







Middle East Forum on Quality and Safety in Healthcare 2016 Inspiring Innovation in Healthcare

13 - 15 May 2016 QNCC, Doha, Qatar

Managing Patient Deterioration in HMC The Qatar Early Warning System (QEWS)

Dr David Vaughan Dr Ibrahim Fawzy Mr Colin Hackwood

PROGRAM DIRECTOR PROGRAM EXECUTIVE PROGRAM MANAGER

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mprovement

Clinical Significance of QEWS

Describe how such systems *may* fail

Part C Delivery large-scale programs

Current QEWS Performance & Beyond Summary

Background to QEWS

Colin Hackwood

Ibrahim Fawzy

Ibrahim Fawzy

David Vaughan

David Vaughan





Introductions

Part A

Part B

David Vaughan



Session Objectives & Outcomes

- 1) Describe the QEWS safety net system
- 2) Understand the role of Early Warning System in the early detection of clinical deterioration in a patient's condition
- 3) Describe how such systems *may* fail
- 4) Describe how to achieve large scale implementation through the adoption of a systematic framework
- 5) Knowledge of current system performance since introduction across HMC
- 6) Describe how you can improve the performance of your system locally



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Background



- "Unexpected" clinical deterioration occurs commonly in healthcare systems around the world
- Usually preceded by changes in vital signs and other physiological and/or laboratory test derangement
- Respiratory Rate
- Blood Pressure
- Heart Rate
- Mental Status
- Low Glucose



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Reasons for Failure to Rescue

- Monitoring technology only used in certain units
- Ward monitoring is usually intermittent (e.g. q 8)
- Regular assessment by nurse and doctor may be infrequent
- Vital signs measurement may be incomplete
- When VS are abnormal, there may not be a criteria for escalation
- Individual judgment is used, which is often variable
- If alert is issued, may often go through a long chain of command
- Staff may not be available to respond

Jones DA, DeVita MA, Bellomo R. Rapid-response teams. N Engl J Med. 2011 Jul 14;365(2):139–46.



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Pre-Implementation Objectives



- Establish legitimate Corporate-level and Facility governance structures
- Develop policies and protocols to support sustainable implementation;
- Develop a suite of population-specific, standardized observation charts for use by all clinicians in non-continuous monitoring environments;
- A functional Rapid Response System within all facilities;
- An appropriate education model to train to all HMC staff to program requirements;
- A relevant evaluation model that will support continuous professional improvement; and
- An electronic medical record platform that will support improved documentational practices by nurses and physicians.

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Supporting Evidence



The NEW ENGLAND IOURNAL of MEDICINE

REVIEW ARTICLE

CURRENT CONCEPTS

Rapid-Response Teams

Darvl A. Jones, M.D., M.B., B.S., Michael A. DeVita, M.D., and Rinaldo Bellomo, M.D., M.B., B.S.

APID-RESPONSE TEAMS HAVE BEEN INTRODUCED TO INTERVENE IN THE From the Australian and New Zealand care of patients with unexpected clinical deterioration. These teams are key components of rapid-response systems, which have been put in place because of evidence of "failure to rescue" with available clinical services, leading to serious adverse events.1 A serious adverse event may be defined as an unintended injury that is due in part to delayed or incorrect medical management and that exposes the patient to an increased risk of death and results in measurable disability.² Rapidresponse systems aim to improve the safety of hospital-ward patients whose condition is deteriorating. These systems are based on identification of patients at risk, early notification of an identified set of responders, rapid intervention by the response team, and ongoing evaluation of the system's performance and hospital-wide processes of care.1 Rapid-response systems have been implemented in many countries and across the United States,3,4

Rapid-response teams differ from traditional code teams in a number of ways (Table 1). They assess a greater number of hospitalized patients at an earlier stage of clinical deterioration, with the aim of preventing serious adverse events such as cardiac arrests and unexpected deaths. Thus, rapid-response teams assess patients in whom respiratory, neurologic, or cardiac deterioration develops rather than patients who have already had a respiratory or cardiac arrest.5

Whether rapid-response systems are effective is controversial. Their introduction was prompted by five before-and-after comparisons that were single-center studies.6-11 These studies showed a reduction in the rate of cardiac arrests and a greater effect with a greater "dose" of care from the rapid-response team (i.e., a larger number of assessments per 1000 admissions).12 However, a major multicenter, cluster-random-

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Challenges to Implementation

Cultural Logistical Political Anthropological **Social Technical** Medical **Financial**





Program Benefits

Benefits to HMC

Standardized and uniform policy and process for the management of deterioration in the conditions of in-patients

Decreased critical incidence and mortality

Leader of best practice clinical measures within GCC

Reduction of operational costs due to reduction in length of stay

Decreased operational burden



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Comparison Between Code & Rapid Response Teams



Typical Feature	Traditional Code Team	Rapid Response Team
Calling Criteria	No recordable pulse; No recordable BP; Absence of respiratory effort; unresponsive	Low BP; Rapid HR; Respiratory Distress; altered consciousness
Condition that the team assesses and treats	Cardiac Arrest; Respiratory Arrest; Airway Obstruction	Sepsis, pulmonary edema, arrhythmias; respiratory failure
Team Composition	Anesthesia Fellow; ICU Fellow; residents; ICU nurse	Anesthesia Fellow; ICU Fellow; residents; ICU nurse
Call Rate (no/ 1000 admissions)	0.5-5	20-40
In-hospital Mortality (%)	70-90	0-20

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Go Live Dates

Qatar Early Warning System (QEWS)

Deteriorating Patient Response System



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Dr Ibrahim Fawzy

PROGRAM EXECUTIVE

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Slippery Slope of Deterioration



Clinical Reviews & Rapid Response Teams



Clinical Reviews (24/7 coverage) *Defined* the 'home', 'attending' or 'admitting' team

Rapid Responses

(24/7 coverage)

Responders must be capable of identifying and responding to all acute inpatients Must have ACLS certification

Defined

"ideal membership"
Senior physician x 1
Senior/skilled nurse x 1
Respiratory Therapist (as needed) x1





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Governance & Leadership

Jones DA, De Vita MA, Bellomo R. Rapid-response teams. N Engl J Med. 2011 Jul 14;365(2):139-46.



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Afferent Limb Identify Clinical Deterioration

- Are we taking Vital Signs and charting correctly?
- Are we escalating appropriately and timely
- Have we identified plan of care?
- Have we communicated appropriately?
- Have we identified risks in advance?
- Has patient received appropriate care?

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Efferent Limb Response including both team and equipment

- 1. Has team arrived in time?
- 2. Has team the correct members?
- 3. Did team deliver appropriate care?
- 4. Did team debrief?
- 5. Do we do regular simulations

Jones DA, DeVita MA, Bellomo R. Rapid-response teams. N Engl J Med. 2011 Jul 14;365(2):139-46.







Quality improvement, data & audit

- Do we have a clear data collection process (who, when, how etc.?)
- Do we use the data in real time?

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Governance & Leadership

- Is there clear local and organizational governance?
- Are the leaders using the data to drive improvement?

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Mr Colin Hackwood PROGRAM MANAGER

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What was the HMC Framework?



- Separate program of effort into addressable elements
- Benchmark delivery against global evidence
- Establish structures to support delivery
- Identify suitable and influential sponsors
- Identify personnel capable of delivery





The 5 Elements of the QEWS Program



Improvement

Adapted from Between the Flags, Education Strategy& Implementation Guide 2012

The 5 Elements of the QEWS Program







Adapted from Between the Flags, Education Strategy& Implementation Guide 2012

Program Governance



Corporate-level	QEWS Steering Committee
Facility-level	 8 Local QEWS committees established with the following functions: 1. Facility Implementation 2. Performance Monitoring 3. Data Management and Reporting
Corporate Policy	CL 6111 - Recognition And Response To Clinically Deteriorating Patients
Local Protocols	8 Local Facility Protocols developed





Functions



Structure	Role	Notes
Corporate Committee (Multi-disciplinary)	Design, approve strategy, tools and policies	 Four sub committees established; 1. Charts & tools 2. Education 3. Cerner 4. Evaluation and metrics
Local Committees (Multi-disciplinary)	Define local RRT membership, calling mechanism, data collection and escalation of issues	



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The 5 Elements of the QEWS Program





Adapted from Between the Flags, Education Strategy& Implementation Guide 2012



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Charts and Standard Calling Criteria



- Appropriate tool chosen by senior clinicians across HMC
- Based on Between the Flags from New South Wales
- Charts tested on small scale across HMC in various units using PDSA approach and modifications made









Altered Calling Criteria

41

40.5

40

39.5

38.5

38

- 37

- 36.5

36

- 35.5

35

Initial

1.2

1.1

Pupil size in mm

Statut.

print and

Level of Contrioutnes

8.1

Clasgow Com

Scale Score

Pupil Size 22

2

3

Verbal

Motor

TOTAL (3 - 15)

37.5

- 39

2

Qatar Early Warning System (QEWS) Standard Adult General Observation Chart





you get there?

#1 Percent

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is there anything you would like me to do until

Read back a summary of the conversation

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The 5 Elements of the QEWS Program



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Adapted from Between the Flags, Education Strategy& Implementation Guide 2012

Rapid Response Teams



• Each facility must identify its team members and their calling system.

 Most use their code team, but at least one has developed a 24/7 nurse led team

Identify scope of service





Types of RRT in HMC



Facility	Description
1	Consultant-led (anesthesia, medicine, critical care)
2	Specialist who then escalates
3	Critical Care nurse-led
4	Code Blue team



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The 5 Elements of the QEWS Program



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Education & Training Model



Tier	Description	Comments
Level 1	eLearning Module (HITC) Bedsideteaching (NMER)	>11000 completed >90% completed across all facilities
Level 2	A.L.E.R.T (or equivalent)	Training of frontline clinical staff on-going
Level 3	Advanced Life Support	Prioritization of training for RRT members without ALS certification on-going





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Level 1 Education







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Educating Patients & Families





AN IMPORTANT MESSAGE FOR FAMILIES

If you are worried your child is getting sicker, tell your bedside nurse right away If you are still worried that your child needs more help you should follow steps



Further information can be provided by your healthcare team.

رسالة هامة لأهل الطفل

ارًدًا كنت قلق بشأن وفاع طغلك الصعى، قام بإضبار الممرضة المسؤولة عن طغلك قوراً. إثارة الخطوات الثانية إذا ما زلت قلق وشعرت بأن طغلك بحتاج إهتمام أكثر من الطاقام الطبي



نريد أن لعمل معك لتقديم أفضل رعاية طبية ممكنة تطفلك لأننا مدركين بأنك ألت أفضل مر يعرف وضع طفلك

المكنك الحصول على المزيد من المعلومات من القريق الطبي المتواجد في القسه



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Improvement

The 5 Elements of the QEWS Program



Improvement



Adapted from Between the Flags, Education Strategy& Implementation Guide 2012





- Three Corporate (Mandatory) Metrics
 - eLearning education (HITC)
 - Rapid Response Team activation rate
 - Cardiac arrest rate





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Rapid Response activation rate

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"Successful rapid-response systems consistently deliver a high response "dose" (>25 calls per 1000 admissions).

Mature academic systems have at least 40 calls per 1000 admissions"

HMC facilities are already reporting activation rates of 25/1000 discharges





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Evidence



- 5 studies (single center) showed a substantial improvement in before & after comparison, following introduction of a RRT
- A large multi-center randomized trial (Merit) failed to show effectiveness
- Two meta-analyses have failed to show reduction in cardiac arrest rates



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Outcome





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Outcome



No. of CPR Calls Across HMC Pre- and Post-Implementation







Anecdotes



"I feel safer"

"The standardized observation chart has made myjob easier"

(Al Khor Hospital patient)

(Emergency Department Consultant)

"There has been a culture change"

(Executive Director of Nursing)

"The implementation of Pediatric QEWS has **empowered** our nursing staff to **act** upon and obtain medical assistance in an **early** stage of patients deterioration. e.g. since implementation of Ped QEWS nursing staff have been able to pick up abnormalities / changes in vital sign earlier – this has resulted in many cases of Sepsis being recognized at the earliest point and implementation / initiation of antibiotic treatment in **under one hour**"

"Pediatric nurses often recognize deterioration in patients through intuition rather than through routine measurement of vital signs. Adding the 'concem' sign to the Rapid Response System has provided opportunities for nurses to act upon their intuitive feelings. e.g. patient was inadvertently given wrong medication – patient and mother reported to nurse 20 minutes later that the patient did not feel well. Although the child's vital signs were normal the nurse felt that the child did not look well and called the RRT – outcome – patient treated rapidly on the unit and **did not need transfer** to high level of care (PICU)"

(Ms Judith Nelmes, Director of Nursing Pediatrics, HGH)

"This is how HMC should deliver large-scale system programs"

(Director of Nursing)









- 42% reduction in cardiac arrest rate
- Equates to >100 lives saved per year across HMC

 Rapid Response Team activation rate is a world class standard





Lessons Learned



- Large scale improvement initiatives can demonstrate rapid results
- Taking a systems approach is critical
- Aligning internal stakeholders and resources
- Clinicians (nurse, doctor, RT) are essential
- Alignment with organizational strategy, accreditation and external initiatives





- Where to from here?
- Cerner
- Sepsis
- Continual Improvement
 - Audit
 - Ask to see your data
 - Debrief all cases
 - Local governance is critical





Next Steps

QEWS Phase II CERNER Enhancements





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Role	Names
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Thank you for your attention



Questions?



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