## **Burn Injury Prevention** Do & Don't

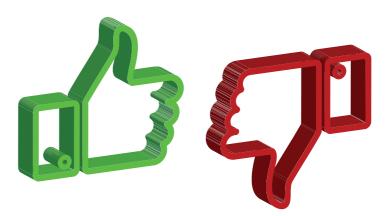
 Don't use metal containers, foil or utensils in a microwave oven.



- Don't use a microwave oven to warm baby bottles, they may heat unevenly and can burn a baby's mouth.
- Don't hang towels close to the burner or over handles.
- Don't overload electrical sockets.
- Don't use the elevator in case of fire.







Patient and Family Education



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## Do's & Don'ts

## Do

- Test the water temperature before you or children get into the tub or shower.
- Keep hot liquids like coffee, tea and soup away from the edge of the table.
- Store matches and lighters in a locked cabinet where children can't reach.
- Unplug appliances such as a hot iron and keep them out of reach.
- Cover electrical outlets to prevent potential electrical burns in children.
- Use a potholder or gloves when cooking.











- Store chemicals, including gasoline, out of children's reach.
- Use sun protection every time you go outside.



## Don't

- Let children play near the stove or in the kitchen.
- Wear clothing with long or loose sleeves when cooking.
- Smoke in bed.
- Leave candles unattended.
  Extinguish them if you leave the room.



