayo Clinic in Rochester, Minnesota

**Dr. Kerri Baker**

Consultant
Dean of Education and Training for the Royal College of Physicians of Edinburgh

**Dr. Dieter Weber**

Head of the Department of General Surgery and Director of Trauma, Royal Perth Hospital
Clinical Professor, University of Western Australia

**Prof. Martin Wullschlegler**

Senior Staff Specialist in trauma and acute care surgery and Clinical Director of Orthopedics & Trauma, Gold Coast University Hospital, Queensland, Australia

**Prof. Sunil Bhandari**

Consultant in Nephrology and Honorary Professor at Hull York Medical School (HYMS) and Hull University Teaching Hospitals NHS Trust



Dr. **Pedro** J. Caraballo
Professor of Medicine at the Mayo Clinic College of Medicine and Science in Rochester, Minnesota, USA
Consultant in the Division of General Internal Medicine and the Department of Quantitative Health Sciences at Mayo Clinic

**Dr. Josh Overgaard**

Assistant Professor of Medicine at Mayo Clinic in Rochester, MN, USA

**Gretchen M. Brophy,**

Professor of Pharmacotherapy & Outcomes Sciences and Neurosurgery, Virginia Commonwealth University School of Pharmacy, Medical College of Virginia Campus, Richmond, Virginia, USA

**Dr. Thanos GARGAVANIS**

WHO EMRO Trauma Regional Adviser
World Health Organization / Regional Office for the Eastern Mediterranean



Dr. Stephanie L. Grach

Assistant Professor of Medicine
and Consultant in General Internal
Medicine at Mayo Clinic, Rochester,
USA



Dr. Tom Bashford

Consultant Anesthetist in the UK NHS,
and
Assistant Professor of Healthcare
Systems at the University of
Cambridge, UK



Ahmad Al-Chaikh Hassan

Orthopedic and Trauma Surgeon
and Humanitarian Health
Professional



Dr. Faisal Abaalkhail

Consultant Transplant Hepatologist
and Gastroenterologist, King Faisal
Specialist Hospital & Research Center
in Riyadh, KSA



Prof. Federico Coccolini

Professor of Surgery, Director of
the General, Emergency, and Trauma
Surgery Department, and of the
trauma center at the Pisa University
Hospital
Pisa, Italy



Dr. Ibrahim Yusuf Abubeker

Attending Physician in General
Internal Medicine at Mayo Clinic
Rochester and an Assistant Professor
of Medicine at Mayo Clinic College of
Medicine and Science, USA



Dr. Ahmed D. Abdalrhim

Assistant Professor of Medicine,
Mayo Clinic College of Medicine
and Science Consultant, Division of
General Internal Medicine,
Mayo Clinic in Rochester, Minnesota



Dr. Aiman Smer

Consultant Cardiologist
Associate Professor of Medicine
Program Director, Cardiovascular
Fellowship
Heart, Vascular, Thoracic Institute
Cleveland Clinic Abu Dhabi, UAE



Dr. Amir Khoshbin

Chief of Orthopedic Surgery,
St. Michael's Hospital, Toronto



Professor Mahmood Adil

Global Clinical Data & Digital Health
Lead, Royal College of Physicians of
Edinburgh (UK)

International Speakers

**Professor Mohammed Omer Mohammed**

Professor of Medicine,
Consultant Internist-Consultant
Gastroenterologist
College of Medicine, University of
Sulaimani
Director of Kurdistan Higher Council of
Medical Specialties, Sulaimani Office

**Dr. Dahat Jamal Hawezy**

Consultant Physician,
Kurdistan High Council of Medical
Specialties and Slemani Shar Hospital,
Kurdistan, Iraq

**Dr. Khalid Al-Naamani**

Senior Consultant Specializing
in Gastroenterology, Advanced
Therapeutic Endoscopy, Hepatology,
and Liver Transplantation at the
Medical City for Military and Security
Services and Sultan Qaboos University
Hospital in Muscat, Oman

**Dr. Waqar Haider Gaba**

Stroke Lead and Program Director for
Internal Medicine Residency at SKMC
RCPE Regional Advisor for UAE and
Chair of Examiners for MRCP UK PACES
Centre at Abu Dhabi

**Dr. Mohammed Ghaly**

Professor of Islam and Biomedical
Ethics, and Head of the Research
Center for Islamic Legislation &
Ethics (CILE), College of Islamic
Studies, Hamad Bin Khalifa
University, Qatar

**Dr. Michael Mueller**

Assistant Professor of Medicine and
the Section Head for Integrative
Medicine, Mayo Clinic

**Dr. Mariya Pogorelova**

Specialist in Consultative Internal
Medicine,
Mayo Clinic

**Dr. Jay-Sheree Allen
Akambase**

Medicine Physician at Mayo Clinic,
Assistant Professor of Medicine
Mayo Clinic College of Medicine and
Science

**Dr. Rayya A. Saadiq**

Assistant Professor of Medicine at the
Mayo Clinic College of Medicine and
Science and a Consultant in both the
Division of General Internal Medicine
and the Division of Cardiovascular
Medicine at Mayo Clinic, Rochester,
Minnesota

**Dr. Sachin Dave**

Faculty in General Internal Medicine at
Mayo Clinic



Dr. Siddhant Yadav

Consultant in the Division of General Internal Medicine at Mayo Clinic, Rochester, Minnesota



Dr. Zuhair Al-Karrat

Medical Doctor and General Surgeon
Director of Health Planning and International Cooperation, Ministry of Health



Ms. Wahida Ghalayini

Vice President for Administrative and Financial Affairs
Makassed University of Beirut, Lebanon



Dr. Nadir Bhuiyan

Consultant in the Division of General Internal Medicine at the Mayo Clinic in Rochester, Minnesota
Assistant Professor of Medicine at the Mayo Clinic College of Medicine



Dr. Hassan Naser A Mashbari

Assistant Professor of Surgery at Jazan University
Consultant in Trauma, Acute Care Surgery, and Surgical Critical Care



Dr. Carlos Yáñez Benítez

General, Acute Care, and Trauma Surgeon
Consultant at Mediclinic Parkview Hospital, Dubai, UAE. Chair of the Emergency Surgery Section of the European Society of Trauma and Emergency Surgery



Dr. Brett A. Freedman

Professor of Orthopedic Surgery and Neurosurgery,
Mayo Clinic Alix School of Medicine



Dr. Omar Elahmer

Director of the Reference Laboratory for Disease Control and head of the National Influenza Centre at the National Centre for Disease Control (NCDC) of Libya



Dr. Yousif Habib Hussain Nasir Alabboudi

Consultant general surgeon, Rashid Hospital and trauma center, Dubai
Academic Health Corporation



Raghad A. Alhumud

Public Health Specialist
Gulf Center for Disease Prevention and Control (Gulf CDC)

International Speakers

**Dr. Abdullah Al Alawi**

Senior Consultant Physician at Sultan Qaboos University Hospital

**Prof. Khalid A Alswat**

Professor and consultant hepatologist at the College of Medicine, King Saud University in Riyadh, Saudi Arabia, and the Liver Disease Research Center director. He obtained his MBBS from King Abdulaziz University in Jeddah

**Dr. Fahad Al-Kindi,**

Interventional & Structural Cardiologist
Head of Cardiology Unit | Director, Structural Heart Disease Program
Sultan Qaboos University Hospital, University Medical City
Muscat, Oman

Local Speakers



Prof. Abdel Naser Elzouki

Senior Consultant of Medicine & Chief of Internal Medicine, Hamad Medical Corporation
Professor of Medicine & Clerkship
Director of Internal Medicine, College of Medicine, Qatar University
President of the Mediterranean Task Force for Cancer Control (MTCC)



Dr. Rafael Consunji

Injury Prevention Director, HMC Injury Prevention Program
AED of Clinical Services, Trauma Surgery Section, Department of Surgery
Administrative Director, WHO Collaborating Center for Trauma Systems Development, Hamad Trauma Center, Hamad Medical Corporation



Gustav Frans Strandvik

Senior Consultant in the Trauma Surgery Section, and Co-director of the Trauma Critical Care Unit, Hamad Medical Corporation, Qatar



Prof Shahrad Taheri

Professor of Medicine & Senior Consultant
Qatar Metabolic Institute
Hamad Medical Corporation



Dr. Anand B. Kartha

Senior Consultant of Medicine, Department of Medicine, Hamad Medical Corporation
Associate Professor of Medicine, Weill Cornell Medicine-Qatar



Dr. Ammar Almadani

Senior Consultant Surgeon
Trauma and Critical Care Surgeon, HMC



Dr. Hassan Al Thani,

Sr. Consultant, Head of Trauma and Corporate Vascular Surgery Sections, Surgery Department
Head, WHO Collaborating Center on Trauma, Hamad Trauma Center, Hamad Medical Corporation



Dr. Samya Ahmad Al – Abdulla

Senior Consultant of Family Medicine
Assistant Managing Director of Operations & Clinical Affairs
Executive Director of Operations at the Primary Health Care Corporation (PHCC)



Dr. Hassan Mobayed

Senior Consultant Allergy in the Adult Allergy and Immunology division, department of Medicine, Hamad Medical Corporation



Dr. Ahmad Kloub

Senior Consultant, Trauma Surgery Section, Hamad Medical Corporation, Qatar



Alaa Al-Sheikh

Director of Rehabilitation – Occupational Therapy Department
Clinical Supervisor of Occupational Therapy at HGH, SSC, MCRC, and WWRC
Doha – Qatar



Dr. Aisha Abeid

Assistant Director of the Hamad Injury Prevention Program (HIPP), Hamad Trauma Center, Hamad Medical Corporation, Doha, Qatar

Local Speakers

**Ms. Sanaa Odeh**

Charge Nurse, Trauma Intensive Care Unit,
Hamad Medical Corporation,
Doha, Qatar

**Dr. Yousef Al Rimawi**

Rheumatology Specialist,
Rheumatology Division,
Hamad Medical Corporation,
Doha, Qatar

**Dr. Mahim Al Balushi**

Clinical Epidemiologist currently
serving as the Injuries Manager at the
Gulf CDC

**Dr. Ali Ibrahim Ali Rahil**

Senior Consultant, Department of
Medicine, Hamad Medical Corporation
Associate Professor of Clinical
Medicine, Weill Cornell Medicine–
Qatar

**Dr. Raza Ali Akbar**

Senior Consultant in General Internal
Medicine and Clinical Lead for
Informatics at the Division of GIM,
Hamad General Hospital (HGH), Doha,
Qatar

**Dr. Mohsen Eledrisi**

Senior consultant in the Internal
Medicine Department at Hamad
Medical Corporation in Qatar.

**Mr. Salih V. Kandy**

Physiotherapy Specialist in the Neuro
and Traumatic Surgery Team at
Hamad Medical Corporation
Doha, Qatar.

**Dr. Arjun J. Prakash**

Medical Graduate with international
academic and clinical experience,
avidly involved in medical education
and research training programs

**Dr. Wanis H Ibrahim**

Senior Consultant internist and
pulmonologist at Hamad General
Hospital, Qatar, and a Professor of
Clinical Medicine at the College of
Medicine, Qatar University, and Weill
Cornell Medical College, Qatar.

**Dr. Hanadi Khamis Mubarak
Alhamad**

Senior Clinical Leader Hamad Medical
Corporation. Professor of Medicine at
Qatar University. Associate Professor,
Weill Cornell Medicine–Qatar.

**Dr. Muhammad Zahid**

Senior Consultant, Internal Medicine,
Hamad General Hospital, Doha, Qatar
Assistant Professor of Clinical
Medicine, Weill Cornell Medical
College, Qatar. Associate Professor of
Clinical Medicine, School of Medicine,
Qatar University

**Prof. Abdulaziz Zorgani**

Member of the University's Ethical
Committee, World Health Organization



Dr. Sara Saleh Al-Khawaga

Specialist, Dermatology & Venereology, Hamad Medical Corporation, Doha-Qatar



Dr. Khaled Dukhan

Senior Consultant, Medicine Department, Hamad Medical Corporation, Qatar



Dr. Mohamed Danjuma

Senior Consultant in General Internal Medicine at Hamad Medical Corporation, Doha, Qatar. Associate Clerkship Director for Internal Medicine at Qatar University



Dr. Essa Abdulla M E Abuhelaiqa

Senior consultant, Nephrology Department, Hamad Medical Corporation, Qatar



Dr. Muftah Othman

Sr. Consultant Nephrology, Hamad Medical Corporation
Assistant Professor of Medicine, Weill Cornell Medicine-Qatar



Dr. Ahmad Abdul Hadi

Senior consultant in Internal Medicine, Assistant Professor in Weill Cornell medical College and Fellow of the Royal College of Physicians of Glasgow and Edinburgh.



Dr. Ibrahim Al Janahi

Senior Consultant, Medicine Department, Hamad Medical Corporation, Qatar



Dr. Farhan Cyprian

Medical Doctor and Associate Professor of Immunology at the College of Medicine, Qatar University, Qatar



Dr. Ali Senosi Omrani

Senior Consultant, Medicine Department, Hamad Medical Corporation, Qatar



Rayaz A. Malik

Senior consultant physician in Hamad General Hospital, Doha, Qatar. Professor of Medicine at Weill Cornell Medicine-Qatar



Dr. Mohamed Salem Ismail

Consultant Physician, Hamad Medical Corporation, Doha, Qatar



Salah Ali Saleh Difalla Suwileh

Associate Consultant, Medicine Department, Hamad Medical Corporation, Qatar

Local Speakers



Dr. Muhammad Aamir Waheed

Consultant, Medicine Department, Hamad Medical Corporation, Qatar



Dr. Omar Fituri

Senior consultant in nephrology and transplant in Hamad Medical Corporation and assistant professor in clinical medicine at Weill Cornell College of Medicine in Qatar.



Fiaz Alam Shamsul Alam

Consultant, Medicine Department, Hamad Medical Corporation, Qatar



Dr. Ibrahim Abdulmomen

Consultant, Medicine Department, Hamad Medical Corporation, Qatar



Dr. Mariam Ali Yousuf Al-Nesf

Division Head, Allergy and Immunology, Medicine Department, Hamad Medical Corporation, Qatar



Dr. Nagham Sadik

Senior Consultant, Medicine Department, Hamad Medical Corporation, Qatar



Dr. Ali Amer Al Sanousi

Executive Director Clinical Information Systems, Medical Informatics



Dr. Elmukhtar Habas

Senior Consultant, Medicine Department, Hamad Medical Corporation, Qatar



Prof. Hazem Elewa

Associate Professor, PharmD Director, College of Pharmacy, Qatar University



Dr. Khaled Ahmed Mohamed Baagar

Consultant, Medicine Department, Hamad Medical Corporation, Qatar



Dr. Nabeel Abdulla

Consultant in the Rheumatology Division at Hamad Medical Corporation (HMC), Qatar



Dr. Omar Suhail Alsaed

Consultant, Medicine Department, Hamad Medical Corporation, Qatar



Dr. Nediea Neffati

Consultant, Medicine Department,
Hamad Medical Corporation, Qatar



Ms. Jennifer Allen

Lecturer in the Department
of Rehabilitation Sciences
(Physiotherapy) at Qatar University



Dr. Merlin Thomas

Consultant Pulmonologist at Hamad
Medical Corporation, Qatar, and
Assistant Professor of Clinical
Medicine at Weill Cornell Medicine
– Qatar.



Prof. Maguy El-Hajj

Clinical Associate Professor at Qatar
University (QU) QU Health Sector
College of Pharmacy



Maha Al-Asmakh

Associate Professor and Head of the
Biomedical Sciences Department at
the College of Health Sciences, Qatar
University



Ms. Asmaa Al- Atey

Assistant Executive Director of
Nursing



Tariq Chukir

Consultant, Medicine Department,
Hamad Medical Corporation, Qatar



Dr. Ahmad H. Abu Raddaha

Associate Professor at the College of
Nursing, Qatar University



Dr. Noora Al Kaabi Senior

Consultant and the Head of the
Preventive Medicine Division under
the Department of Medicine at
Hamad Medical Corporation



Dr. Mohammed Al-Hijji

Senior Consultant in Interventional and
Structural Cardiology at Heart Hospital
and Aman Hospital, Doha, Qatar, and
Assistant Professor of Medicine at Weill
Cornell Medicine–Qatar



Dr. Yousef Al Rimawi

Rheumatology Specialist,
Rheumatology Division,
Hamad Medical Corporation,
Doha, Qatar



**Dr. Fernando Antonio
Spencer Netto**

Senior Consultant, Trauma Surgery
Department, Hamad Medical
Corporation, Qatar

Local Speakers

**Dr. Ghaya Al-Rumaihi**

Consultant Neurosurgeon and Neuro-Interventionist at Hamad Medical Corporation, Qatar, and a Clinical Associate Professor of Neurosurgery at Qatar University

**Ismail Mohamed Ismail Ibrahim Eysa**

Nursing Educator-I
Trauma Department – HGH

**Karim Ahmed Ali Attallah**

Nurse/Midwife Educator-II (CF) |
Corporate Critical Care Educator |
Hamad Trauma Center, Doha, Qatar.

**Dr. Tulika Mehta Agarwal**

Sr. Clinical Psychology Specialist |
Hamad General Hospital, Qatar

**Professor Abdulkarim Said Al-Makadma**

Dean of the College of Medicine at
Qatar University

**Dr. Bara A. AlMakadma**

Consultant internist, Adult
Cardiologist and Advanced
Echocardiography

**Ms. Heba Shehada**

Head Nurse, Trauma Intensive Care
Unit, Hamad Medical Corporation

**Ms. Jayanthi Venugopal**

Graduate Registered Nurse, Trauma
Resuscitation Unit, Hamad Medical
Corporation, Qatar

**Dr. Mohamed Lamine Missaoui**

Associate Consultant in Physical
Medicine and Rehabilitation at Qatar
Rehabilitation Institute, Hamad
Medical Corporation (HMC).

**Dr. Alla El-Awaisi**

Vice President for Health and Medical
Sciences and
Head of the Interprofessional
Education Program at Qatar University

**Dr. Yasin Almakadma**

Highly Specialized Consultant in
Interventional Pain Medicine and
Neuromodulation

Workshop Faculty

- Dr. Abdelraziz Elmulla, Consultant, Medicine Department, HMC, Qatar
- Dr. Abdo Lutf, Senior Consultant, Medicine Department, HMC, Qatar
- Prof. Abdulaziz Zorgani, Medical Microbiology and Immunology Department, University of Tripoli, Libya
- Dr. Abdulmoqeeth Mohamed, Senior Consultant, Medicine Department, HMC, Qatar
- Dr. Aftab Mohammad Umar, Medical Affairs, HMC, Qatar
- Dr. Ahmad Abdul Hadi, Senior Consultant, Medicine Department, HMC, Qatar
- Dr. Ahmed Hatim, Clinical Fellow, Medicine Department, HMC, Qatar
- Dr. Ahmed Hossam, Medical Resident, Medical Education, HMC, Qatar
- Dr. Ahmed Othman, Specialist, Inpatient
- Prof. Ali Al Sanousi, Hamad Medical Corporation, Qatar
- Dr. Ali Rahil, Senior Consultant, Medicine Department, HMC, Qatar
- Mr. Aljo Adrian Sergio Romero, Physiotherapist
- Dr. Amr Talaat Ali, Consultant, Allergy Department, HMC, Qatar
- Ms. Anitha Mathew, Trauma Database Analyst, Surgery Department, HMC, Qatar
- Dr. Aseel Sukik, Specialist, Medicine Department, HMC, Qatar
- Dr. Awab Elshaikh, Specialist, Medicine Department, HMC, Qatar
- Dr. Dhari Almenshid, Associate Consultant, Anesthesia Department, HMC, Qatar
- Dr. Dnyaneshwar Mutkule, Specialist, Medicine Department, HMC, Qatar
- Dr. Elmukhtar Habas, Senior Consultant, Medicine Department, HMC, Qatar
- Dr. Fajer Al-Ishaq, General Surgery Resident, \Hamad Medical Corporation, Doha, Qatar
- Ms. Farah Ayman, Occupational Therapy Specialist, HMC, Qatar
- Dr. Fiaz Alam, Consultant, Medicine Department, HMC, Qatar
- Ms. Gayathri Kumar, Nurse/Midwife Educator, Nursing Services, HMC, Qatar
- Prof. Hazem Elewa, Associate Professor, Qatar University
- Dr. Hazem Fayeze Selim, Senior Consultant, Surgery Department, HMC, Qatar
- Dr. Husam Saffo, Specialist, Medicine Department, HMC, Qatar
- Dr. Ibrahim Abdulla Janahi, Senior Consultant, Medicine Department, HMC, Qatar
- Dr. Ibrahim Abdulmomen, Consultant, Medicine Department, HMC, Qatar
- Ms. Intisar Mohamed, Trauma Database Administrator, Surgery Department, HMC, Qatar
- Dr. Islam Elzouki, Resident, Medical Education Center, HMC, Qatar
- Mr. Ismail Mohamed, Nursing and Inpatient Service, HMC Department, HMC, Qatar
- Dr. Jassim Mohammad, Consultant, Medicine Department, HMC, Qatar
- Ms. Jesveena Mathias, Nurse Educator, Nursing Services, HMC, Qatar
- Mr. Jose Jr O Jupio, Occupational Therapy Specialist, HMC, Qatar
- Dr. Khaled Baagar, Consultant, Medicine Department, HMC, Qatar
- Dr. Khaled Dukhan, Senior Consultant,

- Medicine Department, HMC, Qatar
- Dr. Kaled Sa Elnagar, Senior Consultant, Surgery Department, HMC, Qatar
 - Dr. Khalid Farooqui, Associate Consultant, Medicine Department, HMC, Qatar
 - Ms. Maria Gaviola, Trauma Data Specialist, Surgery Department, HMC, Qatar
 - Dr. Maryam Al-Nesf, Senior Consultant, Medicine Department, HMC, Qatar
 - Dr. Masautso Chaponda, Senior Consultant, Medicine Department, HMC, Qatar
 - Ms. Monira Mollazehi, Healthcare Services Manager, Surgery Department, HMC, Qatar
 - Dr. Mohamed Baghi, Associate Consultant, Medicine Department, HMC, Qatar
 - Dr. Mohamed El Khatib, Senior Consultant, Anesthesia Department, HMC, Qatar
 - Dr. Mohamed Khalil, Consultant, Medicine Department, HMC, Qatar
 - Mr. Mohamed Rasik, Tender Committee Secretariat, HMC, Qatar
 - Mr. Mohamed Abeid, Trauma Data Specialist, Surgery Department, HMC, Qatar
 - Dr. Mohammed Danjuma, Senior Consultant, Medicine Department, HMC, Qatar
 - Dr. Mohamad Faisal, Clinical Fellow, Medicine Department, HMC, Qatar
 - Dr. Mohsen Eledrisi, Senior Consultant, Medicine Department, HMC, Qatar
 - Dr. Muftah Othman, Senior Consultant, Medicine Department, HMC, Qatar
 - Dr. Muhammad Aamir Waheed, Consultant, Medicine Department, HMC, Qatar
 - Dr. Muhammad Zahid, Senior Consultant, Medicine Department, HMC, Qatar
 - Dr. Nabeel Abdulla, Consultant, Medicine Department, HMC, Qatar
 - Dr. Nagham Sadik, Senior Consultant, Medicine Department, HMC, Qatar
 - Ms. Nalini Devaraj, Trauma Data Specialist, Surgery Department, HMC, Qatar
 - Dr. Nasser Nihad Dib, Specialist, Administrative Service, HMC, Qatar
 - Dr. Nedra Neffati, Senior Consultant, Medicine Department, HMC, Qatar
 - Dr. Nuri Sengir, Specialist, Administrative Service, HMC, Qatar
 - Dr. Omar Fituri, Senior Consultant, Medicine Department, HMC, Qatar
 - Dr. Omar Suhail, Consultant, Medicine Department, HMC, Qatar
 - Ms. Pamela Mcelroy, Occupational Therapy Supervisor, HMC, Qatar
 - Ms. Rabab Mohamed, Trauma Database Analyst, Surgery Department, HMC, Qatar
 - Dr. Raza Ali Akbar, Senior Consultant, Medicine Department, HMC, Qatar
 - Ms. Reshma Praveen, Physiotherapy Specialist, HMC, Qatar
 - Mr. Romy Nario, Data Specialist, Surgery Department, HMC, Qatar
 - Dr. Salah Suwileh, Associate Consultant, Medicine Department, HMC, Qatar
 - Dr. Sunil Hassan Koya, Associate Consultant, Medicine Department, HMC, Qatar
 - Prof. Susu Zughaier, College of Medicine, Qatar University
 - Mr. Tarik Abuelkkeer, Trauma Data Specialist, Surgery Department, HMC, Qatar
 - Dr. Tariq Chukri, Consultant, Medicine Department, HMC, Qatar
 - Dr. Tasleem Raza, Senior Consultant, Medicine Department, HMC, Qatar
 - Dr. Tawheeda Ibrahim, Specialist, Surgery Department, HMC, Qatar
 - Ms. Tessy Thomas, Graduate Registered Nurse, Pediatric Emergency, HMC, Qatar
 - Ms. Vilma Jalgo, Trauma Database Analyst, Surgery Department, HMC, Qatar

Pre-Congress Hands-On Workshops (Part one: 1 to 5)

Venue: Itqan Clinical Simulation and Innovation Center

Date: Wednesday 28 January 2026

Time: 8am – 11am

Workshops Registration: Online Only

Pre-Conference Hands-On Workshops (1-5)

WORKSHOPS (1)	
Title	Point of Care Ultrasound (POCUS): Integrating POCUS with Clinical Reasoning – a hands-on workshop
Venue	Itqan Clinical Simulation and Innovation Center
Time	8am to 11am
Moderators:	Dr. Ibrahim Abubeker (USA), Dr. Muhammad Aamir Waheed (Qatar), Dr. Salah Suwilleh (Qatar)
Target audience:	Physicians and residents/fellows only (Maximum 50 Participants)
Learning objectives:	At the end of this workshop, the participants will have learnt: <ol style="list-style-type: none"> 1. How to generate and interpret bedside ultrasound images? 2. Sono – Anatomy and basic principles of physics and knobology. 3. Integrate ultrasound findings with clinical presentation. 4. Detection of free fluid in the abdomen, diagnose pneumo-thorax & pleural effusion at bedside. 5. Estimate ejection fraction (EF) and diagnose pericardial effusion.
Methods:	Hands-on session, with small groups of candidates at each station.
Faculty names:	Dr. Josh Overgaard (USA), Dr. Ibrahim Abubeker (USA), Dr. Muhammad Aamir Waheed (Qatar), Dr. Muhammad Zahid (Qatar), Dr. Salah Suwileh (Qatar), Dr. Aseel Sukik (Qatar)

WORKSHOPS (2)	
Title	Mastering Medical Procedures: A hands-on simulation workshop
Venue	Itqan Clinical Simulation and Innovation Center
Time	8am to 11am
Moderators:	Dr. Abazar Saeed (Qatar), Dr. Gamal Alfitori (Qatar), Dr. Fatima Rasoul (Qatar)
Target audience:	Physicians and residents/fellows only (Maximum 40 Participants)
Learning objectives:	At the end of this workshop, the participants will have learnt: <ol style="list-style-type: none"> 1. Describe the steps for some of the most common medical procedures. 2. List and describe the required equipment for the most common procedures. 3. Understand the indications, risks, and contraindications of the most common procedures. 4. Recognize possible immediate, early, and late complications. 5. Perform each procedure at the designated stations.
Methods:	It is a hands-on session, with small groups of candidates at each station.
Faculty names:	Dr. Khalid Farooqui (Qatar), Dr. Nedea Neffati (Qatar), Dr. Hatem Abusriwil (Qatar) Dr. Ahmed Othman (Qatar), Dr. Awab Elshaikh (Qatar), Dr. Abdelraziq Elmulla (Qatar), Dr. Dnyaneshwar Mutkule (Qatar) Dr. Raza Ali Akbar (Qatar) Dr. Mohamed Abunaib (Qatar), Dr. Mohanad Faisal (Qatar), Dr. Ahmed Hatim (Qatar), Dr. Islam Elzouki (Qatar)

WORKSHOPS (3)	
Title	Advanced Airway Management: A Hands-On Workshop for Non-Anesthesiologists
Venue	Itqan Clinical Simulation and Innovation Center
Time	8am to 11am
Moderators:	Dr. Nabil Shallik (Qatar)
Target audience:	Physicians, Residents/Fellows, Medical Students, and Anesthesia Technologists
Learning objectives:	Upon completion, participants will be able to: <ol style="list-style-type: none"> 1. Manage both unanticipated and anticipated difficult airways according to international guidelines (e.g., DAS). 2. Demonstrate proficiency with advanced tools, including Video Laryngoscopy, Supraglottic Airway Devices (SGADs), and Fiberoptic Scopes. 3. Perform emergency front-of-neck access (eFONA) and surgical airway techniques. 4. Utilize ultrasound for airway assessment and management. 5. Apply critical human factors and non-technical skills in airway crisis scenarios.
Methods:	This is a highly interactive, hands-on session featuring: <ol style="list-style-type: none"> 1. Comprehensive Hands-On Stations: Rotating skill stations with state-of-the-art simulators and models. 2. Interactive Case Scenarios: Clinical case discussions to reinforce decision-making. 3. Direct Observation & Feedback: Expert faculty providing real-time assessment and guidance.
Faculty names:	Dr. Mohamed El Khatib (Qatar), Dr. Marzooq Aslam (Qatar), Dr. Preethi Thomas (Qatar), Dr. Firas Al-Hammad (Qatar), Dr. Shakeel Mohideen (Qatar)

WORKSHOPS (4a) (PART ONE)		WORKSHOPS (4b) (PART TWO)	
Title	Trauma Registry Workshop 2026: Building Core Competencies – PART ONE	Title	Trauma Registry Workshop 2026: Building Core Competencies – PART TWO
Venue	Itqan Clinical Simulation and Innovation Center	Venue	Itqan Clinical Simulation and Innovation Center
Time	8am to 11am	Time	12pm to 3pm
Moderators:	Ms. Monira Mollazehe (Qatar), Mr. Tarik Abulkhair (Qatar)		
Target audience:	Nurses, physicians, registrars, coders, data specialists, and allied health professionals with potential interest in trauma care, data management, and coding.		
Learning objectives:	<p>Upon completion of this workshop, participants will be able to:</p> <ol style="list-style-type: none"> 1. Identify the key components and functions of a trauma registry. 2. Understand NTDS definitions, inclusion criteria, and local data elements. 3. Perform accurate abstraction using ICD-10-CM, ICD-10-PCS, and AIS. 4. Demonstrate data validation, reporting, and performance measurement. 5. Recognize the importance of data stewardship, validation and continuous registry education. 		
Methods:	<p>This is a highly interactive, hands-on session featuring:</p> <ol style="list-style-type: none"> 1. Interactive presentations and group discussions. 2. Small group rotations with abstraction scenarios. 3. Instructor-led coding and scoring demonstrations. 4. Simulation-based coding exercises. 5. Peer group discussions and summative assessments with feedback. 		
Faculty names:	Dr. Hassan Al-Thani (Qatar), Ms. Monira Mollazehe (Qatar), Mr. Tarik Abulkhair (Qatar), Mr. Romy Nario (Qatar), Ms. Maria Gaviola (Qatar), Ms. Tessy Thomas (Qatar), Ms. Nalini Devaraj (Qatar), Mr. Mohamed Abeid (Qatar), Ms. Entisar Mohamed (Qatar), Ms. Anitha Mathew (Qatar), Ms. Vilma Jalgo (Qatar), Ms. Rabab Mohamed (Qatar)		

WORKSHOPS (5)	
Title	Bridging care: the vital role of nurses and allied health professionals in ultrasound-guided intravenous insertion and safe manual handling
Venue	Itqan Clinical Simulation and Innovation Center
Time	8am to 11am
Moderators:	Mr. Karim Attallah (Qatar), Mr. Ahmad Al Nsour (Qatar), Gayathri Kumar (Qatar)
Target audience:	For Nurses, pharmacists, physicians, and other allied health professionals.
Learning objectives:	At the end of this workshop participants will have demonstration and return-demonstration of correct techniques in ultrasound-guided iv insertion and safe manual handling.
Methods:	Interactive Workshop with group exercise. Case-based discussion on difficult IV access scenarios and safe manual handling
Faculty names:	Mr. Ismail Mohamed (Qatar), Mohamed Rasik (Qatar), Gayathri Kumar (Qatar)

Pre-Congress Medicine Workshops (Part two: 6 to 16)

Venue: Sheraton Grand Doha Resort and Convention Hotel Doha, Qatar

Date: Wednesday 28 January 2026

Time: 8am – 3.30pm

Lunch & Prayer: 11.30am to 12.30pm

Workshops Registration: Online Only

Pre-Congress Medicine Workshops (6-16)

WORKSHOPS (6)	
Title	Challenging ECGs: from the easiest to the more puzzling
Venue	Sheraton Hotel
Time	8am to 11am
Moderators:	Dr. Nidal Asaad (Qatar), Dr. Muhammad Zahid, Dr. Yasir Al-Ahmad (Qatar)
Target audience:	Physicians, residents/fellows, students, pharmacists, nurses and other allied health professionals.
Learning objectives:	At the end of this workshop, the participants will have learnt: <ol style="list-style-type: none"> 1. Basic rules of ECG 2. Identify common brady/ tachy- arrhythmias 3. Know how to diagnosis ECG abnormalities of common cardiac disorders
Methods:	<ol style="list-style-type: none"> 1. Review basics rules of ECG and different common cardiac disorders. 2. Interactive clinical scenario to recognizing arrhythmias and how to respond to them quickly and positively. 3. Groups exercise.
Faculty names:	Dr. Muhammad Zahid (Qatar), Dr. Ahmed Abdelhadi (Qatar), Dr. Mohamed Baghi (Qatar), Dr. Nagham Sadik (Qatar)

WORKSHOPS (7)

Title	Artificial Intelligence (AI) in healthcare: from ideas to clinical impact
Venue	Sheraton Hotel
Time	8am to 11am
Moderators:	Prof. Mahmood Adil (UK), Dr. Sameer Abdurahiman (Qatar)
Target audience:	Physicians, residents/fellows, students, pharmacists, nurses, and other allied health professionals.
Learning objectives:	At the end of this workshop, the participants will have learnt: <ol style="list-style-type: none"> 1. Recognize current applications of AI in healthcare including diagnostics, imaging, and clinical decision support. 2. Interpret strengths and limitations of AI tools in clinical practice, with attention to accuracy, safety, and reliability. 3. Evaluate ethical and legal considerations in the use of AI. 4. Apply case-based examples to understand how AI can support- but not replace – clinical judgment. 5. Explore future directions of AI in medicine and healthcare.
Methods:	<ol style="list-style-type: none"> 1. Didactic, interactive-based discussion. 2. Brief presentation and interactive case scenarios and tabletop exercises.
Faculty names:	Prof. Mahmood Adil (UK), Prof. Ali Alsanousi (Qatar), Dr. Susu Zughaier, Dr. Mohamed Khalil (Qatar)

WORKSHOPS (8)

Title	Challenging cases in Endocrinology – Navigating difficult Thyroid disorder and Dyslipidemia cases in clinical practice
Venue	Sheraton Hotel
Time	8am to 11am
Moderators:	Dr. Mohsen Eledrisi (Qatar), Dr. Ali Rahil (Qatar)
Target audience:	Physicians, residents/fellows, students, pharmacists, nurses and other allied health professionals.
Learning objectives:	At the end of this workshop, the participants will be able to: <ol style="list-style-type: none"> 1. Discuss the tactics of diagnosis and management of primary hypothyroidism such as fine tuning of thyroxine doses, interfering medications, increased requirement, and management in pregnancy. 2. Emphasize the recognition and management of subclinical hypothyroidism. 3. Recognize the optimum use of different pharmacological agents for the management of dyslipidemia.
Methods:	Case studies with groups discussion
Faculty names:	Dr. Mohsen Eledrisi (Qatar), Dr. Ali Rahil (Qatar)

WORKSHOPS (9)	
Title	Inflammatory Bowel Disease (IBD) – the gut and beyond the gut: addressing overlooked challenges and bridging Care in Internal Medicine
Venue	Sheraton Hotel
Time	8am to 11am
Moderators:	Dr. Sachin Dave (USA), Dr. Husam Saffo (Qatar)
Target audience:	Physicians, residents/fellows, students, pharmacists, nurses and other allied health professionals
Learning objectives:	At the end of this workshop, the participants will be able to: <ol style="list-style-type: none"> 1. Understand the spectrum of IBD manifestations (intestinal and extra-intestinal). 2. Identify common extra-intestinal manifestations (e.g. musculoskeletal, ocular, dermatologic, ... etc.). 3. Differentiate extra-intestinal manifestations of IBD from other systemic conditions with similar presentations. 4. Integrate a multidisciplinary approach in caring for IBD patients. 5. Highlight emerging therapies and research addressing systemic manifestations of IBD.
Methods:	Didactic, interactive-based discussion.
Faculty names:	Dr. Sachin Dave (USA), Dr. Siddhant Yadav (USA), Dr. Mariya Pogorelova (USA), Dr. Husam Saffo (Qatar)

11.30am to 12.30pm: Lunch & Prayer**Time: 12.30pm to 3.30pm: Workshops 10 to 15 (Venue: Sheraton Hotel)**

WORKSHOPS (10)	
Title	Electrolytes and acid-base disturbances made simple: pearls for the physicians
Venue	Sheraton Hotel
Time	12.30pm to 3.30pm
Moderators:	Dr. Omar Fituri (Qatar), Dr. Tasleem Raza (Qatar)
Target audience:	Physicians, residents/fellows, students, pharmacists, nurses and other allied health professionals
Learning objectives:	At the end of this workshop, the participants will be able to: <ol style="list-style-type: none"> 1. Recognize the clinical presentations and causes of common electrolyte disturbances (hyponatremia, hyperkalemia, hypercalcemia, and hypocalcemia). 2. Interpret arterial blood gases and differentiate between simple and mixed acid-base disorders. 3. Formulate evidence-based management strategies.
Methods:	Interactive Presentation, and case Studies
Faculty names:	Prof. Sunil Bhandari (UK), Dr. Omar Fituri (Qatar), Dr. Elmukhtar Habas (Qatar), Dr. Tasleem Raza (Qatar)

WORKSHOPS (11)	
Title	Practical guidance for prescribing antibiotics: How do you escalate and de-escalate?
Venue	Sheraton Hotel
Time	12.30pm to 3.30pm
Moderators:	Dr. Mohamed Danjuma (Qatar), Prof. Omer Alahmar (Libya), Dr. Radwan Masoud (Egypt)
Target audience:	Physicians, residents/fellows, pharmacists, students, nurses and other allied health professionals.
Learning objectives:	At the end of this workshop participants will have learnt the basics of pathogens and antibiotics and how to make the appropriate choice.
Methods:	Interactive communication. This will involve table group teams or individuals organized with pens and papers format then feedback and discussion at the end.
Faculty names:	Dr. Mohamed Danjuma, Prof. Abdelaziz Zorgani (Libya), Prof. Mas Chaponda (Qatar)

WORKSHOPS (12)	
Title	Mastering Communication, Reasoning and Performance for PACES and Board Exams – Practical Insights for PACES & Internal Medicine Board Clinical Scenarios
Venue	Sheraton Hotel
Time	12.30pm to 3.30pm
Moderators:	Professor Abdel-Naser Elzouki (Qatar), Professor Moe Oo (UK), Dr. Kerri Baker (UK)
Target audience:	Internal medicine residents & fellows, Junior and senior trainees preparing for MRCP-PACES or IM Board exams, Physicians seeking structured clinical exam preparation, Interns, and medical students
Learning objectives:	<p>At the end of this workshop, the participants will be able to:</p> <ol style="list-style-type: none"> 1. Apply structured approaches to clinical reasoning in PACES and Board exam scenarios 2. Demonstrate effective patient communication skills across various exam scenarios 3. Interpret clinical findings and construct concise differential diagnosis under exam-time constraints 4. Deliver clear, organized, and evidence-based management plans tailored to common PACES and Board exam cases 5. Enhance exam performance strategies including time-management, stress control, and station prioritization 6. Recognize common pitfalls and learn practical techniques to avoid errors frequently demonstrated by the candidates in exams.
Methods:	Didactic and hands-on sessions in small groups.
Faculty names:	Prof. Abdel-Naser Elzouki (Qatar), Prof. Moe Oo (UK), Dr. Kerri Baker (UK), Dr. Muftah Othman (Qatar), Dr. Raza Ali Akbar (Qatar)

WORKSHOPS (13)	
Title	New insights into management of diabetes in special populations
Venue	Sheraton Hotel
Time	12.30pm to 3.30pm
Moderators:	Dr. Ibrahim Abdulla Al-Janahi (Qatar)
Target audience:	Physicians, residents/fellows, students, pharmacists, nurses and other allied health professionals.
Learning objectives:	<p>This workshop aims to enhance and improve the process of diagnosis to select the most appropriate management plan for special populations of diabetes mellitus that include:</p> <ol style="list-style-type: none"> 1. Diabetes inpatient management cases (hospitalized in medical and surgical wards) – Dr. Ibrahim Al-Janahi (Qatar) 2. Diabetes cases with chronic kidney disease – Dr. Khaled Dukhan (Qatar) 3. Diabetes Type-1 cases – Dr. Khaled Baagar (Qatar) 4. Diabetes cases with obesity – Dr. Tariq Chukri (Qatar), Dr. Tawheeda Ibrahim (Qatar)
Outcome:	At the end of this workshop participants would have learnt the key elements of the diagnostic pathway which will help to optimize the treatment of these special diabetic population
Methods:	Interactive clinical case studies are used in a case study format with groups discussion
Faculty names:	Dr. Ibrahim A. Janahi (Qatar), Dr. Khalid Dukan (Qatar), Dr. Khalid Bagar (Qatar), Dr. Tariq Chukri (Qatar), Dr. Tawheeda Ibrahim (Qatar)

WORKSHOPS (14)	
Title	From prescription to precision: advancing clinical pharmacy in patient care – Anticoagulation complex scenarios from real practice
Venue	Sheraton Hotel
Time	12.30pm to 3.30pm
Moderators:	Prof. Gretchen Brophy (USA), Dr Anand Kartha (Qatar), Dr. Ahmed Abd Elaziz (Qatar)
Target audience:	Pharmacists and other health professionals
Learning objectives:	At the end of this workshop participants will have learnt to explore the updated anticoagulation and other related topics through case-based scenarios and practical tips.
Methods:	Didactic and hands-on sessions in small groups
Faculty names:	Prof. Gretchen Brophy (USA), Dr. Hazem Elewa (Qatar), Dr. Abdulmoqeeth Mohamed (Qatar), Dr. Ahmed Hossam (Qatar)

WORKSHOPS (15)	
Title	Title: Basics of skin prick testing in allergy diagnosis: from theory to practice (Hands-on workshop)
Venue	Sheraton Hotel
Time	12.30pm to 3.30pm
Moderators:	Dr. Maryam Al-Nesf (Qatar)
Target audience:	Physicians, residents/fellows, students, nurses, and other allied health professionals
Learning objectives:	At the end of this workshop participants will have learnt when and how to perform the skin prick test to diagnosis allergy diseases.
Methods:	Didactic and hands-on sessions in small groups
Faculty names:	Dr. Maryam Al-Nesf (Qatar), Dr. Hasan Mobyed (Qatar)

WORKSHOPS (16)	
Title	Osteoporosis Essentials for the Internist: Diagnosis, Risk Assessment & Management
Venue	Sheraton Hotel
Time	12.30pm to 3.30pm
Moderators:	Dr. Fiaz Alam (Qatar), Dr. Ibrahim Abulmomen (Qatar)
Target audience:	Internists, Family Medicine Physicians, Endocrinology and Rheumatology Trainees, Geriatric Physicians, Internal Medicine residents/fellows
Learning objectives:	At the end of this workshop, the participants will be able to: <ol style="list-style-type: none"> 1. Understand the burden and clinical impact of osteoporosis in routine internal medicine practice, including its consequences on morbidity and mortality. 2. Apply fracture risk assessment tools, FRAX® score, to identify patients at high risk of osteoporotic fractures and guide clinical decision-making. 3. Interpret DXA (dual-energy X-ray absorptiometry) results accurately and common pitfalls. 4. Implement a practical, patient-centered approach to osteoporosis care that can be readily applied in daily internal medicine practice.
Methods:	Didactic and hands-on sessions in small groups
Faculty names:	Dr. Nabeel Abdulla (Qatar), Dr. Omer Suhail (Qatar), Dr. Abdo Lutf (Qatar), Dr. Fiaz Alam (Qatar)

Scientific Program

Qatar Health Congress 2026 Day 1 Thursday, 29 January 2026 Tracks

Thursday, 29 January 2026 (Day 1)		
Track 1: Clinical Medicine and Healthcare Management		
7am to 5pm	Registration (for in-person participants)	
8am to 9am	Plenary Session: From Clinic to Globe: Avoiding Harm and Navigating Ethical Boundaries Moderator: Dr. Anas Hamad (Qatar), Dr. Jameela Al-Ajmi (Qatar) (Al-Majlis Hall)	
8am to 8.20am	The Ethics of Medical Travel	Dr. Josh Overgaard (USA)
8.20am to 8.40am	Things we do for no reason: common practices but may do more harm than good	Prof. Isaac Opole (USA) Immediate Past-President, ACP
8.40am to 8.50am	Q & A	
Congress Opening Ceremony and Welcome (Al-Majlis Hall)		
9am to 9.30am	Welcome Messages	
9.30am to 10am	Keynote Lecture: The Golden Age of Islamic Medicine: Vision, Ethics, and the Foundations of Modern Healthcare Moderator: Dr. Abdullatif Alkhal (Qatar)	Prof. Hany Eteiba (UK) President, Royal College of Physicians Glasgow-UK
10am to 10.30am	Opening the Exhibition / Coffee Break	
Track 1: Clinical Medicine and Health Care Management		
10.30am to 6pm	Internal Medicine Review Course: “Clinical Pearls and Best Practice – Update Across Internal Medicine Specialties”	
10.30am to 12pm	Clinical Pearls and Best Practice in Nephrology and General Internal Medicine Moderators: Dr. Mohamad Alkadi (Qatar), Dr. Samar Al-Emadi (Qatar), Dr. Saffa Elawad (Qatar) (Al-Majlis Hall)	
10.30am to 10.55am	Plenary Lecture:SLE and Lupus Nephritis: Challenging Cases	Prof. Mumtaz Patel (UK)
10.55am to 11am	Q & A	
11am to 11.15am	Proteinuria In Primary Care Settings: When to Worry and When to Refer?	Dr. Muftah Othman (Qatar)
11.15am to 11.30am	Delaying CKD Progression: What Should Every Physician Know About New Therapies?	Prof. Sunil Bhandari (UK)
11.30am to 11.45am	Care of Kidney Transplant Recipients: What do internists need to know?	Dr. Essa Abuhelaiqa (Qatar)
11.45am to 12pm	Q & A	
12pm to 1pm	Lunch, Prayer, and Exhibits	
1am to 3pm	Clinical Pearls and Best Practice in Gastroenterology, Infectious Diseases, Neurology, Pulmonology and Rheumatology Moderators: Dr. Mona Al Langawi (Qatar), Dr. Maryam Al-Nesf (Qatar), Dr. Abdulwahab Hamid (Qatar), Dr. Yahia Imam (Qatar) (Al-Majlis Hall)	
1pm to 1.15pm	The Role of Microbiota on Human Metabolism and Inflammatory Disorders	Prof. Mohammed Omer (Iraq)
1.15pm to 1.30pm	From Heart to Brain: Cardioembolic Stroke – When and How to Anticoagulated?	Dr. Waqar Gaba (UAE)

1.30pm to 1.45pm	From Headache to Emergency: spotting meningitis early	Prof. Romer Geocadin (USA)
1.45pm to 2pm	From Risk to Resilience: shaping the future of adult health through preventive medicine	Dr. Jay-Sheree Akam-base (USA)
2pm to 2.15pm	Management of Bronchial Asthma: recent updates	Dr. Hassan Mobyed (Qatar)
2.15pm to 2.30pm	Revolutionizing COPD treatment: latest advances	Dr. Merlin Thomas (Qatar)
2.30pm to 2.45pm	Inflammatory Arthritis uncovered: clues, challenges, and clinical pearls	Dr. Yousef Alrimawi (Qatar)
2.45pm to 3pm	Q & A	
3pm to 3.30pm	Prayer & Coffee Break	
3.30pm to 5pm	Clinical Pearls and Best Practice in Diabetes and Cardio-Metabolic Diseases Moderators: Dr Moutaz Derbala (Qatar), Dr. Amin Jayyوسي (Qatar), Dr. Mahmoud Zari (Qatar), Dr Salah El-Badri (Qatar) (Al-Majlis Hall)	
3.30pm to 3.55pm	Keynote Lecture The Growing Burden of MASLD and Its Management in 2026: challenges, Innovations, and Future Directions	Prof. Zobair Younossi (USA) President, Global NASH Council (GNC)
3.30pm to 3.55pm	Q & A	
4pm to 4.15pm	Update on Medical Management of Obesity in 2026	Prof. Shahrad Taheri (Qatar)
4.15pm to 4.30pm	Management of Cardiovascular Diseases in Type 2 Diabetic Patients	Dr. Haval Surchi (Qatar)
4.30pm to 4.45pm	Diabetes Care 2026: Turning Standards into Everyday Practice	Dr. Mohsen Eledrisi (Qatar)
4.45pm to 5pm	Q & A	
5pm to 5.30pm	Maghrib Prayer	
6.30pm	Gala Dinner	
Track 2: Academic Medicine and Medical Innovation		
1pm to 3pm	Symposium: Bridging Learning and Practice: From Classroom to Clinical Excellence Moderators: Dr. Abdulla Yousuf (Qatar), Prof. Mai Mahoud (Qatar), Dr. Shireen Sulaiman (Qatar) (Al-Rayyan Hall)	
1pm to 1.20pm	The Value of History-taking and Physical Examination in Modern Medicine and the Era of Artificial Intelligence	Prof. Wanis Ibrahim (Qatar)
1.20pm to 1.40pm	In the Doctor's Bag – the core skills required of the contemporary physician	Prof. Andy Elder (UK)
1.40pm to 2pm	The Making of a Master Clinical Educator: Integrating Evidence, Experience, and Empathy	Prof. Mukta Panda (USA)
2pm to 2.20pm	From Idea to Impact: Building a Research Culture in Internal Medicine Residency Program	Dr. Abdalla Al-Alawi (Oman)
2.20pm to 2.40pm	How Do They Know What I Know: Test Taking Strategies for High-Stakes Medical Exams	Prof. Miguel Paniagua (USA)
2.40pm to 3pm	Q & A	
3pm to 3.30pm	Break, Prayer, and Exhibits	
3.30pm to 5pm	Ask-The-Expert Sessions Moderators: Dr. Abdalla Al-Alawi (Oman), Dr. Tahir Hamid (Qatar) (Al-Rayyan Hall)	
3.30pm to 4.15pm	Ask The Expert (Artificial Intelligence Session-1) Career Guide in Digital Health and Healthcare Artificial Intelligence	Prof. Mahmood Adil (UK) Prof. Ali Alsanousi (Qatar)
4.15pm to 5pm	Ask The Experts (Artificial Intelligence Session-2) Artificial Intelligence: From Algorithm to Action	Dr. Muhamed Chowdary (Qatar), Dr. Susu Zughaier (Qatar), Dr. Banan Mukhalalati (Qatar)

3.30pm to 5pm	Meet-The-Expert Session Moderators: Prof. Abdel-Hakim Glija (Libya), Dr. Palli Abdulrouf (Qatar), Mr. Ramesh B. Ravindarn (Qatar) (Al-Bashir Hall)	
3.30pm to 5pm	Meet The Expert (Research Session) Research Grant Writing: Expert Tips You Can Use Tomorrow	Prof. Mohamed El-Kassas (Egypt)
5pm to 5.30pm	Maghrib Prayer	
6.30pm	Gala Dinner	
Track 3: Abstract Presentations Corner		
1pm to 2pm	Abstract oral presentations – Session O-1 (Trauma) SEE SEPARATE PROGRAMME OF ACCEPTED ABSTRACTS Moderators: Dr Ibrahim Afifi (Qatar), Dr Niladri Banerjee (Qatar) (Al-Dafna Hall)	
2pm to 3pm	Abstract poster presentations – Session P-1 (Trauma, Surgery, Nephrology, Pediatrics, Neonatology, Cardiovascular Diseases, Obstetrics, Oncology, Pharmacotherapeutics, and Endocrinology) SEE SEPARATE PROGRAMME OF ACCEPTED ABSTRACTS Moderators: Prof Guillaume Alinier (Qatar) and Panel of Judges (Al-Dafna Hall)	
3:00–3:30pm	Break, Prayer, and Exhibits	
3.30pm to 4.30pm	Abstract oral presentations – Session O-2 (Diabetes and Endocrinology) SEE SEPARATE PROGRAMME OF ACCEPTED ABSTRACTS Moderators: Dr Emad Mustafa (Qatar), Dr Raza Akbar (Qatar) (Al-Dafna Hall)	
4.30pm to 5pm	Abstract poster presentations – Session P-2 (Pulmonology, Diabetes, Endocrinology, Cardiovascular Diseases, Pediatrics, Oncology, Hematology, Neurology, Neurology, Pharmacotherapeutics, and Obstetrics) SEE SEPARATE PROGRAMME OF ACCEPTED ABSTRACTS Moderators: Prof Guillaume Alinier, HMC, Qatar and panel of judges (Al-Dafna Hall)	
5pm to 5.30pm	Maghrib Prayer	
6.30pm	Gala Dinner	
Track 4: Trauma and Critical Care (Salwa Hall 1 & 2) Innovations for Common Conditions in Trauma/Critical Care		
8am to 9am	Venous Thromboembolism [VTE] Prophylaxis for the Polytrauma Patient: duration, dosing & drugs Session Chair: Dr. Ahmad Kloub, Doha, Qatar (Salwa 2 Hall)	
8am to 8.12am	Frontiers for VTE Chemoprophylaxis in Multi-trauma Patients	Dr. Fajer Alishaq (Qatar)
8.12am to 8.24am	VTE Chemoprophylaxis in Patients with Traumatic Brain Injury	Dr. Ahmad Kloub (Qatar)
8.24am to 8:36am	Extended VTE Chemoprophylaxis after Trauma	Dr. Munir Khan (Qatar)
8.36am to 8.48am	VTE Chemoprophylaxis in Trauma, is Aspirin the Answer?	Dr. Ahmed Ramzee (Qatar)
8.48am to 9am	Open Discussion and Q & A	
Congress Opening Ceremony and Welcome (Al-Majlis Hall)		
10am to 10.30am	Opening the Exhibition/Poster Viewing/ Coffee Break	
10.30am to 12pm	Best Practice and Innovations in Trauma Nursing Moderators: Mr. Amer Abuajloun (Qatar), Mr. Karim Attallah (Qatar) (Salwa 2 Hall)	
10.30am to 10.42am	Unit-Based Versus System Wide Rapid Response Teams	Ms. Jennely Dayandante (Qatar)
10.42am to 10.54am	ITSS Assessment Tool in the Trauma Surgical Unit	Mr. Miraz Abdulmajeed (Qatar)
10.54am to 11.06am	Incentive Spirometry: Bridging Pain and Progress in Rib Fractures	Ms. Alaa Bassam (Qatar)
11.06am to 11.15am	Open Discussion and Q & A	
11.15am to 11.27am	Mastering Trauma Nursing: Key Education Modules for Excellence	Mr. Ismail Eysa (Qatar)
11.27am to 11.39am	Trauma Nursing Research: Professional Quality of Life and Coping Strategies of Trauma Nurses	Ms. Heba Shehada (Qatar)

11.39am to 11.51am	Evaluation of an Effective Intervention Process for Delivering & Transfusing Blood Units to Severely Injured Patients in Hamad Trauma Center- Trauma Resuscitation Unit	Ms. Athira Parackal (Qatar)
11.51am to 12pm	Open Discussion and Q & A	
12pm to 1pm	Lunch, Prayer, and Exhibits	
1pm to 2pm	Empowering Caregivers for End-of-Life Decision Making Moderator: Dr. Gustav Strandvik (Qatar) (Salwa 2 Hall)	
1pm to 1.15pm	Trauma and Frailty - how can we know when doing absolutely everything is absolutely the wrong thing in elderly trauma victims? -	Dr. Gustav Strandvik (Qatar)
1.15pm to 1.30pm	Religious Implications for Withholding and Withdrawing Life-sustaining Therapy in Futile Cases in the GCC	Dr. Mohammad Ghalay (Qatar)
1.30pm to 1.45pm	Prognostication in TBI - how to manage end of life in the elderly brain injured patient	Prof. Romer Geocadin, Baltimore (USA)
1.45pm to 2pm	Q & A	
2pm to 3pm	Current Dilemmas in Critical Care for the Patient with Severe Traumatic Brain Injury [TBI] Session Chair: Dr. Ashok Parchani (Qatar) (Salwa 2 Hall)	
2pm to 2.15pm	Extracorporeal Membrane Oxygenation [ECMO] and Severe TBI	Dr. Alhady Yusof (Qatar)
2.15pm to 2.30pm	Traumatic Aortic Injury & Severe TBI	Dr. Hassan Al-Thani (Qatar)
2.30pm to 2.45pm	Unsalvageable and Salvageable TBI: A Neurosurgical Perspective	Dr. Ghaya Al Rumaihi (Qatar)
2.45pm to 3pm	Open Discussion and Q & A	
3pm to 3.30pm	Break, Prayer, and Exhibits	
3.30pm to 5pm	Hamad Trauma Center Innovation Showcase Moderator: Dr. Sandro Rizoli (Qatar) (Salwa 2 Hall)	
3.30pm to 3.42pm	Showcase 1: Loop Closure for Motorcycle Delivery Driver Injuries in Qatar	Dr. Aisha Abeid (Qatar) & Ms. Tsoler Sekayan (Qatar)
3.42pm to 3.54pm	Showcase 2: The Trauma Psychology Service	Dr. Tulika Agarwal (Qatar)
3.54pm to 4.06pm	Showcase 3: Early Management of Cognitive and Functional Abilities of Trauma Patients	Mr. Alaa Al Sheikh (Qatar)
4.06pm to 4.15pm	Open Discussion and Q&A [10 minutes]	xxxx
4.15pm to 4.27pm	Showcase 4: Physical Therapy for trauma patients: facilitating early discharge	Mr. Salih V. Kandy (Qatar)
4.27pm to 4.39pm	Showcase 5: Best Practice for Trauma Patient Flow and Discharge	Mr. Mohamed Hawari (Qatar)
4.39pm to 4.51pm	Showcase 6: Best Practice for Trauma Rehabilitation	Dr. Mohamed Missaoui (Qatar)
4.51pm to 5pm	Open Discussion and Q & A	
5pm to 5.30pm	Maghrib Prayer	
6.30pm	Gala Dinner	

Qatar Health Congress 2026

Day 2 Friday, 30 January 2026 Tracks

Friday, 30 January 2026 (Day 2)

Track 1: Clinical Medicine and Healthcare Management

8am to 6pm Registration (for in-person participants)

8am to 9.15am **Plenary Session: Shaping Tomorrow's Healthcare: Management insights from Qatar**
Moderators: Prof. Ryan Hurt (USA), Dr. Amal Alali (Qatar), Dr. Mehdi Errayes (Qatar)
(Al Majlis Hall)

8am to 8.20am Transforming Patient Journeys: integration models between Primary Health Care Centers (PHCC) and Hamad Medical Corporation (HMC) Dr. Samya Al-Abdulla (Qatar)

8.20am to 8.40am Transforming Healthy Aging Care in Qatar: From Institutional Excellence to a National Ecosystem of Global Influence Prof. Hanadi Al-Hamad (Qatar)

8.40am to 9am Struggle to Give them their Space, Adolescents and their Health Needs Prof. Abdulkarim Almakadma (Qatar)

9am to 9.15am Q & A

9.15am to 11.30am **Presidential Plenary Session: Perspectives in Healthcare Management-Where We Are and Where Are We Going?**
Moderators: Dr. Ahmed Al-Mohammed (Qatar), Dr. Abdulla Al-Naimi (Qatar) (Al Majlis Hall)

9.15am to 9.35am Internal Medicine in the United States: challenges and opportunities Prof. Isaac Opole (USA)
Immediate Past-President, ACP

9.35am to 9.55am Physicians for the Future – UK and Global Perspectives Prof. Mumtaz Patel (UK)
President, Royal College of Physicians London-UK

9.55am to 10.15am Realistic Medicine: Scotland's approach to ensuring sustainable healthcare, minimising waste and containing costs Prof. Andy Elder (UK)
President, Royal College of Physicians Edinburgh-UK

10.15am to 10.35am Acute Coronary Syndromes (ACS): Scotland Pioneering Direct Access High Risk NSTEMI program Prof. Hany Eteiba (UK)
President, Royal College of Physicians Glasgow-UK

10.35am to 10.55am The Future of Healthcare: what's up in 2026 and beyond? Prof. Stacey Rizza (USA)
Medical Director, Mayo Clinic-USA

10.55am to 11.30am Open Discussion and Q&A

11:30-11:45am **Coffee Break/Poster Viewing**

11.45am to 12pm **Jumma Prayer Time at the Congress Venue**

12:00-12:55pm **Lunch Break**

1pm to 1.25pm **State-of-the-Art Lecture: Innovation in Gastroenterology: transforming diagnostics and therapeutics**
Moderator: Dr. Khalid Aliji (Qatar) (Al Majlis Hall) Prof. Nav Buttar (USA)

1.25pm to 1.30pm Q & A

1.30pm to 3pm **Symposium by Global NASH Council (GNC) & Steatotic Liver Disease Foundation in MENA Region (SLMENA): "From MASLD To MASH: Advances in Diagnosis and Management"**
Moderators: Prof. Abdel-Naser Elzouki (Qatar), Prof. Khalid Alswat (KSA), Dr. Ahmed Badi (Qatar), Dr. Mathis Heydtmann (UK) (Al Majlis Hall)

1.30pm to 1.50pm MASLD in MENA Region: measuring provided models of care, and setting action priorities Prof. Mohamed El-Kassas (Egypt)

1.50pm to 2.10pm The Use and Utility of Non-invasive Tests to Risk Stratify Patients with MASLD Prof. Zobair Younossi (USA)

2.10pm to 2.30pm	Beyond pills: non-pharmacological strategies for treatment of MASLD and MASH	Prof. Faisal Abaalkhail (KSA)
2.30pm to 2.50pm	Current and Future Medications in MASH Treatment	Prof. Khalid Al Namaani (Oman)
2.50pm to 3pm	Q & A	
3pm to 3.30pm	Coffee Break & Prayer	
4pm to 6.30pm	Residents Corner: Doctor's Dilemma Competition (Medical Jeopardy) provided by the American College of Physicians Moderator: Prof. Miguel Paniagua (USA) Judges: Prof. Isaac Opole (USA), Prof. Mukta Panda (USA) (Al Majlis Hall)	
4pm to 6.30pm	Doctor's Dilemma Competition: A team-based competition involving answering questions related to internal medicine knowledge in a game format.	Teams representing Internal Medicine Residency Programs from Qatar, KSA, Oman, Iraq, Egypt & UAE

Track 2: Academic Medicine and Medical Innovations

8am to 9.15am	Empowering Interprofessional Collaboration: From Learning Spaces to Clinical Practice Moderators: Prof. Abdulkarim Almakadma (Qatar), Prof. Hiba Bawadi (Qatar), Dr. Mubarak Bidmos (Qatar) (Al-Rayan Hall)	
1pm to 1.15pm	Innovative Approaches to Interprofessional Learning in Health Professions Education	Prof. Laura Smith (UK)
1.15pm to 1.30pm	Driving Change Through the Interprofessional Learning Passport Program at Qatar University: From Classroom to Collaborative Practice	Dr. Alla El-Awaisi (Qatar)
1.30pm to 1.45pm	Holistic Clinical Communications: from clinical practice to campus	Prof. Moe Oe (UK)
1.45pm to 2pm	Assessing the Past, Present and Future of Lifelong Learning	Prof. Miguel Paniagua (USA)
2pm to 2.10pm	Q & A	
2.10p to 3pm	Symposium: From personalized medicine to Universal Health Coverage Moderators: Dr. Salha Bujassoum (Qatar), Dr. Ali N. Latif (Qatar) (Al-Rayan Hall)	
2.10pm to 2.25pm	Precision Medicine for Optimizing Health Outcomes in GCC Countries	Dr. Farhan Cyprian (Qatar)
2.25pm to 2.40pm	Contextualizing Universal Health Coverage in GCC Countries	Prof. Giridhara Babu (Qatar)
2.40pm to 2.55pm	Reimagining Value-Based Healthcare in GCC Countries	Dr. Habib Farooqui (Qatar)
2.55pm to 3pm	Q & A	
3:00-3:30pm	Coffee Break & prayer	
3.30pm to 3.55pm	State-of-the-Art Lecture Managing Frailty in the Acute Hospital Setting Moderator: Prof. Hanadi Al-Hamad (Qatar) (Al-Rayan Hall)	Prof. Andy Elder (UK)
3.55pm to 4pm	Q & A	

Track 3: Abstract Presentations Corner

8:00-9:00am	Abstract poster presentations – Session P-3 (Pediatrics, Neonatology, Oncology, Hematology, Neurology, Gastroenterology, Infectious Diseases, Diabetes, Pharmacotherapeutics, and Obstetrics) SEE SEPARATE PROGRAMME OF ACCEPTED ABSTRACTS Moderators: Prof Guillaume Alinier (Qatar) and panel of judges (Al-Dafna Hall)	
1pm to 3pm	Abstract oral presentations – Session O-3 (Gastroenterology, Nephrology, Oncology & Hematology, Genomics, Cardiovascular diseases, Pulmonology, Infectious Diseases, and Primary care) SEE SEPARATE PROGRAMME OF ACCEPTED ABSTRACTS Moderators: Dr Fatma Ben Abid (Qatar) Dr Anand Kartha (Qatar) (Al-Dafna Hall)	
3pm to 3.30pm	Coffee Break & prayer	

3.30pm to 4pm	Abstract oral presentations – Session O-4 (Surgery) SEE SEPARATE PROGRAMME OF ACCEPTED ABSTRACTS Moderators: Dr Syed Ghouri & Dr Sajid Chalihadan, HMC, Qatar (Al-Dafna Hall)	
4pm to 6pm	Abstract poster presentations – Session P-4 (Physiotherapy, Nursing, Pharmacy, Public Health, Primary Care, Patient Safety, Geriatrics, Home Care, Mental Health, Public Health, Occupational Health, Education, Technology and AI, Neurology, Dermatology, and Genomics) SEE SEPARATE PROGRAMME OF ACCEPTED ABSTRACTS Moderators: Prof Guillaume Alinier, HMC, Qatar and panel of judges (Al-Dafna Hall)	
Track 4: Trauma and Critical Care Track Updates and Best Practice in Trauma and Critical Care		
8am to 9.30am	Innovative Mental Health Approaches in Care of War Injured Patients from Gaza: Qatar Experience – Session Chair: Dr. Tulika Agarwal, Dr. Mushreq Al Ani (Qatar) (Salwa 2 Hall)	
8am to 8.15am	Psychological First Aid Following War Zone Injuries in Gaza	Dr. Tulika Agarwal (Qatar)
8.15am to 8.30am	Transforming Survivors into Recovering Humans: Innovative Mental Health Strategies for War Victims, Qatar Experience	Dr. Ahmed Aymman (Qatar)
8.30am to 8.45am	Open Discussion and Q & A	Dr. Munir Khan (Qatar)
8.45am to 9am	Moving Patients from War Zones to Safety and Care: Nursing Experience During the Gaza Mission	Ms. Jayanthi Venugopal & Ms. Sana Odeh (Qatar)
9am to 9.15am	A Comprehensive Mental Health Initiative in Qatar for Displaced Palestinian Children and Adolescents Affected by Conflict	Dr. Yahia Albobali (Qatar)
9.15am to 9.30am	Open Discussion and Q & A	
9.30am to 10.30am	Advanced Trauma Life Support [ATLS] 11th Ed. Updates Moderator: Dr. Husham Abdelrahman (Qatar) (Salwa 2 Hall)	
9.30am to 9.42am	ATLS 11th Ed. Updates: Airway after X	Dr. Federico Coccolini (Italy)
9.42am to 9.54am	ATLS 11th Ed. Updates: Airway	Dr. Gustav Strandvik (Qatar)
9.54am to 10.06am	ATLS 11th Ed. Updates: Disability	Dr. Carlos Yanez (UAE) [Virtual]
10.06am to 10.18am	ATLS 11th Ed. Updates: A Summary	Dr. Husham Abdelrahman (Qatar)
10.18am to 10.30am	Open Discussion and Q&A	
10.30am to 11.30am	Updates and Best Practice in Hemostatic Resuscitation Moderator: Dr. Ruben Peralta (Qatar) (Salwa 2 Hall)	
10.30am to 10.45am	Trauma Coagulopathy is Real and What to Do About It?	Dr. Ruben Peralta (Qatar)
10.45am to 11am	Plasma Components: to give or not to give?	Dr. Sandro Rizoli (Qatar)
11am to 11.15am	Platelet Dysfunction Syndrome	Dr. Ruben Peralta (Qatar)
11.15am to 11.30am	Open Discussion and Q & A	
11:30-11:45am	Coffee Break/Poster Viewing	
11.45am to 12pm	Jumma Prayer Time at the Congress Venue	
12:00-12:55pm	Lunch Break	
10.30am to 11.30am	Updates and Best Practice in The Trauma Intensive Care Unit Moderators: Dr. Suresh Kumar (Qatar), Dr. Leonardo Airton (Qatar) (Salwa 2 Hall)	
1pm to 1.12pm	Best Practice for ICP and PBTO2 Monitoring for TBI	Prof. Romer Geocadin (USA)
1.12pm to 1.24pm	Mannitol vs Hypertonic Saline in TBI	Dr. Gretchen Brophy (USA)
1.24pm to 1.36pm	Impact of Ultrasound-Guided Intravenous Training on Nurses' Confidence and Success with High DIVA Score Trauma ICU Patients	Mr. Muhammed Rasik (Qatar)
1.36pm to 1.48pm	Seizure Prophylaxis in TBI	Dr. Ahmed Bahey (Qatar)
1.48pm to 2pm	Open Discussion and Q & A	

2pm to 3pm	Best Practice in Adjunctive Trauma Care Moderator: Dr. Ammar Al-Madani (Qatar) (Salwa 2 Hall)	
2pm to 2.15pm	ERAS in Trauma Patients	Dr. Federico Coccolini (Italy)
2.15pm to 2.30pm	The Post-Spinal Surgery Trauma Patient: what every trauma care provider should know'	Prof. Brett Freedman (USA)
2.30pm to 2.45pm	The Post-Bariatric Surgery Trauma Patient: what every trauma care provider should know'	Dr. Omar Ghanem (USA)
2.45pm to 3pm	Open Discussion and Q&A	
3pm to 3.30pm	Coffee Break	
3.30pm to 5pm	Updates and Best Practice in Operative Trauma Care Moderators: Dr. Ammar Al-Hassani (Qatar) and Dr. Fernando Spencer (Qatar) (Salwa 2 Hall)	
3.30pm to 3.40pm	Rib Fixation: whom and when?	Dr. Martin Wullschleger (Australia)
3.40pm to 3.50pm	Early Definitive Fixation of Lower Extremity Fractures: what is the evidence?	Dr. Amir Khoshbin (Canada)
3.50pm to 4pm	Updates in Best Practice for Complex Pancreatic Injuries	Dr. Dieter Weber (Australia) [Virtual]
4pm to 4.10pm	Open Discussion and Q & A	Dr. Husham Abdelrahman (Qatar)
4.10pm to 4.20pm	REBOA Zone 3 updates: indications and evidence	Dr. Ammar Al Hassani (Qatar)
4.20pm to 4.30pm	Best Approaches to Bleeding in the Retroperitoneum	Dr. Hassan Al-Thani (Qatar)
4.30pm to 4.50pm	The Role of External Fixators and Early Definitive Internal Fixation in Pelvic Fractures	Dr. Munir Khan (Qatar)
4.50pm to 5pm	Open Discussion and Q & A	
5pm to 6pm	State-of-the-Art Trauma and Critical Care Lectures Moderator: Dr. Sandro Rizoli (Qatar) (Salwa 2 Hall)	
5pm to 5.25pm	Disorders of Consciousness in TBI	Prof. Romer Geocadin (USA)
5.25pm to 5.50pm	A Comprehensive Perspective on Intracranial Pressure Monitoring for TBI	Dr. Andres Rubiano (Colombia)
5.50p to 6pm	Open Discussion and Q&A	

Qatar Health Congress 2026

Day 3 Saturday, 31 January 2026 Tracks

Saturday, 31 January 2026 (Day 3)

Track 1: Clinical Medicine and Healthcare Management

8am to 6pm Registration (for in-person participants)

8am to 10am **The Mayo Clinic Symposium: Global Frontiers in Medicine: Advances from International Center of Excellence**
Moderators: Prof Stacey Rizza (USA), Dr Mohamed Gaafer (Qatar), Dr Ahmed A-Rahman (Qatar), Dr. Rafie Yakoob (Qatar) (Al Majlis Hall)

8am to 8.20am	What Should Internists Know About Post-COVID Syndrome?	Dr. Stephanie Grach (USA)
8.20am to 8.40am	Longevity Medicine: A clinical prospective	Dr. Michael Mueller (USA)
8.40am to 9am	Evaluating Arterial Blood Clots of Unclear Etiology	Dr. Rayya Saadiq (USA)
9.09am to 9.20am	The Peri-operative Medication Compass: DMARDs, Biologics, Checkpoint Inhibitors, and Psychiatric drugs	Dr. Sachin Dave (USA)
9.20am to 9.40am	Update in the Treatment of Inflammatory Bowel Disease	Prof. Nav Buttar (USA)
9.40am to 10am	Q & A	

10am to 10.30am **Coffee Break**

10.30am to 12pm **The American College of Physicians Symposium: From Cases to Clarity- Bridging Evidence and Practice**
Moderators: Dr. Claret Isabirye (Qatar), Dr. Yasser Kamel (Qatar), Dr. Shafi Khan (Qatar) (Al Majlis Hall)

10.30am to 10.50am	Internal Medicine Updates with Understanding: integrating evidence into patient-centered care	Prof. Mukta Panda (USA)
10.50am to 11.10am	Care of the Hospitalized Patient with Diabetes	Prof. Isaac Opolo (USA)
11.10am to 11.30am	Memory, Health and Aging: a case-based review	Prof. Miguel Paniagua (USA)
11.30am to 11.50 am	Hepatitis B Guidelines: from evidence to everyday practice	Prof. Faisal Abaalkhail (KSA)
11.50am to 12pm	Q & A	

12pm to 1pm **Lunch, Prayer, and Exhibits**

1pm to 3pm **Symposium: Perspectives Across Internal Medicine: Updates from Key Subspecialties**
Moderators: Dr. Abdulrahman Arabi (Qatar), Dr. Mawahib El-Hassan (Qatar), Dr Hamad Abdul-Hadi (Qatar) (Al Majlis Hall)

1pm to 1.15pm	Cardiology Topic: Managing Acute Coronary Syndromes in the Elderly: Practical approach and specific considerations	Professor Hany Eteiba (UK)
1.15pm to 1.30pm	Cardiology Topic: Troponin at the bedside: practical strategies for everyday clinical decisions	Dr. Aiman Smer (UAE)
1.30pm to 1.45pm	Nephrology Topic: One patient, three systems: a holistic approach to Cardio-Kidney-Metabolic Syndrome	Prof. Sunil Bhandari (UK)
1.45pm to 2pm	Endocrinology Topic: Lipidology in 2026: key updates shaping clinical practice	Dr. Elhadi Elouzi (Qatar)
2pm to 2.15pm	Anticoagulation/Hematology Anticoagulation in clinical practice: managing bleeding and thrombosis risks	Dr. Rayya Saadiq (USA)
2.15pm to 2.30pm	Pulmonology/Infectious Disease Update on Tuberculosis Care	Prof. Stacey Rizza (USA)

2.30pm to 2.45pm	Infectious Disease The Top 10 Changes in Infectious Diseases that will Impact the Internist in 2026	Dr. Ali Omrani (Qatar)
2.45pm to 3pm	Q & A	
3pm to 3.30pm	Coffee Break & Prayer	
3.30pm to 5pm	Satellite Symposium: From Pressure to Pump: Navigating Hypertension, Dyslipidemia and Heart Failure Moderators: Prof. Mark Pecker (USA) Dr. Ijaz Kamal (Qatar), Dr. Muayed Kasem (Qatar) (Al Majlis Hall)	
3.30pm to 3.45pm	What's New with Hypertension – guidelines and management?	Dr. Ahmed Abdulrahim (USA)
3.45pm to 4pm	Resistant Hypertension: What is new?	Dr. Ali Rahil (Qatar)
4pm to 4.15pm	Blood Pressure Goals in Ischemic Stroke Vs. Hemorrhagic Stroke	Prof. Gretchen Brophy (USA)
4.15pm to 4.30pm	Targeting the Heart to Save the Brain: Cardiac Interventions for Stroke Prevention	Dr. Mohammed Al Hijji (Qatar)
4.30pm to 4.45pm	Heart Failure Management in 2026 and beyond	Dr. Fahad Alkendi (Oman)
4.45pm to 5pm	Open Discussion and Q&A	
5pm to 5.45pm	Clinical debate: If you had to pick just one: GLP-1 receptor agonist or SGLT-2- inhibitor for type 2 diabetes with established CVD. Which should be the preferred first choice? Moderator: Dr. Mohsen Eledresi (Qatar), Dr. Mohamed Elreshi (Qatar), (Al Majlis Hall)	
5pm to 5.15pm	Position 1: In favor of GLP-1 receptor agonists	Prof. Riyaz Malik (Qatar)
5.15pm to 5.30pm	Position 2: In favor of SGLT-2 inhibitors	Dr. Mohamed Bashir (Qatar)
5.30pm to 5.45pm	Open Discussion and Q&A	
5.45pm to 6pm	Awards for Best Oral and Poster Presentations Awards for the Winning Team of Doctor's Dilemma Competition Closing Remarks & Group photo	TBA
Track 2: Academic Medicine and Medical Innovation		
8am to 10am	Symposium: Advancing Nursing and Allied Health Excellence in Leadership, Innovation, Research, and Integrated Care Moderators: Dr. Laila Alhail (Qatar), Sameera AlHajri (Qatar), Dr. Moza Alishaq (Qatar), Dr Yaser Morsi (Qatar) (Al Rayyan Hall)	
8am to 8.15am	From Publication Metrics to Revisiting Research Integrity and Purpose	Dr. Muhamad Abdul-Hadi (Qatar)
8.15am to 8.30am	Diabetes Mellitus from A to Z: what do nurses need to know?	Dr. Dahat Hawezzy (Iraq)
8.30am to 8.45am	Integrating Evidence-Based Practice in Nursing Education and Clinical Care	Dr. Ahmad Aburaddaha (Qatar)
8.45am to 9am	Motivational Interviewing and Health Coaching in Allied Health Care: Bridging Research, Teaching, and Practice	Dr. Jennifer Allen (Qatar)
9am to 9.15am	AI-Assisted Nutrition Therapy: Personalized Diet Planning and Clinical Decision Support	Dr. Hiba Bawadi (Qatar)
9.15am to 9.30am	Artificial Intelligence in Medical Laboratory Science: Bridging Diagnostics, Education, and Clinical Integration	Dr. Maha Al-Asmakh (Qatar)
9.30am to 9.45am	The Future of Preventive Medicine in Qatar	Dr. Noora Al-Kaabi (Qatar)
9.45am to 10am	Q & A	
10:00-10:30am	Coffee Break	

10.30am to 12pm	Symposium: The future of Medicine: Artificial intelligence and digital health enhancing everyday practice Moderators: Dr. Amal Alabdalla (Qatar), Dr. Susu Zughaier (Qatar), Dr. Nikhil V. Navkar (Qatar) (Al Rayyan Hall)	
10.30am to 10.45am	The Role of Digital Health in Artificial Intelligence Implementation	Prof. Pedro Caraballo (USA)
10.45am to 11am	Navigating Artificial intelligence Technologies in Internal Medicine	Dr. Nadir Bhuiyan (USA)
11am to 11.15am	Artificial Intelligence and Clinical Decision Support System in Medicine	Prof. Mahmood Adil (UK)
11.15am to 11.30am	Artificial Intelligence in Pharmacovigilance and Toxicovigilance	Dr. Hesham Korashy (Qatar)
11.30am to 11.45am	From Guidelines to Decisions: implementing "Agentic AI" in cardiac patient care	Dr. Bara Almakadma (KSA)
11.45am to 12pm	Q & A	
12pm to 1pm	Lunch, Prayer, and Exhibits	
1pm to 3pm	Symposium: Advancing Medical Education: Innovations in undergraduate and postgraduate training Moderators: Prof. Moe Oe (UK), Prof. Ismail Matalaka (UAE), Dr. Wanis Ibrahim (Qatar) (Al Rayyan Hall)	
1pm to 1.20pm	What I Wish I Knew When Donning My First White Coat	Prof. Mukta Panda (USA)
1.20pm to 1.40pm	Teaching in the Hospital: Effective strategies	Dr. Nadir Bhuiyan (USA)
1.40pm to 2pm	Bedside Teaching Manners: Do they really matter?	Dr. Kerri Baker (UK)
2pm to 2.20pm	Debating Medicine: an approach to engaging residents in critical thinking	Dr. Abdalla Al-Alawi (Oman)
2.20pm to 2.40pm	Fit for the future: ensuring medical graduate preparedness to practice in a rapidly changing landscape	Professor Laura Smith (UK)
2.40pm to 3pm	Q & A	
3pm to 3.30pm	Coffee Break & Prayer	
3.30pm to 5pm	Symposium: From Drugs to Diagnosis: Safe Pharmacology, Pain Control, Status Epilepticus, and Dermatologic Clues Moderators: Dr. Hazem Elwa (Qatar), Dr. Buthaina Alowainati (Qatar), Dr. Asma Ibrahim (Qatar), Dr. Muhammad Abdul-Hadi (Qatar) (Al Rayyan Hall)	
3.30pm to 3.45pm	Time is brain: the modern approach to status epilepticus	Prof. Gretchen Brophy (USA)
3.45pm to 4pm	Implementing of pharmacogenomics in clinical practice using decision support tools	Prof. Pedro Caraballo (USA)
4pm to 4.15pm	Dermatological Manifestations of Diabetes: A Window into Systemic Disease	Dr. Sara Alkhawaga (Qatar)
4.15pm to 4.30pm	Pain beyond symptoms: treating pain as a disease using advanced techniques	Dr. Yasin Almakadma (Qatar)
4.30pm to 4.45pm	Medication Errors and Safety: Best Practices for Pharmacists	Dr. Maguy ElHajj (Qatar)
4.45pm to 5pm	Q & A	

Track 3: Research Corner Track

8am to 10am	Abstract oral presentations – Session O-5 (Technology and AI, Education, Public Health, and Occupational Health) SEE SEPARATE PROGRAMME OF ACCEPTED ABSTRACTS Moderators: Mrs. Sonia Bounouh (Qatar), Dr. Emad Almomani (Qatar) (Al Dafna Hall)	
10am to 10.30am	Coffee Break	
10.30am to 12pm	Abstract oral presentations – Session O-6 (Geriatrics, Nursing, Midwifery, Mental Health, Pediatrics) SEE SEPARATE PROGRAMME OF ACCEPTED ABSTRACTS Moderators: Dr. Syed Huda (Qatar), Dr. Ikram Ul Haque (Qatar) (Al Dafna Hall)	
12pm to 1pm	Lunch, Prayer, and Exhibits	
1pm to 2pm	Nursing & Allied Health Corner: “Scientific Forum: Care Through Inspired Nursing Leadership” Moderator: Mr. Esmat Swallmeh (Qatar) Expert Panels: Ms. Mariam Al-Mutawa (Qatar), Ms. ALANOUD AL-MARRI (Qatar), Mr. Thabit Melhem (Qatar), Mr. Abdulqadir Nashwan (Qatar) (Al Dafna Hall)	
2pm to 3pm	Nursing & Allied Health Symposium: “Scientific Forum: Care Through Inspired Nursing Leadership” Moderator: Ms. Parwaneh Shibanit (Qatar), Mr. Neil Dardis (Qatar) (Al Dafna Hall)	
2pm to 2.12pm	Extracorporeal Membrane Oxygenation (CCMO) Retrieval and transport: The Qatar Experience	Ms. Arzak Hamed (Qatar)
2.12pm to 2.24pm	Continuous Renal Replacement Therapy in Critical Care Units	Ms. Saumya Bobby (Qatar)
2.24pm to 2.36pm	Strengthening Skills and Building Confidence Through Team Leader Program for Frontline Nurses	Ms. Haya Samara (Qatar)
2.36pm to 2.48pm	Health Improvement Profile at Mental Health Services	Ms. Divya DeSouza (Qatar)
2.48pm to 3pm	Q & A	
3pm to 3.30pm:	Coffee Break & Prayer	

Track 4: Trauma and Critical Care Track

8am to 6pm	2nd Eastern Mediterranean Trauma Round Table	
8am to 8.30am	Moving Forward from the 1 st Eastern Mediterranean Trauma Round Table	Dr. Rafael Consunji (Qatar)
8.30am to 10am	Trauma Systems Analysis: Tools and Classifications Moderator: Dr. Ruben Peralta (Qatar), Dr. Mohammed Shoman (Qatar) (Salwa-2 Hall)	
8.30am to 8.50am	Trauma System Quality Indicators	Dr. Federico. Coccolini (Italy)
8.50am to 9am	Open Discussion and Q&A	
9am to 9.20am	Do Trauma Systems Improve the Outcome of Injured Patients?	Dr. Andres Rubiano (Colombia)
9.20am to 9.30am	Open Discussion and Q&A	
9.30am to 9.50am	Trauma Systems Analysis of the Eastern Mediterranean Region -	Dr. Hasan. Al-Thani (Qatar)
9.50am to 10am	Open Discussion and Q&A	
10am to 10.30am	Coffee Break	
10.30am to 12pm	Trauma System Country Reports Session Chair: Dr. Rafael Consunji (Qatar), Dr. Mohammed Shoman (Qatar) (Salwa-2 Hall)	
10.30am to 10.45am	The Trauma System of the United Arab Emirates	Dr. Yousif Alabboudi (UAE)
10.45am to 11am	The Trauma System of Saudi Arabia	Dr. Hassan Mashbari (KSA)

11am to 11.05am	Open Discussion and Q&A	
11.05am to 11.20pm	The Trauma System of Syria	Dr. Zahir Al-Karrat (Syria)
11.20am to 11.35pm	The Trauma System of Lebanon	Ms. Wahida Ghalayini (Lebanon)
11.35pm to 11.50pm	The [Rural] Trauma System of Western Australia	Dr. Dieter Weber (Australia) [Virtual]
11.50pm to 12pm	Open Discussion and Q&A	
12pm to 1pm	Lunch, Prayer, and Exhibits	
1pm to 1.30pm	Trauma Care in Conflict Situations Session Chair: Dr. Rafael Consunji & Dr. Mohammed Shoman (Qatar) (Salwa-2 Hall)	
1pm to 1.12pm	Trauma Care in Conflict Settings: The Regional Perspective	Dr. Athanasios Gargavanis, WHO EMRO
1.12pm to 1.24pm	Critical Prehospital Care in Armed Conflict and Other Situations of Violence	Dr. Ahmad Hassan, WHO EMRO [Virtual]
1.24pm to 1.30pm	Open Discussion and Q&A	
1.30pm to 2.30pm	Workforce Issues in Trauma Systems: Recognition, Recruitment and Retention Session Chair: Dr. Hassan Al-Thani & Dr. Murad Alahmad (Qatar) (Salwa-2 Hall)	
1.30pm to 1.42pm	HMC Trauma Nursing	Ms. Asmaa Al-Atey (Qatar)
1.42pm to 1.54pm	Workforce Issues in the Trauma System of the United Arab Emirates	Dr. Yousif Alabboudi (UAE)
1.54pm to 2.06pm	Workforce Issues in the Trauma System of Saudi Arabia	Dr. Hassan Mashbari (KSA)
2.06pm to 2.18pm	Best Practice for Optimizing the Mental Health of the Trauma Work Force	Dr. Tulika Agarwal (Qatar)
2.18pm to 2.30pm	Open Discussion and Q&A	
2.30pm to 3pm	Trauma System Development 1 Session Chair: Dr. Sandro Rizoli & Dr. Murad Alahmad, Doha, Qatar (Salwa-2 Hall)	
3pm to 3.12 pm	The Basics of Quality Assurance in Trauma	Mr. Tarik Abulkhair (Qatar)
3.12pm to 3.24 pm	Basics, Logistics and Challenges of Research in Trauma	Dr. Mohammad Asim (Qatar)
3.24pm to 3.30pm	Open Discussion and Q&A	
3pm to 3.25pm:	Coffee Break & Prayer	
3.30pm to 4pm	Trauma System Development 2 Session Chair: Dr. Sandro Rizoli & Dr. Murad Alahmad, Doha, Qatar (Salwa-2 Hall)	
3.30pm to 3.45pm	Shaping the future of trauma nursing: 18th years of pioneering innovation	Ms. Asmaa Al-Atey (Qatar)
3.45pm to 4pm	The Gulf CDC Initiative to Optimize Pre-Hospital Trauma Care	Dr. Mahim Albalushi (KSA)
4.15pm to 4.30pm	Open Discussion and Q&A	
4pm to 5.15pm	Trauma Research Moderator: Dr. Ayman El-Menyar & Dr. Murad Alahmad (Qatar) (Salwa-2 Hall)	
4pm to 4.15pm	Setting up my first Trauma RCT: Lessons learned	Dr. Amir Khoshbin (Canada)
4.15pm to 4.30pm	Trauma Research in Colombia	Dr. Andres Rubiano (Colombia)
4.30pm to 4.45pm	Tips and Tricks in Trauma Research	Dr. Ayman El-Menyar (Qatar)
4.45pm to 5pm	Designing Trauma Systems for the EMR: an analysis of the global trauma laparotomy study (GOAL-Trauma)	Dr. Tom Bashford, UK [Virtual]
5pm to 5.15pm	Open Discussion and Q&A	
5.15pm to 6pm	Best Trauma Poster and Oral Presentation Awarding, EMTRT2 Summary and Closing Remarks	Dr. Hassan Al-Thani (Qatar)

Posters

Programme of accepted abstracts for poster and short oral presentation

Day 1 – Thursday 29/01/2026

Track 3 (Abstract presentations)

1:00 pm – 2:00 pm	Abstract oral presentations – Session O-1 (8)	Abstract number
	Trauma Moderators: Dr Ibrahim Afifi & Dr Niladri Banerjee, HMC, Qatar	
	Towards Safer Outcomes: Adapting an Early Warning System for Pediatric Burns – (Ghadeer Mustafa, Parwaneh Shibani, Minette Nebab Basco, Hanan Musleh, Priyamol Kuriakose, Bindu Scaria, Saja James, Jimmy Thomas	898
	Machine Learning for Predicting In-Hospital Mortality in Traumatic Brain Injury: A – Systematic Review of Bio-Clinical Markers at Emergency Presentation (Mohamed H Ahmed, Ahammed Mekodathil, Abdelrahman H Ahmed, Husham Abdelrahman, Ruben Peralta, Ayman El-Menyar	778
	Blunt Anatomical Cardiac Injury: A Narrative Review of Forensic Studies (Mohamed – H Ahmed, Fernando Spencer Netto, Murad Alahmad, Fajer Al-Ishaq, Ayman El-Menyar, (Shahed Jaber, Husham Mohamed Ahmed Abdelrahman, Sandro Rizoli, Hassan Al-Thani	391
	Proportionate Mortality from Motor Vehicle Crashes in Qatar: A Time-Trend Analysis of – 2010, 2016, and 2022 (Mohamed H Ahmed, Rafael Consunji, Abdelrahman HM Ahmed, Enass Yousif, Husham Mohamed Ahmed Abdelrahman, Ruben Peralta, Sandro Rizoli, (Hassan Al-Thani	326
	Characteristics and Circumstances of Motorcycle-Related Injuries Among Delivery – Riders in Qatar: Initial Evidence from Focused Victim Interviews (Aisha Abeid, Rafael Consunji, Tsoier Sekayan, Ayman El-Menyar, Sandro Rizoli, Hassan Al-Thani, Ruben Peralta	1125
	Pattern of injury and outcomes of Motorcycle-Related Trauma in the Gulf region: – Review of Literature (Simple Sibi Joseph, Layth Al Jarrah, Mohamed H Ahmed, Ayman El-Menyar, Naushad A Khan, Husham Abdelrahman, Rafael Consunji, Sandro Rizoli, Hassan (Al-Thani	751
	The Impact of Analgesic Opioid Use on Fracture Healing and Nonunion: A Systematic – Review and Meta-Analysis (Humam Emad Rajha, Lana Abugharbieh, Maha Talhami, (Osama Alkeilani, Syed Imran Ghouri, Abdelrehim El Tayeh	156
	Audio Therapy for Pain and Anxiety Reduction During Burn Dressings: A Randomized – (Controlled Trial (Charles Wesley Devanesan, Resmilekha Devi, Jimmy Thomas	202

2:00 pm – 3:00 pm	Abstract poster presentations – Session P-1 Trauma, Surgery, Nephrology, Pediatrics, Neonatology, Cardiovascular Diseases, Obstetrics, Oncology, Pharmacotherapeutics, and Endocrinology Moderator: Prof Guillaume Alinier, HMC, Qatar and panel of judges	Abstract number
P-1 Board 1:		Board 1:
- Turning Challenges into Opportunities: The Rise of Our Trauma Surgery Rapid Response Team (Amer Abualjoud, <u>Jenelyn A Salvador</u> , Asmaa Al Atey, Ammar Al Hassanin, Saleem Naif Saeed, Jennely A. Dayandante, Bittu Munjin-attu Joseph, Miraz Puzhankaraillath, M Abdulmajeed)		1121
- Enhancing Cognitive Social Communication Skills in Traumatic Brain Injury: A Multidisciplinary Rehabilitation Study in Qatar (<u>Basim Mohammad Abdul Kareem Abughalieh</u> , Maram Bassam H Al Barghothi)		042
- Blunt Cardiac Injuries with Anatomical Damage to the Heart Arriving at Hospital: A Narrative Review (<u>Mohamed HM Ahmed</u> , Fernando Spencer Netto, Murad Alahmad, Fajer Al-Ishaq, Ayman El-Menyar, Heba Alheba, Husham Mohamed Ahmed Abdelrahman, Sandro Rizoli, Hassan Al-Thani)		392
- Patterns and Outcomes of Traumatic Cardiac Injuries at a Level 1 Trauma Center: A 10-Year Review (<u>Murad Alahmad</u> , Fernando Spencer, Ibrahim Afifi, Nashaud Khan, Ayman El-Menyar, Sandro Rizoli, Ruben Peralta, Hassan Al-Thani)		747
- Improving Inspiratory Compliance in Rib Fracture Patients Through Incentive Spirometry: A Quality Improvement Project in a Trauma High-Dependency Unit (Ala' Bassam Mohammed Suliman, Ahmad Mahmoud, <u>Russel Ignacio</u> , Gautam Laxmikant Sharma, Asma Mousa Al-Atey, Amer Abualjoud, Karim Ahmed)		1114
- Injured Trauma Survivor Screen (ITSS) for early Identification and Management of Post-Traumatic Stress Disorder (PTSD) and Depression Risk in Trauma Surgical Unit (Amer Abualjoud, <u>Jenelyn A Salvador</u> , Asmaa Al Atey, Ammar Al Hassanin, Saleem Naif Saeed, Asheera Legaspi, Bittu Munjinattu Joseph, May Bheil Sorian Sihilan, Tulika Mehta Agarwal, Sunila Priyavadan)		1122
- Fluoroscopic-Guided Removal of a Retained Bullet from the Chest Under Local Anaesthesia: A Case Report on Minimally Invasive Management and Patient-Centered Care (<u>Murad Alahmad</u> , Omran Elmokdadd, Sohaib Zoghoul, Ibrahim Taha, Hassan Al-Thani, Ayman El-Menyar, Ali Barah, Ruben Peralta)		636

P-1 Board 2:	Board 2:
- Impact of Bariatric Surgery on Metabolic Dysfunction–Associated Steatotic Liver Disease in young to middle-aged adults in Qatar: A cross-sectional Analysis (<u>Faissal Al Zeir</u> , Marrita Rabadi, May Hamdi, Giridhara Babu, Tawanda Chivese)	809
- Long-Term Effects of Bariatric Surgery on Cardiometabolic Outcomes in Young to Middle-Aged Adults in a Middle Eastern and North African Population: A Matched Cohort Study (Giridhara Babu, <u>Faissal Al Zeir</u> , Osama Al Alkeilani, Renad Dawoud, Mariam Ahmed, Shouq Al Enazi, Tawanda Chivese)	1149
- Sex-Specific Disparities in Outcomes of Transcatheter Aortic Valve Implantation in Patient with Aortic Stenosis, A Systematic Review (<u>Zainab Saleh</u> , Tavsimiran Luthra, Ammara Akram, Angelica Thomas, Henry Ramos)	1128
- The Next Decade of Cardiovascular Disease Burden in Qatar, a Gulf Cooperation Council Country: Projections from 2024 to 2033 (<u>Dina Abushanab</u> , Daoud Al-Badriyeh, Rawan F Al Froukh, Rasha Kaddoura, Mohammed Abdelaal, Clara Marquina, Jazeel Abdulmajeed, Palli Valapila Abdulrouf, Shaban Mohamed, Zanfina Ademi)	167
- Peripartum Cardiac Complications Requiring Intensive Care Unit Admission: A Descriptive Case Series from a Tertiary Hospital in Qatar (Sara Shabana, <u>Doua AlSaad</u> , Jamal Al-Ameri, Osaïd Ibrahim, Abir Hajjaj, Afif Ahmed, Muna Alsaadi)	558
- Hyperuricemia as a Biomarker for Circadian Syndrome: A Cross-sectional Study (<u>Joud AlBashtawi</u> , Hana Zeidan, Abdulrahman Altairi, Najlaa Al-Marri, Mohammed Abdel Hamid, Reem Odaiba, Shaikha Al-Kurbi, Ramez Jaradat, Susu M Zughaier, Habib Hasan Farooqui)	199
P-1 Board 3:	Board 3:
- Bridging Gaps in Hemodialysis Care: A Person-Centered Financial Support Approach for Chronic Kidney Disease Patients in Qatar (Abdullah Hamad, <u>Nadiya Noor</u> , Mohed Yousif, Sahar Aly, Mariama Thomas, Aness Al Omari, Nancy George, Teha Al Mohammadi, Mohamed Al Kadi, Hassan Al Malki)	075
- Development and Validation of Deprescribing Algorithms in Chronic Kidney Disease using Consensus Methodology (<u>Amani Zidan</u> , Kheloud Awad, Safya Habib, Noor Alsalemi, Hager El-Geed, Abdullah Hamad, Hasan Al-Malki, Mohamed Amin, Rania Ibrahim, Ahmed Awaisu)	210
- Acute Respiratory Complications in Chronic Kidney Disease in the Royal Hospital, Muscat, Oman (<u>Noor Al Wahaibi</u> , Issa Al Salmi)	948
- Safety and Efficacy of Iron Chelators in Patients with Chronic Kidney Disease: A Systematic Review and Meta-analysis (<u>Baha H Abuajameia</u> , Humam Emad Rajha, Richard Shamoon, Ameer Almeshagbeh, Samah Masry, Fadel Alqatati, Abdulqadir J Nashwan)	454
- Optimization of Levetiracetam Dosing in Haemodialysis Geriatrics Patients at a Long-Term Care Unit in Qatar: A Clinical Pharmacy Quality Improvement Project (<u>Mai Elzain Omer</u> , Mohamed Sherbas, Ameena Alyazeedi)	803
- Dialysis Care: It Is Not Just Care: Daily Track, A Continuous Clinical Follow-Up Model Driving Consistency and Excellence in Dialysis Nursing (<u>Iman Khater</u> , Sahar Aly, Wafa Ali, Mohammad Dawood, Farrukh Ali, Anu Thomas, Josephine Tabor, Mary Ann Sweet, Teha Al Mohammadi, Abdullah Hamad)	127

P-1 Board 4:	Board 4:
- Enhancing Autism Diagnosis: Utilizing the Autism Diagnostic Observation Schedule-2 in Child Development Center Outpatient at Al-Maha Pediatric Specialized Care Center, Al-Wakra Hospital (<u>Ayat Alsmadi</u> , Zohour Elsaid, Parwaneh Al Shibani, Ameneh Ahmed, Fatmeh Mustafa, Ammar Abou Shaheen)	966
- Early Identification of Eating Disorders in Adolescents: The Role of Primary Care in a Tertiary Hospital Cohort (Madeeha Kamal, Amal Saleh Al-Kawari, Sara Khalid Alkuwari, Sheema Hashem, <u>Muad Abdi Hassan</u> , Alanoud Al Ansari)	121
- Multi-Dimensional Health Evaluation in Children with ADHD on Stimulant Therapy, with the Role of the Primary Health Care up to the Tertiary care in Qatar (<u>Muad Abdi Hassan</u> , Mona Mohamed Saad, Amna Ahmed, Ahmed Khalil, Sohair Elsiddig, Basma Selim, Ashraf Soliman, Muna Maarafiya, Ahmed Al Hammadi, Madeeha Kamal)	122
- Sleep Pattern Inconsistencies Among Children and Adolescents with ADHD in Qatar: Insights from a Cross-Sectional Study (Madeeha Kamal, Shabina Khan, Sibin Marian, <u>Muad Abdi Hassan</u> , Samar Osman, Nasreen Irfan, Amal Haidar, Dua Qutob, Prem Chandra, Mohammed Al Kuwari, Muna Maarafiya)	123
- Surveillance and Management of Vascular Access Dysfunction in Haemodialysis: Clinical Outcomes and Predictive Factors (<u>Tarek A Ghonimi</u> , Aness Alomari, Hoda Tolba, Athar Ibrahim, Sahar Ismail, Tarek A Fouda, Hany E Ismail, Abdulla Hamad)	452
- Introducing Online Hemodiafiltration: Advancing Dialysis Care and Patient Well-being in Qatar (<u>Tarek Fouda</u> , Abdullah Hamad, Hassan Al-Malki, Mohamad Al-Kadi, Farrukh Farooqi, Sahar Aly, Rania Ibrahim, Alaa Fouda)	962
P-1 Board 5:	Board 5:
- Heart-to-Heart Care: A Unique Initiative for Parent-Infant Stay in a Neonatal Intensive Care Unit in Qatar (<u>Ghadeer Mustafa</u> , Parwaneh Shibani, Salwa Al Rawaili, Khalil Salameh, Omayma Daoud, Taicir Haba, Dannylyn Edradan, Muna Alatrash)	903
- Enhancing Newborn Care: Integrating Critical Congenital Heart Disease Screening Toolbar in Electronic Patient Record System (<u>Ghadeer Mustafa</u> , Omayma Daoud, Taicir Haba, Dannylyn Edradan, Parwaneh Shibani, Salwa Al Rawaili, Khaleel Kamel Khaleel Abujubbeh, Fatheya El Dbaby)	904
- Less Fear, More Healing: Reducing Pediatric Anxiety with Structured Interventions at Al Wakra Hospital (<u>Ghadeer Mustafa</u> , Parwaneh Shibani, Salwa Al Rawaili, Minette Nebab Basco, Hanan Musleh, Anitha Stephen, Muna Abdel Hakim R Atrash, Emylet Sheema)	910
- Streamlining High Acuity Patients' Flow from Door to Floor at Al Wakra Hospital Pediatric Emergency (<u>Ghadeer Mustafa</u> , Parwaneh Shibani, Salwa Al Rawaili, Shihab Ameen, Khaled El Shafey, Fatma Serag Eldin M Elayouti, Nina Rachel Reyes-Arbo, Julie Ann Limin)	911
- You're In Safe Hands: Enhancing Paediatric Emergency Care through Barcoded Medication Administration (<u>Ghadeer Mustafa</u> , Parwaneh Shibani, Salwa Al Rawaili, Fatma Serag Eldin M Elayouti, Nina Rachel Reyes-Arbo, Khaleel Kamel Khaleel Abujubbeh, Mohammed Ismail Aly, Rafael Nacario)	913
- The Development of Supplemental Feeding Method Clinical Guideline for Neonates Help Us Give Your Children the Best Possible Care: Reducing Unaccompanied Child Visits (<u>Ghadeer Mustafa</u> , Parwaneh Shibani, Salwa Al Rawaili, Omayma Daoud, Taicir Haba, Dannylyn Edradan, Marwa Hamdy, Fatheya Eldbaby)	916

P-1 Board 6:	Board 6:
- Screening Stalled, Lives at Stake: Cracking Breast Cancer Barriers in the Gulf Cooperation Council (GCC) (<u>Alby Prem</u> , Bejoy Varghese)	585
- Survival Outcomes in Adult Patients with Therapy-Related Acute Lymphoblastic Leukemia: A Systematic Review and Meta-Analysis (<u>Rowan Mesilhy</u> , Muhammad Naseem Khan, Asma Syed, Razan Hourani, Yasmin Elsalkawi, Abdulrahman Al-Mashdali, Suhail A Doi, Shehab F Mohamed)	689
- Boron Neutron Capture Therapy for Breast and Prostate Cancer: Current Status and Therapeutic Potential (<u>Ahmed Habibullah</u> , Tarek Issa, Fadel Alhammoud, Walid Koudiri, Abdulaziz Al-Khalaf, Roudha Al-Thani, Anis Daou)	770
- The Role of Apolipoproteins in the Commonest Cancers: A Review (Nour M Darwish, Mooza Kh Al-Hail, Youssef Mohamed, Rafif Al Saady, <u>Sara Mohsen</u> , Amna Zar, Layla Al-Mansoori, Shona Pedersen)	520
- Comparative Analysis of Cancer-Induced Venous Thromboembolism Risk Assessment Models: A Systematic Review (<u>Yasmin Elsayed</u> , Tarek Issa, Noor Haykal, Islam Eljilany, Hazem Elewa)	811
- Behavioral Predictors of Intention to Undergo Cervical Cancer Screening Using the Theory of Planned Behavior (<u>Nahlah AlMesbah</u> , Nagah Selim, Jihene Maatoug)	854
P-1 Board 7:	Board 7:
- The Prevalence of CALM Gene Mutations Among Patients Diagnosed with Catecholaminergic Polymorphic Ventricular Tachycardia and Long QT Syndrome: A Systematic Review and Meta-Analysis (Sundus Farooq Siddiqui, <u>Hiba Farooq Siddiqui</u> , Suhail A Doi, Michail Nomikos)	179
- Safety of Soluble Guanylate Cyclase Modulators Versus Placebo in Heart Failure with Reduced Ejection Fraction: A Systematic Review and Meta-Analysis of Randomized Controlled Trials (<u>Mus'ab Theeb Mustafa</u> , Ahmad Alazzam, Hamza Muneer Alakhras, Ahmad Sa'ed, Ahmad Sami Othman, Omar Almajdoubbeh)	601
- Transcriptomic Insights into NLRP3 Inflammasome-Associated Pathways in 4-Octyl Itaconate-Treated Cardiomyocytes: Implications for Myocarditis-Related Inflammation (<u>Faizah Diah Retnowati</u> , Zaid H Maayah, Atiyeh M Abdallah)	954
- Predicting Length of Stay in Acute Decompensated Heart Failure Patients: Comparing Faculty Members and Medical Trainees in a Tertiary Teaching Hospital in Qatar (<u>Islam Elzouki</u> , Ahmed Abughalia, Abdurhaman Kday, Khansa Makawi, Ijaz Kamal, Wanis Ibrahim, Abdulrahman Arabi, Muhammad Zahid)	1050
- Real-World Review of Adherence to Guideline-Directed Intravenous Iron Therapy in Heart Failure Patients: A Retrospective Observational Study from a Tertiary Care Hospital in Oman (Muhammad Shoaib, Khamis Al Hashmi, Abdullah Al Alawi, <u>Abdullah Al Jabri</u> , Yahya Al Attraqchi, Ahmed Abdelmoaty, Khalfan Al Zeedy, Adil Al Riyam)	1091
- Efficacy and Safety of the β 3-Adrenergic Agonist Mirabegron in Patients with Heart Failure: A Systematic Review and Meta-Analysis (Alaa Abdelhamid, Ahmed Arabi, Humam Rajha, Omar Tluli, Yaman Al-Haneedi, Dima Nasrallah, Esraa Ahmed, Ali H Eid)	1032

P-1 Board 8:	Board 8:
- From Risk to Safety: Dietitian-Led Protocol Eliminates Hypoglycemia and Improves Glycemic Control in Hemodialysis Patients on Enteral Nutrition (AlAnoud Ali AlFehaidi, Shafi Hashmath, Rana Abdeljubbar, Monica de Ramos, Christie Mateo, Wafa Mohammed, Alanood Mohammed, Nusibha Mohammed, Nesreen Talal, Nisreen Mazin, Pavithra Shine, Noor Bani Naser, Rudinha Jehad, Shakeel Ahmad Khan, Merna Mahmoud, Sara Almahmoud, Takwa Mahmoud, Simmy John)	1027
Optimizing Renal Dosing Practices Among Pharmacists Through Educational Intervention (Warda Obaidi, <u>Nermin Hamid</u> , Sara Shabana, Hajer Youssef, Aliaa Hejeh, Muna Al Saadi)	792
- Pharmacists' Role in Combating Health Misinformation and Infodemics Across Healthcare Settings – Interventions, Barriers, and Enablers: A systematic review (<u>Fadel Alhammoud</u> , Ahmed Habibullah, Tarek Issa, Walid Koudri, Mahmood Habibullah, Ahmed Awaisu)	786
- Perceptions and Attitudes of Physicians, Pharmacists, and the General Population Toward Generic Medicines: A Systematic Review (<u>Walid Kouidiri</u> , Salma Ibrahim, Fatima Albatarni, Tarek Issa, Ahmed Habibullah, Zaheer-Ud-Din Babar)	773
- Implementing Less Invasive Surfactant Administration: A Cost-Effective Care in Level II Hospital (<u>Ghadeer Mustafa</u> , Khalil Salameh, Hoda Eljelani Rahoma, Omayma Daoud, Taicir Haba, Nihad Nabris, Roushan Lal Gupta, Syed Tasneem)	915
- Incidence and Characteristics of Antihypertensive-Related Adverse Drug Reactions Among Stroke Patients: A Retrospective Study from the Qatar Rehabilitation Institute (<u>Lama Madi</u> , Raja Al Khawaja, Haneen Al Rawashdeh, Somaya Korashy)	932
- Association Between Pre-Existing Diabetes in Pregnancy and Maternal Mental Health Outcomes: A Systematic Review and Meta-Analysis (<u>Shahd Hamran</u> , Umna Hussain, Salma E Elgamal, Lama Alkahlout, Ahmad Hamdan, Waqar Mogassabi, Fatima Zahid, Mohannad Natheef AbuHaweeleh, Tawanda Chivese)	1057

P-1 Board 9:	:Board 9
- Establishing Reference Ranges for Femoral Trochanter Bone Mineral Density by Sex and Ethnicity Using Z-Scores in Qatari Female Under 50 Years of Age (Atiyeh Abdallah, Farhana Afreen)	855
- Efficacy of MRAs Compared to Other Antihypertensive Agents in Treating Essential Hypertension: Systematic Review and Meta-Analysis (Belal Kassem, Omar Sorour, Fawaz A Shaik, Suhail AR Doi)	831
- The Association Between E-cigarette use (Vaping) and Dyslipidemia: A Systematic Review and Meta-analysis (Humam Rajha, Sara Mohsen, Hadeel Alkuwari, Janatul Naeim, Wejdan Al-Marri, Ahmad Hamdan, Tawanda Chivese, Rafif Mahmood Al Saady)	600
- Association between Serum Vitamin D Status and Circadian Syndrome: A Cross-Sectional Study (Ahmed Arabi, Dima Nasrallah, Sara Mohsen, Lana Abugharbieh, Dana Al-Hashimi, Shaikha AlMass, Shahd Albasti, Saeed A Al-Ajmi, Muhammad Naseem Khan, Susu M Zughaier)	519
- Exploring Serotonin, Melatonin and Cortisol as Biomarkers for Chronic Musculoskeletal Pain Among Undergraduate Students at Qatar University (Maheen Ayaz, Amna Al Sada, Fida Sherin, Janhavi Parulekar, Linzette D Morris, Orla M Deegan, Jennifer K Allen)	522
- Acromegaly as the Initial Presentation of Multiple Endocrine Neoplasia Type 1 (MEN1): A Case Report (Hadeel Yousef Odeh, Nabaa Mustafa Al Munshee, Mohammed Husham Ahmed, Yusuf Aydin)	449
P-1 Board 10:	Board 10:
- Maternal-Fetal Attachment in Critical Care Units: A Dyadic Research Among Selected Mothers and Nurses in Qatar (Neena Lal, John Paul Ben Silang, Varsha Hariharan, Afaf Fathy Mohammad Radwan, Marimel Manalo Javillonar, Joyce Anne Marie Bitoon, Muna Yaqout Al-Abdulla, David Hali de Jesus)	216
- COVID-19 Mothers' Mother-Baby Bonding, Feeding Practices, Postnatal Care Experiences in Qatar: A Mixed-Methods Approach (Laura C Moya Falcon, John Paul Ben T Silang, Safa El-Arwa Hadid, Khadije Bargaoui, Mariama Lilei Kassay, Jussara Da Silva Brito, Nesiya Hassan, Albara Mohammad Ali Alomari, Teresa Sandra Erice Rivero, Kalpana Singh)	346
- Postnatal Home Visits in Qatar: The Postpartum Mothers' Experience with Midwives in Community Settings (Mariem Nakhla, John Paul Ben T Silang, Lamia Eleuch, Judith Laveena Carnelio, Kawthar Ali AA Al-Shemeri, David Halil de Jesus)	219
- Protocol to Practice: Carbetocin Compliance in High-Risk Women for the Prophylaxis of Post-partum Hemorrhage (Sufia Athar, Farhan Koujan, Joohi Ramawat, Omaira Ibrahim, Najet Ounissi, Mohammad Abdel Aziz, Amna Tellisi, Ayman Hamcho)	994
- The Use of Intravenous Tranexamic Acid for Patients with Menorrhagia: A Pharmacy Quality Project (Samah Ahmad ElSalem, Muna Salih M N Al-Saadi)	688
- The Relationship Between Menstrual Cycle and Mental Health: A Cross-Sectional Survey Study (Jenitt Maria Aju, Merin Dickson, Anjana Abhilash)	1100
- Metabolic and Hormonal Parameters in Hyperandrogenic Versus Normoandrogenic Women with Regular Cycles (Basant Elgeldawy, Rand Al-Biltaji, and Muhammad Naseem Khan)	674

3:30 pm – 4:30 pm	Abstract oral presentations – Session O-2 (8) Diabetes and Endocrinology Moderators: Dr Emad Mustafa & Dr Raza Akbar, HMC, Qatar	Abstract number
	– Mesenchymal Stem Cell-based Therapy for Type 1 and 2 Diabetes Mellitus Patients: A Systematic Review and Meta-Analysis of Randomized Controlled Trials (Muataz Kashbour, Abubaker Abdelmalik, Mazen Negmeldin, Mohamed Abed, Ebtesam Aldieb, Duha Abdullah, Taher Elmozug, Yosser Isawi, Eman Hassan, Fakhruddin Almuzghi)	261
	– The Utility of Early Pregnancy Fasting Plasma Glucose and Glycated Hemoglobin in predicting Gestational Diabetes Mellitus: A Systematic Review and Meta-Analysis (<u>Shahd Ashawesh</u> , Leen Haj Saleh, Huda Al-Emadi, Belal Kassem, Zaakiya Masood, Nebras Elghoul, Mohammed Hussain, Muneera Al-Kubaisi)	835
	– Effects of Antidepressants on Glycemic Control in Patients with Diabetes Mellitus in Primary Healthcare Centers Across Qatar: A Retrospective Cohort Study (<u>Zaineh Alnoubani</u> , Humam Emad Rajha, Ehab Said Hamed, Ahmad Hamdan, Menatalla Metwally Ramadan Said, Layan Albarghouthi, Mhd Osama Rahhal, Youssuf Khanafer, Tanya Kane, Salma M Khaled)	276
	– Burden and Predictors of Metabolic Dysfunction- Associated Steatotic Liver Disease and Advanced Liver Fibrosis in Type-2 Diabetes Mellitus: Results from A Multiethnic Cohort in Qatar (<u>Islam Elzouki</u> , Adeel Khan, Rofida Khalifa, Adham Darwish, Mohamed El-Kassas, Abdulrahman Arabi, Abdelnaser Elzouki)	955
	– Reduced Appetite After Body Contouring is Associated with Low GIP Levels: A Prospective Hormonal Profiling Study (<u>Mohamed Badie Ahmed</u> , Asma Syed, Suhail A Doi, Saif Badran, Abeer Alsherawi, Fatima Saoud Al-Mohannadi, Abdella M Habib)	1062
	– Cost-effectiveness of Modifying Cardiovascular Disease Risk Factors among T2DM patients in Qatar Using the Productivity-adjusted Life Years (PALY) Metric (<u>Dina Abushanab</u> , Rouaa Elhani, Mohamed Elsayed, Anas Hamad, Daoud Al-Badriyeh)	166
	– A Novel Approach to Foot Care: Intradialytic Plantar Electrical Nerve Stimulation in Diabetic Hemodialysis Patients: Randomized Controlled Trial (<u>Abdullah Hamad</u> , Rania Ibrahim, Mohamed Abdelhadi, Myeounggon Lee, Mincy Mathew, Heba Ateya, Talal Talal, Bijan Najafi, Wafa Hajaji, Mohammad Dawood, Teha Al-Mohanadi, Hassan AlMalki, Fadwa Al-Ali)	119
	– Cost-Effectiveness of CVD Risk-Modifying Interventions in T2DM Qatari Patients Using Quality-Adjusted Life Years (QALY) Metric (<u>Dina Abushanab</u> , Sarah Awwad, Mouda Hamdan, Anas Hamad, Daoud Al-Badriyeh)	165
4:30 pm – 5:00 pm	Abstract poster presentations – Session P-2 Pulmonology, Diabetes, Endocrinology, Cardiovascular Diseases, Pediatrics, Oncology, Hematology, Neurology, Neurology, Pharmacotherapeutics, and Obstetrics Moderator: Prof Guillaume Alinier, HMC, Qatar and panel of judges	Abstract number

P-2 Board 1:	Board 1:
- Relationship Between Glyphosate Levels and Airway Diseases in the Adult and Pediatric United States' Population: A Cross-Sectional Study (Hiba Farooq Siddiquia, Sundus Farooq Siddiquia, Marrita Rabadia, <u>Anfal Shalabya</u> , Abdullatif Al-Hora, Maryam A Alkhulaifa, Humam Emad Rajhaa, Giridhara Rathnaiah Babub, Angham Tartour)	235
- The Association Between Secondhand Smoking and COPD: A 2013-2018 NHANES-Based Cross-Sectional Study (<u>Yaman Al-Haneedi</u> , Maha Talhami, Ruba Adel Aweer, Deema Al-Hamed, Abdulla Al-Emadi, Mathkour Al-Khaldi, Habib Farooqui)	254
- An Unusual Finding of Spontaneous Pneumothorax in Kartagener's Syndrome: A Case Report (<u>Oumaya Lemhamdi</u> , Oumayma Aggouni, Sabrina Majdoub, Hamida Kwass)	296
P-2 Board 2:	Board 2:
- Breath by Breath: Enhancing Pediatric Long-Term Tracheostomy Safety Through Bleeding Prevention in Al Maha Pediatric Specialized Care Center, Al Wakra Hospital (<u>Ayat Alsmadi</u> , Ghadeer Mustafa, Aji Varughese, Hajar Ruqibat, Ambily Stanely, Reem Mohammed, Ameneh Ahmed, Shander Zuniga)	362
- Lifting Hoist Innovation in Pediatric Long-term Care Units: A Step Toward Safer, Smarter Care at Al-Maha Pediatric Specialized Care Center, Al-Wakra Hospital, in Qatar (<u>Ayat Alsmadi</u> , Aji Varughese, Hajar Ruqibat, Ambily Stanely, Fatmeh Mustafa, Reem Mohammed, Mounir Mzoughi)	363
- Seasonal Burden of Respiratory Syncytial Virus (RSV) and Influenza in Children ≤ 5 Years of Age in Qatar, 2019-2023 (<u>Aiman Aly Elbardiny</u> , Howell Tamayo Belleza, Maha Al Shamali, Hamad Eid Al Romaihi)	330
P-2 Board 3:	Board 3:
- p53 protein Overexpression is Linked to Poor Prognosis in Medulloblastoma and Oligodendroglioma: Evidence from a Systematic Review and Meta-Analysis (Hiba Farooq Siddiqui, <u>Sundus Farooq Siddiqui</u> , Shahrin M Sharikha, Nikita Gupta, Basel Elsayed, Summaiya Khatoon, Errum Yaser, Christopher Albanese, Aisha Naeem)	180
- Why TP53 Expression Varies Between Studies of Lymphoma: Results from a Bayesian Meta-Analysis (<u>Aisha Al-Khinji</u> , Muna Yusuf, Abdullatif Al-Hor, Hadeel Al-Ashwal, Hissa Al-Kuwari, Dhafer Malouche)	743
- The Prevalence and Clinical Significance of AR-V7 in Extra-Prostatic Malignancies: A Systematic Review (<u>Zaineh Alnoubani</u> , Youssuf Khanafer, Adnan Fojnica, Emir Begagic, Semir Vranic)	764
P-2 Board 4:	Board 4:
- Association of Dietary Patterns with Breast Cancer Incidence and Prognosis: A Meta-Analysis on More than 300,000 Patients (<u>Yara Allo</u> , Samaa Albaik, Aya Rudwan, Guldal Inal-Gultekin)	005 (Online)
- Cryptococcal Bacteremia as an Initial Clue of Hairy Cell Leukemia (<u>Fatima R Alsharif</u> , Ahmad Hamdan, Nadia Alsharif, Nouran Alwisi, Mohanad Faisal)	880
- Association Between Magnesium Depletion Score, Circadian Syndrome and Cardiovascular Disease in United States Adults: Evidence from the National Health and Nutrition Examination Survey 2005-2018 (Raneem Alsheikh, Ahmed Arabi, Ahmad Hamdan, <u>Haneen Aldulaimi</u> , Deemah Assami, Dima Nasrallah, Zaid Sawafthah, Zumin Shi)	056

P-2 Board 5:	Board 5:
- Digital Childhoods: Virtual Autism Awareness Among Parents Working in Healthcare (George V Joy, Kalpana Singh, Kamaruddeen Mannethodi, Nivedita Varma, Jibin Kunjavara, Abdulqadir J Nashwan)	015
- Incidence and Epidemiological Profile of Meningitis Among Children and Young People Below 20 Years in Qatar, 2021–2024: A Primary Care–Based Study (Hissa Al-Kuwari, Aisha Al-Kuwari, Ahmad Haj Bakri, Mohamed Ghaith Al-Kuwari)	650
- Wernicke's Encephalopathy Following 40 Days of Water–Only Fasting: A Case Report (Ruba Adel Aweer, Noor A Aweer, Omar Tluli, Anwar Joudeh)	253
P-2 Board 6:	Board 6:
- Proteomic Signature of High Cognitive Performance in a Qatari Cohort: A Preliminary Investigation (Kais Al Shibli, Aous Al Shibli, Muhammad Bin Farhan, Mohammed Salhi, Mohamad Jassem, Hanan Soorej, Aisha Naeem, Moustafa Al Hariri)	645
- The Role of Weather and Vitamin D in the Caucasus Compared to Warmer Regions in the Middle East in Multiple Sclerosis: A Narrative Review (Ahmad Aldardour, Shefa'a Alnammeh, Ahmad R Al-Qudimat)	1071
- Integrating Multiple Sclerosis Study Protocols into Qatar Biobank Workflows: Elevating the Nursing Role in Cross–Collaborative Research Development (Hayam Ghanem)	1116
P-2 Board 7:	Board 7:
- Regulatory Interplay Between Siderophore Production and Antimicrobial Resistance: A Pathway to Novel Therapeutic Strategies (Noor A Aweer, Ruba Adel Aweer, Mariam Ali Ahmed, Deema Aidrous Al-Hamed, Nour Elghoul, Nebras Elghoul, Susu M Zughaier)	257
- Medication Stability Under Environmental Stress in Qatar's Prehospital Settings (Ahmed Makhoulf, Guillaume Alinier, Loua Al Shaikh, Habib Kerkeni, Mohammed Akkbik, Amani Al-Mansori, Hanin Fadel, Shahd Jadalla, Yasmin Mohamed, Alaaldin M Alkilany, Ousama Rachid)	269
- Fast Factsheet for Management of Cutaneous Adverse Effects of Targeted Molecular Therapy (Zaurex Khan, Michelle Tarbox)	445
P-2 Board 8:	Board 8:
- Efficacy of semaglutide and tirzepatide in the achievement of remission–level HbA1C in type 2 diabetes: A systematic review and meta-analysis (Maryam Abulhussain, Haya Al-Ajmi, Selham Al-Kubaisi, Hadeel Al-Kuwari, Rashid Al-Marri, Maram Elzayyat, Fatima R Alsharif, Tawanda Chivese, Muhammad Naseem Khan)	053
- Game-Based Exercise to Improve Mobility in Diabetic Patients Undergoing Haemodialysis: Randomized Controlled Trial (Abdullah Hamad, Rania Ibrahim, Mohamed Abdelhadi, Myeounggon Lee, Mincy Mathew, Heba Ateya, Talal Talal, Bijan Najafi, Wafa Hajaji, Mohammad Dawood, Teha Al-Mohanadi, Hassan AlMalki, Fadwa Al-Ali)	117
- Exploring the Association between Hypothyroidism and Circadian Syndrome: Insights from NHANES 2007–2012 (Ahmed Arabi, Humam Emad Rajha, Osama Alkeilani, Ahmad Hamdan, Dima Nasrallah, Giridhara R Babu)	144

P-2 Board 9:	Board 9:
- Beyond BMI: Hormonal Determinants of Insulin Sensitivity and β -Cell Function in Obesity Without Diabetes (Humam Emad Rajha, Ahmed Arabi, <u>Dima Nasrallah</u> , Deemah Assami, Yaman Al-Haneedi, Mohamed Badie Ahmed, Abdella M Habib, Abdul Badi About Samra, Suhail A Doi, Fayaz Ahmad Mir)	295
- Hyperglycemia-Independent Neuropathic Pain in Rat Models of Type 1 and Type 2 Diabetes (<u>Laiche Djouhri</u> , Deana Mohamed Elsayegh)	359
- Real-World Outcomes of Sodium Glucose Cotransporter-2 Inhibitors (SGLT2-i) in Patients with Type-2 Diabetes: Insights from the SGLT-2i Observation Study in Qatar (SOS-IQ) (<u>Mohamed E Elgamal</u> , Moaz O Moursi, Ayman R Ibrahim, Islam Elzouki, Khansa Makawi, Abdelnaser Elzouki)	1024
P-2 Board 10:	Board 10:
- Lower vs Higher Glycemic Criteria for Diagnosing Gestational Diabetes: A Systematic Review and Meta-Analysis of Randomized Controlled Trials (Shahd Hamran, Lubna Zar, Noora Alkorbi, Amna Zar, Fatima R Alsharif, Nouran Alwisi, <u>Rana Ismail</u> , Omar Altrmanini, Habib Farouqi, Naomi S Levitt, Tawanda Chivese)	186
- Managing Uncontrolled Diabetes in Pregnancy: Insights into Psychosocial Influences and Behavioral Treatments (<u>Syed Azlan Abbas</u> , Sufia Athar)	930
- Arabic Translation and Psychometric Testing of PEBS: A Screening Tool for Prenatal Eating Behaviors (John Paul Ben Silang, Fathima Minisha, <u>Hayat Qassim A-Hajjaji</u> , Catherine Medina Lim, Jishamol Thankappan, B'Chira Bent Ismail Ben Ali, Mani Megalai Prakash, Zeinab Abdillahi Mohamed, Remya Mathew, David Hali De Jesus, Salwa Mohammad Abu Yaqoub, Thomas Farrell)	217

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Day 2 – Friday 30/01/2026

Track 3 (Abstract presentations)

8:00 am – 9:00 am	Abstract poster presentations – Session P-3 Pediatrics, Neonatology, Oncology, Hematology, Neurology, Gastroenterology, Infectious Diseases, Diabetes, Pharmacotherapeutics, and Obstetrics Moderator: Prof Guillaume Alinier, HMC, Qatar and panel of judges	Abstract number
P-3 Board 1: – Enhancing Access to Urgent General Paediatric Care Through a Sustainable, Family-Centered Fast-Track Clinic Model (<u>Manasik Hassan</u> , Zenat Kanfosh, Ahmed Elghawaby, Suzan Nassar, Khaled Siddiq, Huda Al Maadadi, Mohammed Alamri, Mohammed Al Kuwari) – Help Us Give Your Children the Best Possible Care: Reducing Unaccompanied Child Visits (<u>Ghadeer Mustafa</u> , Parwaneh Shibani, Salwa Al Rawaili, Shihab Ameen, Khaled El Shafey, Fatma Serag Eldin M Elayouti, Nina Rachel Reyes-Arbo, Julie Ann Limin) – Holistic Approach to Improve Immunization Coverage in a Rural Health Centre in Qatar: A Step Towards Reducing the Burden of Vaccine Preventable Diseases (<u>Surumiya Kareem</u> , Anandan Pushpavally, Moez Ganzouai, Fiyona Steela Jean Dsouza, Priyadarshini Geetha) – Enhancing the Pediatric Vaccination Experience Through Digitalization at the Well Baby Clinic in a Rural Health Centre in Qatar (<u>Surumiya Kareem</u> , Moez Ganzouai, Anandan Pushpavally, Fiyona Steela Jean Dsouza, Priyadarshini Geetha) – A Study to Assess the Level of Awareness and Knowledge on Culture Competent Among the Pediatric Nurses at Hamad General Hospital, Doha, Qatar (<u>Samiya Mohamed Hassan</u> , Kalpana Singh, Surekha Kiran Patil, Amudha Pattabi)		Board 1: 900 917 1126 1127 1131

<p>P-3 Board 2:</p> <ul style="list-style-type: none"> - Evaluating the Quality of Neonatal Intensive Care Unit TPN Service Post-Transfer to Hamad Bin Khalifa Medical City: Insight from Other Healthcare Providers (<u>Mohammed Rijims</u>, Bibi Zulaikha Fazal, Nada Ngdalla, Ahmed Hafiz, Alaa Aly Ismail, Ruba Mahmoud Shaker, Mohamed Ahmed Abdelaziz, Muna Salih MN Al-Saadi) - A Quality Improvement Initiative to Reduce Medication Errors in the Neonatal Intensive Care Unit by Implementing New TPN Service at Hamad Bin Khalifa Medical City (<u>Mohammed Rijims</u>, Abdelwahab Moussa, Alaa Aly Ismail, Ruba Mahmoud Shaker, Aya Soliman, Ahmed Hafiz, Mohamed Ahmed Abdelaziz, Muna Salih Al-Saadi) - Optimizing Lipid Emulsion Utilization: A Cost-Effective Bottle-Sharing Approach in a Neonatal Parenteral Nutrition Pharmacy (<u>Aya Abdelmoneim Soliman</u>, Abdelwahab Moussa, Alaa Aly Ismail, Mohammed Rijims, Mohamed Ahmed Abdelaziz, Muna Salih Al-Saadi) - The Effect of Widespread Distribution of Azithromycin on Childhood Mortality and Antibiotic Resistance: A Systematic Review and Meta-Analysis (<u>Nouran Alwisi</u>, Fatima R Alsharif, Rania Saad, Sidra Abdul Moqeeth, Hiba Farooq Siddiqui, Sundus Farooq Siddiqui, Habib H Farooqui, Susu Zughaier, Tawanda Chivese) - Prevotella Nigrescens Splenic Abscess and Bacteraemia Following Laparoscopic Sleeve Gastrectomy: A First-Case Report and Literature Review (<u>Mohamed H Fadul</u>, Zidan Darwish, Soudad Shila, Syed Ali, Hamad AbdelHadi) - Thirty Years of Tuberculosis Research in Qatar: A Scoping Review to Map Evidence and Expose Gaps (<u>Nahlah AlMesbah</u>, Reshma Javed, Abid Saeed, Hamad Eid Al-Romaihi, Devendra Bansal, Iheb Bougmiza) 	<p>Board 2:</p> <p>681</p> <p>682</p> <p>1036</p> <p>288</p> <p>908</p> <p>1049</p>
<p>P-3 Board 3:</p> <ul style="list-style-type: none"> - Hemolytic Anemia Due to an Underlying B12 Deficiency: A Case Report and Literature Review (Haidar Barjas, <u>Rowan Mesilhy</u>, Kosrat Hama Karim, Muneera Al-Mohannadi) - Colonic Diffuse Large B-Cell Lymphoma Presenting as Acute Cholangitis due to Malignant Biliary Obstruction: A Case Report (Mohamed H Fadul, Zidan Darwish, Mohamed HM Ahmed, <u>Abdulrahman HM Ahmed</u>, Syed Ali) - Rare Primary Thyroid Pleomorphic Rhabdomyosarcoma with Distant Metastasis: A Case Report (<u>Rami Altabbouche</u>, Jacek Musiał, Anna Jałocha-Kaczka, Łukasz Dziki, Krzysztof Kaczka) - Unveiling a Rare Entity: Clinicopathologic and Survival Insights into Mucoepidermoid Carcinoma of the Breast (<u>Omar Tluli</u>, Mahd M Abujbara, Eman A Almaraghi, Dina Tluli, Giridhara Rathnaiah Babu, Semir Vranic) - Meta-Analysis of PIK3/AKT/mTOR Pathway Inhibition in PIK3-Mutated Hormone-Receptor-Positive, HER2-Negative Advanced Breast Cancer (<u>Ibrahim E Hashem</u>, Baha H Abuajameia, Ali M Barhoma, Abdulrahman Naser Al-Radood, Humam Emad Rajha, Ahmad R Hamdan, Mohammed Imad Malki) - Local Hemostatic Measures to Control Post-Extraction Bleeding in Antithrombotic Patients: A Network Meta-Analysis (<u>Shahed Abu Ajienna</u>, Rana Bashendy, Layan Al-Said, Leena Muaz, Faez Al Hamed, Rula El Chami) 	<p>Board 3:</p> <p>701</p> <p>997</p> <p>1039 (online)</p> <p>1153</p> <p>963</p> <p>781</p>

<p>P-3 Board 4:</p> <ul style="list-style-type: none"> - Aware Today, Adherent Tomorrow: Preventing Stroke in High-Risk Patients (Nesiya Hassan, <u>Bejoy Varghese</u>, Annamma Jose, Emad Salem Ajlouni, Nisha George, Pacifico Jr. Gamarcha Gellego, Rida Moh'd Odeh AM Al-Balawi, Rajvir Singh) - The Prevalence, Risk Factors and Outcome of Ischemic Stroke Patients with Intracranial Versus Extracranial Atherosclerosis in University Medical City Hospital, Oman, between 2016 and 2020 (<u>Shahad Al-Wahshi</u>, Arunodaya R Gujjar, Tahira Siddiqui, Alia Al-Wahshi) - Functional Outcomes and Safety of Low-Dose Alteplase Versus Standard-Dose in Acute Ischemic Stroke: A Systematic Review and Meta-Analysis (Ashraf I Ahmed, Elhassan Mahmoud, Raghad A Elashie, <u>Hidaya Al-Tamimi</u>, Omar Abousaad, Yahia Imam) - An Unusual Mechanism of Stroke in Neurobrucellosis: MCA Infarct Secondary to Abscess Compression: A Rare Case Report and a Comprehensive Literature Review (<u>Ruba Adel Aweer</u>, Majd Abu-Alrob) - Neuroschistosomiasis as a Cause of Status Epilepticus A Case Report and Literature Review (Omar Yousef, Nuha Fituri, <u>Rowan Mesilhy</u>, Mohammed Elhasan, Obada Alsakaji, Muhammad Naeem) - Knowledge, Attitudes, and Behaviors Related to the Risk Factors of Dementia among Qatar University Students: A Cross-Sectional Survey Study (<u>Wasan Mohammad</u>, Lujain Mohammad, Mais Alasmar, Siham Abdo, Saddam Kanaan, Tasneem Hartley, Jennifer Allen, Hanan Khalil) 	<p>Board 4:</p> <p>545</p> <p>1102</p> <p>061</p> <p>200</p> <p>749</p> <p>813</p>
<p>P-3 Board 5:</p> <ul style="list-style-type: none"> - Association Between Inflammatory Bowel Disease and Cardiometabolic Outcomes: A Cross-Sectional Study in Qatar (<u>Layan Albarghouthi</u>, Zaineh Al-Noubani, Omar Abusorour, Nadia Al-Sharif, Maryam Al-Nuaimi, Shaikha Al-Thani, Mohammad Al-Rashdi, Habib Hasan Farooqui, Tawanda Chivese) - Tobacco Smoking Patterns After Diagnosis of Inflammatory Bowel Disease in a Middle Eastern Population: A Cross-sectional Study (Bushra M Abdallah, <u>Rana Ismail</u>, Aishat F Akomolafe, Fathima R Mahmood, Mariah Arif, Razan F Hourani, Noor A Aweer, Maryam Al-Malki, Tamader Al-Maadeed, Nidal Khodr, Husam A Saffo, Mohammed I Danjuma, Tanya Kane, Tawanda Chivese) - Impact of COVID-19 Waves in Patients with Inflammatory Bowel Disease in the University Medical City and Royal Hospital (<u>Rawan Al Hinai</u>, Said Al Busafi, Ahmed Al Wassif, Ahmed Al Darmaki, Anfal Al Zadjali) - Comparative Efficacy of Subcutaneous Versus Intravenous Interleukin 12/23 Inhibitors for the Remission of Moderate to Severe Crohn's Disease: A Systematic Review and Meta-Analysis (Nouran Alwisi, <u>Rana Ismail</u>, Hissa Al-Kuwari, Khalifa H Al-Ansari, Mohammed A Al-Matwi, Noor A Aweer, Wejdan N Al-Marri, Yousif Al-Kubaisi, Muneera Al-Mohannadi, Shahd Hamran, Suhail AR Doi, Habib H Farooqui, Tawanda Chivese) - Beyond the Baseline: Sustaining Quality Improvements in Dyspepsia Care Through Iterative Audits (<u>Ansif Pallath Majeed</u>, Kiran Harikumar, Sadiya Azher, Hanan Al Mujalli, Abdul Ali Shah, Noora Jassim Al Kubaisi, Sharifullah Khan) - Ischemic Colitis Induced by Concurrent Non-Steroidal Anti-Inflammatory Drug (NSAID) and Corticosteroid Use for Back Pain (Yusuf Almascati, Ali Alhumaqani, <u>Bernard Wen</u>, Talal Alarayedh) 	<p>Board 5:</p> <p>837</p> <p>203</p> <p>530</p> <p>256</p> <p>496</p> <p>740</p>

<p>P-3 Board 6:</p> <ul style="list-style-type: none"> - Acute Visual Loss in Hepatic Encephalopathy: A Systematic Review of Case Reports (Basant Elsayed, <u>Moaz O Moursi</u>, Osayd Mosleh, Mohammed Ibn-Masud Danjuma, Ahmad Salih AbdulHadi) - Clinical Features and Aetiology of Liver Cirrhosis in Omani Patients (<u>Manal Al Zadjali</u>, Omar Al Siyabi, Issa Al Salmi, Ahmed Al-Darmaki) - Evaluation of Platelet-Based and Composite Scores for Esophageal Varices and Decompensation in Omani Cirrhosis Patients (<u>Marwa Al-Sharji</u>, Salim Al Harthi, Ahmed Al-Darmaki) - Doxycycline for Postexposure Prophylaxis of Sexually Transmitted Infections: A Systematic Review and Meta-analysis (Dina Abushanab, <u>Gaith Alali</u>, Daoud Al-Badriyeh) - Rising Tide of Multidrug-Resistant Urinary Tract Infections in Pregnancy: Insights from a Case-Control Study (Sufia Athar, Osric Navti, Adila Shaukat, Kholode Masalmani, Moayyad Yunus) 	<p>Board 6:</p> <p>661</p> <p>793</p> <p>677</p> <p>168</p> <p>993</p>
<p>P-3 Board 7:</p> <ul style="list-style-type: none"> - Human Papillomavirus (HPV) Vaccine Implementation and Promotion in Qatar: January 2022 – December 2024 (<u>Hayat Khogali</u>, Khalid Elmardi Abdelgadir, Juel Chowdhury, Rejoice Ravi, Bilal Riaz, Abdul Rahman Al Aqoul, Jeevan Albuquerque, Hamad Eid HR Al-Romaihi) - Vaccination Coverage and Associated Factors of Hepatitis B, Measles-Mumps-Rubella, Varicella, and Tetanus-Diphtheria-Acellular Pertussis Among Primary Health Care Workers in Qatar: A Retrospective Study (2020–2024) (<u>Sameera Alhajri</u>, Anees A Alyafei, Sandy Semaan, Maryam Al Muslemani, Asma Al Nuaimi) - Enhancing Preventive Care by Integrating the Respiratory Syncytial Virus Vaccine and the Herpes Zoster Vaccine at Fahad Bin Jasim Kidney Center, Hemodialysis Units, Doha, Qatar (Musab Elgaali, <u>Afra Elhassan</u>, Mohamed Farid, Dawood Hassan, Sahar Aly, Teha Al Mohannadi, Abdullah Hamad) - Coronavirus Disease 2019 and Influenza Vaccination Compliance Among Healthcare Workers at the Primary Health Care Corporation, Qatar, 2020–2024: A Retrospective Study (<u>Sameera Alhajri</u>, Anees A Alyafei, Sandy Semaan, Maryam Al Muslemani, Asma Al Nuaimi) - Hospitalization Burden of Influenza in Patients with Severe Acute Respiratory Infections (SARI) in Qatar, 2019–2024 (Aiman Aly Elbardiny, <u>Sana Ahmed Elashie</u>, Maha Al Shamali, Hamad Eid Al Romaihi) - Understanding Herbal Medicine Use among Coronavirus Disease-2019 Patients in Qatar: Prevalence, Patterns, and Perceptions (<u>Raneem Alsheikh</u>, Fatima R Alsharif, Nouran Alwisi, Zachariah Nazar, Layla Al-Mansoori, Zumin Shi, Abdullah A Shaito) 	<p>Board 7:</p> <p>111</p> <p>134</p> <p>417</p> <p>132</p> <p>887</p> <p>057</p>

<p>P-3 Board 8:</p> <ul style="list-style-type: none"> - Tacrolimus-Induced Hyponatremia: A Comprehensive Literature Review (<u>Mustafa Albayati</u>, Youssef Bekdach, Elaf Aldhreai, Adam Benkarim, Ensian Zahra, Zaid Usama, Laila Alafeef, Mohamed H Fadul) - Trends of Adverse Drug Reactions Among Proton Pump Inhibitor Users: A Cross-Sectional Study in Qatar (<u>Asmaa Ibrahim</u>, Ahmed Mahfouz, Ahmed Elbardissy, Kazeem Yusuff, Ahmed Awaisu, Hazem Elewa) - A Multicenter Randomized Controlled Trial of Antimicrobial Prophylaxis to Prevent Urinary Tract Infections after Shockwave Lithotripsy for Urolithiasis: The APPEAL Trial (<u>Zeenah Abdulmajid</u>, Mohamed Abdelkareem, Muna Al-Saadi, Kari AO Tikkinen, Salam A Hussain, Mohamed Ahmed AbdElAziz, Khalid Al-Rumaihi) - Uncovering an Invisible Driver - Mild Hypercortisolism as an Under-Recognized Cause of Insulin Resistance: A Systematic Review (<u>Hadeel Yousef Odeh</u>, Mohammed Husham Ahmed, Nabaa Mustafa Al Munshee) - Loxoscelism-Associated Autoimmune Hemolytic Anemia: A Case Report and Literature Review (Rowan Mesilhy, <u>Alaa Abdelhamid</u>, Ahmed Albatayneh, Abdulrahman Adi, Amina Bensaoua, Amin Ur Rahman) - Letrozole-Induced Electrolyte Imbalance: A Rare Case Report (<u>Nabaa Mustafa Al Munshee</u>, Hadeel Yousef Odeh, Mohammed Husham Ahmed, Yusuf Aydin) 	<p>Board 8:</p> <p>1094</p> <p>771</p> <p>678</p> <p>620</p> <p>791</p> <p>783</p>
<p>P-3 Board 9:</p> <ul style="list-style-type: none"> - Ambulatory Blood Pressure Monitoring (ABPM) in Adults with Type-2 Diabetes Mellitus: A tertiary Center Experience in Qatar (<u>Islam Elzouki</u>, Mortada Razok, Ahmed Abughalia, Fakhruddin Almuzghi, Elmukhtar Habas, Arif Mutwali, Abdelnaser Elzouki) - Identifying Gaps and Opportunities in Type 2 Diabetes Care: Insights from a Baseline Audit (<u>Ansif Pallath Majeed</u>, Niyaz Panakaje, Shajitha Thekke Veetil, Kiran Harikumar, Hanan Al Mujalli, Abdul Ali Shah, Noora Jassim AlKubaisi) - Turning Down Cortisol, Turning Back Diabetes: A Narrative Review Exploring the Reversibility of Type 2 Diabetes in Mild Hypercortisolism (<u>Hadeel Yousef Odeh</u>, Nabaa Mustafa Al Munshee, Mohammed Husham Ahmed) - The Escalating Burden of Type 2 Diabetes in the Middle East: Epidemiology, Risk Profile, and Culturally Adapted Prevention (<u>Dakhli Kaouthar</u>, Crina Cristina Solomon Radu) - Comparison of Clinical Course, Hospital Stay, and Mortality Between Diabetic and Non-Diabetic Adult Inpatients With COVID-19 in Muscat, Oman (<u>Ruqaia Mohammed Al-Hinai</u>, Redha Issa Al-Lawati, Nabil Mohammed Al-Lawati) - Statin Utilization in Type-2 Diabetes: Are We Meeting the Guidelines? An Audit from a Tertiary Medical Center in Qatar (<u>Islam Elzouki</u>, Noor Jasim, Ahmed Aboughalia, Gamal Alforti, Mohammed Danjuma, Ali Rahil, Abdel-Naser Elzouki) 	<p>Board 9:</p> <p>974</p> <p>456</p> <p>774</p> <p>927</p> <p>1092</p> <p>1051</p>

P-3 Board 10:	Board 10:
- From Simulation to Safety: A Structured, Simulation-Based Approach to Managing Obstetric Emergencies (Tamara Alshdafat, Hanen Mrabet, Mohammad Gaber, <u>Rahma Guiseni</u> , Salwa Alrawaili, Parwaneh Alshibani, Khuloud Mohammad, Moayyad Younis)	342
- Towards Zero Blood Culture Contamination: Cultivating Quality and Safety in Maternal Care (<u>Hanen Mrabet</u> , Sufia Athar, Neena George, Tamara Alshdafat, Salwa Alrawaili, Parwaneh Alshibani, Khuloud Mohammad, Moayyad Younis)	343
- Relationship Between the History of Cesarean Delivery and the Risk of a Subsequent Preterm Birth (Maryam Ali Mukhtar Abdalla, <u>Sidra Abdul Moqeeth</u> , Salma Mohamed Elsayed Mohamed, Meera Ahmed Alhammadi, Ayesha Gulzar, Lulwa Fuad Abdulla Ebrahim Hasan Kamal, Abdulaziz Omar AlQahtani, Lubna A Zar, Habib Hasan Farooqui)	426
- Pregnancy Outcomes Following Maternal Exposure to Betahistine: A Retrospective Cohort Study in Qatar (<u>Doua Alsaad</u> , Afif Ahmed, Wessam ElKassem, Ahmed Moursi, Muna AlSaadi, Fathima Minisha)	555
- Refractory Intrahepatic Cholestasis of Pregnancy in Twin Gestation Managed with Ursodeoxycholic Acid and Adjunctive Cholestyramine: A Case Report (<u>Samah Ahmad ElSalem</u> , Sadia Mehmood, Afif Mohamed Ali Ahmed Ma, Muna Salih MN Al-Saadi)	594
- The Use of Intramuscular Methotrexate for patients with Tubal Ectopic Pregnancy: A Drug Use Evaluation (<u>Samah Ahmad ElSalem</u> , Muna Salih MN Al-Saadi)	595

1:00 pm – 3:00 pm	Abstract oral presentations – Session O-3 (15) Gastroenterology, Nephrology, Oncology & Hematology, Genomics, Cardiovascular diseases, Pulmonology, Infectious Diseases, and Primary care Moderators: Dr Fatma Ben Abid & Dr Anand Kartha, HMC, Qatar	Abstract number
	- Treatment delay and Multidrug Resistance Drive Mortality in Spontaneous Bacterial Peritonitis in patients with liver cirrhosis: A Tertiary Center Experience from Qatar (<u>Islam Elzouki</u> , Hussam Almasri, Anas Ashour, Mohammed Atta, Anas Alamami, Abdelnaser Elzouki)	1015
	- Disconnected Pancreatic Duct Syndrome: An Overlooked Cause of Recurrent Pancreatic Suffering (<u>Mohamed H Fadol</u> , Shafee S Almahi, Gaafar Manhal)	1095
	- Efficacy and Safety of Guselkumab versus Ustekinumab and Placebo in Crohn's Disease: A Systematic Review and Meta-Analysis of Randomized Clinical Trials (<u>Mus'ab Theeb Mustafa</u> , Ahmad Alazzam, Dema Alzu'bi, Raneem Abuqtaish, Dua Abuqtaish)	629
	- The Long-term Outcome of Patient with Immunoglobulin A Nephropathy at University Medical City Hospital and Royal Hospital (<u>Maryam Al-Mahrouqi</u> , Ali Al-Lawati, Issa Al-Salmi)	656
	- Impact of Antimicrobial Stewardship Programs on Dialysis Patients: A Systematic Review (<u>Tarek Issa</u> , Ahmed Habibullah, Fadel Alhammoud, Walid Kouidri, Usman Abubakar)	782
	- Whole-Exome Sequencing with Phenotype-Driven Enrichment Highlights Mucin O-glycosylation and Innate Immune Axes in Syndromic Hidradenitis Suppurativa (Paola Maura Tricarico, Chiara Moltrasio, Angelo Valerio Marzano, <u>Sergio Crovella</u>)	538
	- Efficacy and Safety of CD19 CAR T-Cell Therapy in Relapsed/Refractory Follicular Lymphoma: A Systematic Review and Meta-analysis (Leen Haj Saleh, <u>Aly Adel Ata</u> , Farah Alshaboul, Awab Alani, Medhat Askar)	634
	- Trends of Positive Cervical Smear Results and Potential Risk Factors Among Women Who Underwent Cervical Cancer Screening in Qatar, 2018 – 2024 (<u>Lubna Zar</u> , Amna Zar, Deemah Assami, Fatima R Alsharif, Menatalla Metwally Said, Sara Mohsen, Ehab Hamed, Salma M Khaled, Tanya Kane)	188
	- Monocyte-to-HDL Ratio (MHR) as a Novel Biomarker: Reference Ranges and Associations with Inflammatory Diseases and Disease-Specific Mortality (<u>Ahmed Arabi</u> , Alaa Abdelhamid, Dima Nasrallah, Yaman Al-Haneedi, Deemah Assami, Raneem Alsheikh, Susu M Zughaier)	041
	- A Complex Journey After Double Outlet Right Ventricle Repair: Recurrent Infective Endocarditis, Pulmonary Embolism, and Conduit Degeneration: A Case Report (<u>Abdul Fattah Salem</u> , Youssef W Ahmed, Abdelrahman H Ahmed, Mohamed H Ahmed)	1082
	- Bypassing Pleural Aspiration to Tissue Diagnosis in Suspected Pleural Malignancy: Development and External Validation of a Predictive Model Using Supervised Machine Learning (<u>Adhnan Omar</u> , Artemio Gonzales, Alina Ionescu)	310 (online)
	- Predictors of Clinical Cure Among Bacteremic Urinary Tract Infection Patients with Resistant versus Sensitive organisms (Adila Kashaf, <u>Mohannad Faisal</u> , Sara Ablushi, Walid Alwali, Masautso Chaponda)	1058

	<p>- Serogroup W invasive meningococcal disease outbreak in Qatar following travel to Umrah (<u>Fatma Ben Abid</u>, Ajithkumar Valooparambil Ittaman, Emad Basheir Ibrahim, Walid Al-Wali, Manal Mahmoud Mohamed Hamed, Amal Abdellatif, Masautso Chaponda, Mohammad Jamil Khatatneh, Alaa Hassan, Hamad Eid HR Al-Romaihi, Clement Kin-Ming Tsui, Hamad Abdel Hadi, Muna Al Maslamani)</p> <p>- Impact of Antimicrobial resistance on mortality globally-systematic review and meta-analysis (<u>Firdous Fatima</u>, Siddique Mashhood Ahmed, Nivein AbuRmilah)</p> <p>- Developing a Comprehensive Ministry of Public Health-Aligned Antimicrobial Stewardship Audit Tool in a Primary Healthcare Setting in Qatar (Charmaine D'Souza, <u>Iyad Bardaweel</u>, Mohamad Hamad Al-Naemi, Francis Lence Agcaoili, Patrick Paloma Linchangco, Hala Ali)</p>	<p>277</p> <p>772</p> <p>732</p>
3:30 pm – 4:00 pm	<p>Abstract oral presentations – Session O-4 (4)</p> <p>Surgery</p> <p>Moderators: Dr Syed Ghouri & Dr Sajid Chalihadan, HMC, Qatar</p>	Abstract number
	<p>- Vitamin D Deficiency and Risk of Surgical Site Infections: A Retrospective Chart Review from a Tertiary Care Center in Qatar (Rana Farsakoury, <u>Ahmad Hamdan</u>, Muhammad Naseem Khan, Habib H Farooqui, Sara Al Harami, Susu M Zughaier)</p> <p>- Artificial Intelligence-Enhanced Augmented Reality Guidance to Reduce Errors in Laparoscopic Surgery: A Prospective Simulation Study (<u>Mohamed Kahna</u>, Maya Antoun, Ahmed Chelbi)</p> <p>- Bariatric Surgery and Cancer Risk: A Systematic Review and Machine Learning Perspective (<u>Soumaya Allouch</u>, Adiba Tabassum Chowdhury, Amshiya Mohammedkasim, Noushin Anan, Muhammad Chowdhury, Aisha Naeem, Shona Pedersen)</p> <p>- Time-Resolved Hormonal Adaptations After Bariatric Surgery: A Dose Response Meta-Analysis (<u>Mohamed Badie Ahmed</u>, Youssuf Khanafer, Mohamed A Abdelsalam, Ayman Dalol, Humam Emad Rajha, Asma Syed, Abeer Alsherawi, Suhail A Doi, Abdella M Habib)</p>	<p>380</p> <p>444</p> <p>578</p> <p>1061</p>

4:00 pm – 6:00 pm	<p>Abstract poster presentations – Session P-4</p> <p>Physiotherapy, Nursing, Pharmacy, Public Health, Primary Care, Patient Safety, Geriatrics, Home Care, Mental Health, Public Health, Occupational Health, Education, Technology and AI, Neurology, Dermatology, and Genomics</p> <p>Moderator: Prof Guillaume Alinier, HMC, Qatar and panel of judges</p>	Abstract number
<p>P-4 Board 1:</p> <ul style="list-style-type: none"> - Association of Gait Speed with Walking and Stair Climbing Function Among Patients with Stroke: A Correlational Study (<u>Qamer Iqbal</u>, Zulfeequer Chundan, Mir Shad Ali) - Pulmonary Rehabilitation in Qatar Rehabilitation Institute Outpatient Department: A Promising Program Yet to Reach Full Potential (<u>Mir Shad Ali</u>, Al-Madzhar Jundam Ahmadul, Ajith Jacob Ninan) - Enhancing Shoulder Function in Subacromial Impingement Syndrome Through a Structured Exercise Approach (<u>Reshma Shashank Gurav</u>, Sadia Kazi, Afifa Sadaani, Femila AbdulRezak, Manisha Shenoy, Bhavana Mhatre) - Person-Centred Care in Physiotherapy: Bridging Clinical Outcomes with Compassionate Practice (<u>Hussein MA Zia</u>, Abdullah AH Al Shamii, Fatima AM Mustafa, Rami Mazbouh) - Strategies to Boost Patients Commitment to a Home Exercises Program at an Adult Day-Care Rehabilitation Unit: A Quality Improvement Project (<u>Esraa Almahzoumi</u>, Fatma Jassim Al-Kuwari, Adeeb Makdesi, Islam Bakry, Qamer Iqbal, Bassam Ismail, Karl Baguio, Basim Abughalieh) - Transforming Care Implementing Positive Behavior Support and Behavioral Activation to Improve Outcomes in a Rehabilitation Setting (<u>Ahmed Mohamed Younes</u>, Amal Salman Alobaidli, Ayan Mohamed Ahmed Shire, Mohamed Ismail Aly, Mohamed Ali Ahmed) - Effectiveness of Circuit Class Training Program in Enhancing Functional Outcomes and Reducing Length of Stay in Patients Following Stroke in Qatar Rehabilitation Institute, Qatar (<u>Manoj Kumar Muniraj</u>, Amjad Annethattil, Ahmadul Al-Madzhar Jundam) <p>From Silence to Sound: Transforming Patient Care Through Speaking Valve Education for Nurses (<u>Reuben Thomas Varghese</u>, Asla Husni, Mohammed Sajid Hussain, Eman Yousef Al-Mulla)</p> <ul style="list-style-type: none"> - Personalized Rehabilitation for Social Inclusion: Centering Patient's Interests (<u>Maram Al-Barghothi</u>, Fatma Al-Kuwari, Islam Bakry, Esraa Al-Makhzomi) - Safe at Home: A Person-Centered Home Care Model to Reduce Hospital Readmissions in Qatar – A Two-Year Quality Improvement Initiative (<u>Monika Bisht</u>, Janet Kariuki, Roji Masih) - Breathe Safe: Supporting Successful Home Transitions for Complex Care Patients from a Pediatric Long-term Care Unit in Doha, Qatar (<u>Ambily Stanley</u>, Ayat Alsmadi, Aji Varughese, Hajar Ruqibat, Reem Mohammed, Parwaneh Shibani, Amneh Ahmed) - Evidence Based Practice and Standardized Outcome Measures in Stroke Rehabilitation in Qatar: A Survey among Physiotherapists' Current Practice (<u>Amjad Annethattil</u>, Al-Madzhar Jundam Ahmadul, Ajimsha Mohammed Sharafudeen, Zulfeequer Chundan Veetil) 	<p>Board 1:</p> <p>702</p> <p>957</p> <p>1068</p> <p>923</p> <p>1111</p> <p>1103</p> <p>648</p> <p>579</p> <p>412</p> <p>642</p> <p>987</p> <p>643</p>	

P-4 Board 2:	Board 2:
- Reducing Hospital Linen Utilization Through Sustainable Green Room Practices: A Pilot Initiative (<u>Thabit Melhem</u> , Abdulqadir Jeprel Japer Nashwan, Mariam Nooh JH Al-Mutawa, Alanoud Hamad RN Al-Marri, Saadiya Ahmad SA Alhebail, Parwaneh Elias Shibani, Emad Mraweh Mohammed Mustafa, Dyna Shajan George, Ahmad Taleb Ali Al Nsour, Dimitry Oganessian, Nadia Mohammed Al-Mansoor, Allwyn Pinto)	052
- Collaborative Care for Safer Shorter Stays (<u>Chithra Maria Joseph</u> , Rida Moh'd Odeh AM Al-Balawi, Adnan Anwar Ahmad Al-Akkam, Bejoy Varghese)	565
- Assessing the Impact of Bedside Medication Delivery for Discharged Patients at Tertiary Hospital in Hamad Medical Corporation in Qatar (Lorean Culaton, Amal Abdullah, Hanan Khalifa, Sarra Mohamed, Soha Abougazar, Muna Al-Saadi)	1120
- Innovative Economic Modeling of Telemedicine to Reduce Hospital Readmissions: A Framework for Efficiency and Cost Optimization (<u>Mohannad Mahmoud Alarqan</u>)	946 (online)
- Scaling Protocols: Personalizing Every Patient (<u>Chithra Maria Joseph</u> , Rida Moh'd Odeh AM Al-Balawi, Adnan Anwar Ahmad Al-Akkam, Bejoy Varghese)	566
- Bridging Digital Gaps in Qatar's Neurosurgery Unit Patient Education (<u>Chithra Maria Joseph</u> , Rida Moh'd Odeh AM Al-Balawi, Adnan Anwar Ahmad Al-Akkam, Bejoy Varghese)	567
- Beyond Boundaries: A Personalized Path to Maximize Cervical Collar Effectiveness (<u>Chithra Maria Joseph</u> , Rida Moh'd Odeh AM Al-Balawi, Adnan Anwar Ahmad Al-Akkam, Bejoy Varghese)	540
- Chronic Disease Management through Communication as a Leadership Tool: A Regional Perspective from the Middle East and North Africa (MENA) (<u>Faiza Mohamed Ibrahim</u> , Dirk Deleu, Michael Joseph Paratharayil, Sofija Sancanin, Sanaa Alsulaiti, Dawoud Jamous)	494
- Identification of a Missense Variant in DSP Gene in a PASH Patient Reveals a Potential Involvement of Skin Barrier Function in HS-Related Autoinflammatory Syndromes (Chiara Moltrasio, Paola Maura Tricarico, Rossella Gratton, Angelo Valerio Marzano, <u>Sergio Crovella</u>)	569
- Evaluating Diagnostic Challenges and Early Risk Stratification in Skin of Color Patients with SJS/TEN at Hamad Medical Corporation, Qatar (<u>Noof Al Khal</u> , Salwa Al-Maraghi, Wadha Al-Fahaidi, Martin Steinhoff, Badria Al-Mahmoud, Hanan Al-Maslamani, Sara Al-Khawaga)	965

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- Optimizing Proton Pump Inhibitors (PPIs) Use in Rumailah Hospital Inpatient Units (<u>Noor Abushameh</u> , Mohamed Sherbash, Ameena Alyazeedi)	704
- An outpatient Pharmacy-Led Medication Education: Advancing Patient Engagement and Experience in Qatar (<u>Mahmoud Mohamed</u> , Soha AbuGaza, Mahmoud Adel, Salem Abunahia, Mun Alsaadi)	985
- Optimizing Safety, Efficiency, and Cost effective in Fentanyl Epidural Preparation Through Quality Improvement (Mohamed Abdelaziz, Samah AbuZaineh, <u>Abdalla Isameldin</u> , Tasnim Ghandor, Raghad Kassem, Rawdah Abou-Shakfa, Hajar Al Qamachi, Muna Alsaadi)	1138
- Rehabilitation Initiatives to Enhance Return-to-Work Efficiency (<u>Islam Bakry</u> , Fatma Jassim Al-Kuwari, Rafat Saad, Moussab Al Alwah, Qamer Iqbal, Bassam Ismail, Karl Baguio, and Basim Abughalieh)	483
- Evaluating the Effectiveness of Health and Wellness Improvement Program for Staff at Qatar Rehabilitation Institute: A Qualitative Analysis (<u>Shefeena Ahamed Sherafudeen</u> , Najla Qaid Al Tairi Zahra Salman Abedini, Al Maha Abdulla Al Shammaa)	1013
- Enhancing Well-Being in Nursing and Midwifery: The Transformative Power of Emotional Intelligence (Hanan Mrabet, <u>Sufia Athar</u> , Charles Wesley, Tamara Alshdafat, Salwa Alrawaili)	921
- Development and Integration of Specialized Women's Mental Health Services in Qatar: A National Model for Culturally Responsive Care (<u>Sazgar Hamad</u> , Pratyaksha Sinha, Yousaf Iqbal, Mais Hammoud, Omer Dulaimy, Maha Alsubaiey, Katja Smith, Majid Al Abdulla)	442
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- A National Comparison of Psychiatric Presentations Between Migrant Workers and Qatari Nationals: Implications for Culturally Sensitive Nursing Care (<u>Ahmed Mohamed Younes</u> , Javed Latoo, Ovais Wadoo, Yousaf Iqbal, Faisal Khan)	1109

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- Integrating Pharmacy Automation and Multidisciplinary Workflow to Reduce Out-Patient Pharmacy Waiting Time in Qatar (Ala Hameed Mansour Kadhi, Soha Gomaa Gazar, Mahmoud Adel Mansour, Muna Salih M N Al-Saadi)	1117
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- Clinician-Led Primary Care Dashboard in Qatar: Year-on-Year (Q3 2024 vs Q3 2025) Performance on Priority Health System Performance Assessment Domains (Charmaine D'Souza, <u>Francis Lence Agcaoili</u> , Mohamad Hamad Al-Naemi, Patrick Paloma Linchangco, Xerxes Tadina, Riya Kuruvilla, Ramesh Kumar Ravindran Nair, Shiela Marie Galang Sillona)	690
- Closing Immunization Gaps: Our Experience as a Multi-Nationality Community with High Resident Turnover Rate (Charmaine D'Souza, <u>Amani Ghasoub</u> , Mohamad Hamad Al-Naemi, Marie Kris Datinguinoo, Elizabeth Joseph, Francis Lence Agcaoili)	971
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- Extent of Caring Nurse-Patient Interactions and their Relationship with Patient Satisfaction in Home Health Care (<u>Abdulkarim O Agga</u>)	628
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- Beyond Teaching: Experiences of Nurse Preceptors in Training New Nurses in Qatar (<u>Bejoy Varghese</u> , Rida Moh'd Odeh AM Al-Balawi, Chithra Maria Joseph, Adnan Anwar Ahmad Al-Akkam, Albara Mohammad Ali Alomari, Esmat Swallmeh)	495
- Effectiveness of an Evidence-Based Practice Educational Program on Nurses' Evidence-Based Practice and Critical Thinking Competencies: Empirical Quantitative Research (<u>Kiran Patil</u> , Badriya Al-Lenjawi, Surekha Kiran Patil, Charles Wesley Devanesana, Kalpana Singh)	925
- Efficacy of a Structured Training Program on Disaster Management Knowledge and Skills among Primary Healthcare Nurses in Qatar (<u>Ahmed Mohamed Younes</u> , Amal Salman Alobaidli, Ayan Mohamed Ahmed Shire, Idris Fornah, Mohamed Ismail Aly, Mohamed Ali Ahmed)	1097
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- Electronic Medical Records: Innovations for Death Notification in Elderly Patients (<u>Salma Bent Nasr Filali</u> , Ananthi Maharaj, Ruby Untalasco, Rhia Cristina Tosino, Esmat Swallmeh, Hanaa Mohammed Ezzat)	481
- Improving Clinical Documentation Through Standardized Electronic Health Records Templates in Internal Medicine at Hamad Medical Corporation, in Qatar (Abdulla Al-Suwaidi, Mohammed Habibullah, Talal Al-Marwani, Raza Akbar)	427
- Point-of-Care Run Charts: A User-Friendly Shiny App and Power BI Prototype (Mohamed Sherbash)	459
- From Rigid Boards to Real-Time Insight: Digitising Unit Dashboards to Reclaim Time for Care - A Cost-Effectiveness Quality Improvement Initiative (<u>Esmat Swallmeh</u> , Sharaban Mohd, Alaa Zuhair Masarweh)	533
- Predicting Inpatient Deterioration Risk Using Machine Learning for Patients Admitted to General Medicine (<u>Said Al Jaadi</u> , Abdullah Al Alawi, Laila Al Wahaibi, Mohammed Al-Hinai, Haneen Hafiz Gaffar)	492
- AI-Augmented Triage System for Real-Time Prioritization of Emergency Patients to Improve Clinical Outcomes and Reduce Overcrowding (<u>Ashraf Al Safa</u>)	1075
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- Barriers to Implementing Artificial Intelligence in Hospital Pharmacy Practice: Findings from a Cross-Sectional Study in Qatar (<u>Sara Shabana</u> , Afif Ahmed, Muna Alsaadi)	684
- Optimizing the Harnessing of Virtual-Reality Technology for Balance Training by Patients of Adult Day Care Rehabilitation Unit in Qatar Rehabilitation Institute (<u>Bassam Abdelmaged Esmail</u> , Fatma Al-Kuwari, Angela van Osnabrugge, Islam Ahmed Bakry, Hibah Ksouri, Moaaz Khalil, Adeeb Makdesi)	571
- Feasibility, Acceptability, and Preliminary Effects of a Cognitive Behavioural Therapy Mobile App Intervention Incorporating Faith-Based Techniques for Managing Depressive Symptoms in Muslim Populations (<u>Nawal Yousaf</u> , Trudie Chalder, Ahmed Hankir)	1151

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- Effectiveness of Adaptive Digital Interventions Triggered by Passive Sensing for Sleep Improvement in Adults: A Systematic Review and Meta-Analysis (<u>Anees Alyafei</u> , Aysha Hussein, Sara T Al Abdulla)	345
- AI-Driven Quality Control for Retinal Imaging: Enhancing Data Integrity for Precision Medicine (<u>Mohammed Bilal Shakeel</u> , Sneha P Chandran, Raghad Alqirshi)	274
- Diagnostic Accuracy of AI-Based Coronary CT Angiography Compared with Invasive FFR in Coronary Artery Disease: A Meta-Analysis (<u>Yara Allo</u> , Samaa AlBaik, Aya Rudwan, Rayan Damaj)	284 (online)
- Predicting Susceptibility to Low BMD Across Multiple Skeletal Sites: A Machine Learning Analysis for Qatari population (<u>Nedhal Al-Husaini</u> , Rozaimi Razali, Atiyeh M Abdallah)	611
- Diagnostic Accuracy of Artificial Intelligence for Volumetric Measurement of Renal Stones: A Systematic Review and Meta-Analysis (<u>May Hamdi</u> , Aly Ata, Awab Al-Ani, Fawaz Shaik, Mohammed Ibrahim, Morshed Salah, Suhail Doi, Susu Zughaier)	926
- Artificial Intelligence for Predicting Treatment Response, Relapse, and Toxicity in Hematologic Malignancies: A Systematic Review (<u>Hadeel Yousef Odeh</u> , Mohammed Husham Ahmed, Nabaa Mustafa Al Munshee, Arwa Kamel Al-Sayed)	820
- AI Models (Support Vector Machine and Logistic Regression) in Predicting Treatment Response in Fibromyalgia Using Self-Reported Outcome: A Systematic Review (<u>Arwa Kamel Elsayed</u> , Hadeel Yousef Odeh)	1034
- Artificial Intelligence Digital Twin Models for Early Prediction Multi-Organ Dysfunction Syndrome in Critically Ill Patients: A Systematic Review (<u>Hadeel Yousef Odeh</u> , Mohammed Husham Ahmed, Arwa Kamel Al-Sayed, Nabaa Mustafa Al Munshee)	1047
- A Child-Centered Digital Infotainment Intervention to Enhance Pediatric Experience and Engagement (<u>Ghadeer Mustafa</u> , Parwaneh Shibani, Salwa Al Rawaili, Ayat Alsmadi, Anitha Stephen, Aji Varughese, Ambily Stanley, Hajar Mowafaq Mamduh Ruqibat)	906
- Optimizing Patient Flow and Improving Efficiency: Adult Outpatient Dietetics Clinic Waiting Time in the Qatar Rehabilitation Institute (2024–2025) (<u>Najla Qaid Al Tairi</u> , Shefeena Ahamed Sherafudeen, <u>Zahra Salman Abedini</u> , Hadia Abass)	989
- Quality Improvement Project to Reduce the 'No Show' rate in a Gastrointestinal Dietitian Clinic (Naeema Hassan Aldahneem, <u>Eman Hassan Abu Hassan</u> , Saada Said Majid, Zoyna Altaf Khatri)	556
- Reduce No-Show Appointment Among Adult Outpatient Dietitian Clinic at Qatar Rehabilitation Institute (QRI) (2024–2025) (<u>Najla Qaid Al Tairi</u> , Reham Mousa Al Dam, Zainab Bint Jamal Dookhy, Al Maha Abdulla Al Shammaa)	973

P-4 Board 10:	Board 10:
- Examining Depression, Antidepressants Use, and Class and their Potential Associations with Osteoporosis and Fractures in Adult Women: Results from Ten NHANES Cohorts (Humam Emad Rajha, Reem Abdelaal, Khoulood Charfi, Aisha O Alemadi, <u>Alyaa S Al-Sheraim</u> , Mubarak A Al-Maadid, Youssef Louati)	706
- Effect of Melatonin Versus Placebo for the Prevention of Delirium Among Hospitalized Elderly Patients: Preliminary Results from a Double-Blind Randomized Controlled Trial (RESTORE) (<u>Abdullah M Al Alawi</u> , Salim Al Busaidi, Rajaa Saleh Al Farsi, Sara Al Rasbi, Khalfan Al Zeedy, Aisha Ramadhan Al Huraizi, Juhaina Salim Al-Maqbali)	756
- Physiotherapy Interventions for Delirium in Hospitalized Older Adults: A Narrative Review of Early Mobilization and Multicomponent Exercise (Mohammed Ahmed Ali Qasem)	967
- Assessing Knowledge, Attitudes, and Barriers to Assistive Device Use in the Elderly: Implications for Mental Health and Quality of Life (<u>Ahmed Mohamed Younes</u> , Amal Salman Alobaidli, Ayan Mohamed Ahmed Shire, Mohamed Ismail Aly, Mohamed Ali Ahmed)	1104
- Outpatient Clinical Pharmacy Service to Reduce Polypharmacy in Geriatric Patients: A Quality Improvement Report from Rumailah Hospital (Jan-July 2025) (<u>Ameena Alyazeedi</u> , Mohamed Sherbash, Ahmed Foad, Mohamed Magdy, Mahmoud Refae, Naseer Masoodi, Elhussain Ghoneim, Amin Abdelghany)	810
- Muscle Ultrasound as a Functional and Survival Prognostic Tool in Older Adults with Hip Fracture: Insights from a Prospective Observational Study (Hanadi Al Hamad, <u>Navas Nadukkandiyil</u> , Jorge Luis Passarelli)	1002
- Pioneering Orthogeriatric Care in the Gulf Region: Outcomes and Benchmarking from Qatar's Orthogeriatric Model of Care in Hip Fracture Management (Jorge Luis Passarelli Gandara, <u>Ahmad Musa Hussein Mussalam</u> , Arturo Vilches-Moraga, Brijesh Sathian, Haroon Ahmed Saleh, Hanadi Al Hamad)	1011
- The Qatari Experience with Assisted Home Hemodialysis: Outcomes and Efficacy in a Frail, Elderly Cohort (<u>Mohamed Yahya</u> , Fadumo Yasin, Hoda Tolba, Fadwa Al-Ali, Mostafa Fotooh, Abdullah Hamad, Hasan Al-Malki)	421
- Sedative-Hypnotic Use and its Association with Osteoporosis and Fractures (<u>Omar Sorour</u> , Humam Rajha, Belal Kassem, Omar Tluli, Yaman Al-Haneedi, Giridhara Rathnaiah Babu)	815
- An Explorative Study to Assess the Factors Affecting the Performance of Cardiopulmonary Resuscitation Among In-patient Pediatric Nurses at Hamad Medical Corporation (<u>Samiya Mohamed Hassan</u> , Kalpana Singh, Surekha Kiran Patil, Amudha Pattabi)	1129
- Saving Young Lives: Al Wakra Hospital Team-Based Simulation Approach to Pediatric Resuscitation (<u>Ghadeer Mustafa</u> , Shihab Ameen, Khaled El Shafey, Fatma Serag Eldin M Elayouti, Neema D Souza, Nina Rachel Reyes-Arbo, Lorna Lorenzo, Mohamed Aboudonya)	899
- Improving Pediatric Resuscitation Response Among Frontline Providers: A Multidisciplinary Quality-Improvement Study (<u>Mohamed Elsayed Saad Aboudonya</u> , John Tobin, Lorna Cynthia Lorenzo, Ghadeer Mustafa, Khalid Alshafey, Shihab Ameen)	063

Day 3 – Saturday 31/01/2026

Track 3 (Abstract presentations)

8:00 am – 10:00 am	Abstract oral presentations – Session O-5 (15) Technology and AI, Education, Public Health, and Occupational Health Moderators: Mrs Sonia Bounouh & Dr Emad Almomani, HMC, Qatar	Abstract number
	– The Use of Artificial Intelligence in Healthcare among the Gulf Cooperation Council Countries: A Scoping Review and Evidence Gap Map (<u>Amit Abraham</u> , Pooja Sajish, Karima Chaabna, Sohaila Cheema, Ravinder Mamtani)	807
	– Interpretable Machine Learning for Glioma Subtype and Grade Classification via SHAP-Guided Gene Expression Analysis (<u>Ghaya Al-Rumaihi</u> , Md Shaheenur Islam Sumon, Ahmed Hassanein, Muhammad EH Chowdhury, Shona Pedersen)	1052
	– Decoding Insulin Resistance: AI and Digital Twins for Mechanism-Driven Precision Therapy: A Systematic Review (<u>Hadeel Yousef Odeh</u> , Mohammed Husham Ahmed, Arwa Kamel Al-Sayed, Nabaa Mustafa Al Munshee)	1026
	– Enhancing Digital Equity and Accessibility in Long-Term Pediatric Care through Eye-Gaze Technology in Al Maha Pediatric Specialized Care Center (Hajar Ruqibat, <u>Ayat Alsmadi</u> , Showbeez Pallam, Aji Varughese, Reem Babiker, Ameneh Ahmad, Parwaneh Shibani)	979
	– Perceptions of AI-Enhanced Objective Structured Clinical Examinations in Pharmacy Education: A Qualitative Study (Ziad G Nasr, Abrar Mohamed1 Hebatalla Almarri, Najwa Amir, Roaa Rustom, Lana Kattan, Sara Abulola)	549
	– Learner-Centered Simulation Debriefing Model for Interprofessional Health Profession Education (<u>Emad Almomani</u> , Jacqueline Sullivan, Omar Saadeh, Emad Mustafa, Natalie Pattison, Guillaume Alinier)	536
	– Exploring the Impact of Medical Student Research on Residency Match Outcomes: A Scoping Review of Program Director Perspectives and Specialty Trends (<u>Raabail Khawaja</u> , Maram Elzayyat, Jeongeun Park, Syed Imran Ghouri, Abdel Rehim El-Tayeh)	653
	– When Mistreatment Becomes the Norm: Exploring the Cultural Normalization and Impact of Negative Behaviors in Postgraduate Medical Education in Qatar (<u>Fatima A. Al-Jassim</u> , Shireen Suliman, Yaser M Ata, Mai Elaarag, Pocholo Isidro, Ahammed Palliyali, Abdulla Al Naimi)	658
	– Strengthening Lebanon's Health System: Lessons from Recent Conflict and the Path to Recovery (Nadeen Hilal, <u>Solara Sinno</u> , Wahida Ghalayini, Hicham Fawaz, Myriam Sassine)	1152
	– Exploring Stakeholder Perceptions of Corporate Social Responsibility of a Middle Eastern Ambulance Service (Amir Fakhfakh, Padarath Gangaram, Nellie Naranjee, James Loughton, Hassan Farhat, Ian Howard, Guillaume Alinier)	977
	– Psychosocial Wellness Intervention for Nurses: A Quasi-Experimental Study on Psychological Empowerment, Self-Esteem, and Assertiveness (George V Joy, Atul Deshmukh Kalpana Singh, Abdulqadir J Nashwan, Badriya Al-Lenjawi)	023
	– Investing in Nurse Well-Being Pays Off: Cost-effective back-pain prevention enhances care quality and workforce satisfaction in a long-term care facility (Doha, Qatar) (<u>Nagwa Ahmed Babikir Mohd</u> , Esmat Swallmeh, Sharaban Mohd, Alaa Zuhair Masarweh)	514
	– Cross-Cultural Investigation of Workplace Loneliness, Work Engagement, and Organizational Citizenship Behaviour Among Nurses: A Multicounty Study (Abdulqadir J Nashwan, <u>George V Joy</u> , Kamaruddeen Mannethodi, Jibin Kunjavara, Ederlie E Pitiquen, Kalpana Singh)	515
	– Healing the Healers: The Effect of Self-Care Skills on Compassion Satisfaction and Fatigue Among Nurses in Hamad Medical Corporation, Qatar (<u>Kiran Patil</u> , Surekha Kiran Patil, Badriya Al-Lenjawi, Shital Mehta, Charles Wesley Devanesan, Kalpana Singh)	622
	– Generalized Anxiety Disorder among Physicians in the Middle East and North Africa Region: A Multinational Cross-Sectional Study (Saadi M Saleh, Weam Aldiban, Alaa Aljamala, Khaled Gadallah, Omar Habib, Mansour Algazar, Omar Abdalazeez, Safia Abdi)	613

10:30 am - 12:00pm	Abstract oral presentations – Session O-6 (13) Geriatrics, Nursing, Midwifery, Mental Health, Pediatrics Moderators: Dr Syed Huda & Dr Ikram Ul Haque, Sidra, Qatar	Abstract number
	- Anti-amyloid monoclonal antibody therapies in Alzheimer's disease - a scoping review (<u>Aous Nasib Al Shibli</u> , Shahd Abubaker Elamin, Abdullah Shaito, Mazyona JMB Al-Maadhadi, Monica Zolezzi, Shona Pedersen)	673
	- Prevalence and Health Outcomes of Frailty, Multimorbidity, and Polypharmacy in Hospitalized Elderly Patients: A Prospective Multicenter Cohort Study (<u>Anan Al-Jabri</u> , Zubaida Al-Falahi, Juhaina Salim Al-Maqbali, Khalfan Al Zeedy, Zaiyana Ambusaidi, Abdullah M Al Alawi, Salim Al-Busaidi)	663
	- Prevalence of Balance Issues, Gait-Related Issues, and Fear of Falling among Older Adults in the Middle East and North Africa: A Systematic Review and Meta-analysis (<u>Karima Chaabna</u> , Anupama Jithesh, Salina Khawaja, Jasmine Aboughanem, Ravinder Mamtani, Sohaila Cheema)	944
	- Sleep Quality for Geriatric Patients: Screening, Education, and Integrated Exercise Program (<u>Mais Ali AlQudah</u> , Ehsan El Hajj, Laith Ismail, Mariam Shoukry, Abdul Rasheed Valappil)	012
	- From Traditional Well-Being to Flourishing: A Frontline-Driven Framework that Rekindles Connection, Meaning, and Builds Better Care in Nursing Practice (<u>Esmat Swallmeh</u> , Sharaban Mohd, Alaa Zuhair Masarweh)	537
	- The Essence of Being with the Midwives: The Lived Experience of Women Receiving Antenatal, Intrapartum, and Immediate Postnatal Midwifery Care in Qatar (Sibongile Marufu, John Paul Ben Silang, Varsha Hariharan, Oladayo Ogunbanjo, Samia Bent Salah ben Khalifa, David Hali de Jesus, Haila Sowayed Johar)	218
	- From Silence to Support: 'Ummomah', Qatar's First Nurse-Led Model for Perinatal Mental Health Care (Tamara Alshdafat, Hanen Mrabet, <u>Jussara Brito</u> , Maylyn Ramos, Salwa Alrawaili, Parwaneh Alshibani, Khuloud Mohammad, Moayyad Younis)	341
	- Dissecting the Gendered Effects of Adverse Childhood Experiences on Lifetime Mental Disorders in Qatar (<u>Ameer Musa</u> , Hajar Al Muraikhi, Shahad Al Shaheen, Hajer Rhouma, Rania Saad, Alalya Al Thani, Noor AlKhorl, Ghalya Al Tamimi)	662
	- The impact of missed and delayed delirium diagnosis in older patients post-surgery: A retrospective cohort study (<u>Rami Kamel Aldwikat</u> , Emily Tomlinson, Elizabeth Manias, Emily Schembri, Patricia Nicholson)	632
	- Post-traumatic Growth and Post-traumatic Stress Disorder Three Years after the Beirut Blast: A Nationwide Online Survey (Afif Mufarrij, Eveline Hitti, Hiba Fadlallah, <u>Hussein Hijazi</u> , Hani Tamim, Hind Anan, Maya Bizri)	211
	- Effect of Adenotonsillectomy, compared to Watchful Waiting, on Physical and Neuro-developmental outcomes in children: A Systematic review and Meta-analysis (Khadija Elbeshti, <u>Rana Ismail</u> , Ahmad Alsulaiti, Mohamed Ahmad, Shahd Hamran, Malak Chebbak, Sherif Elgohary, Razan Rahil, Sara Kaldari, Kinda Albahri, Tawanda Chivese)	194
	- Voices of Change: Integrating Systems, Families, and Innovation to Redefine Pediatric Speech Therapy (<u>Reuben Thomas Varghese</u> , Jamal Mohammed Kutkut, Asha Gopinath, Eman Yousef Al-Mulla)	418
	- "Virtual Autism" and Excessive Screen Exposure in Children Aged 0–3 Years: A Cross-Sectional Study in the Lebanese Context (<u>Hussein Ziab</u> , Issa Al Moussawi, Lama Bendak)	609

Track 4 (Trauma)		
5:30 pm – 6:00 pm	Award for best Oral/Poster trauma presentations	
Track 1		
5:45 pm – 6:00 pm	Award for best Oral/Poster presentations	

