

Your Support Person during Labor



Patient and Family Education

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Your Support Person during Labor

Al Wakra Hospital (AWH) supports a woman's right to choose her support person to be with her during experiences labour. The woman can decide whether or not the support person stay in the room (except in emergency clinical situations). This is to say the support person can be present from the admission of the woman to the labour room until her discharge to the postnatal ward.

Who is your Support Person?

Any female over the age of 18 years old. This may be a relative or close friend.



Your Guidelines:

- You have the right to be informed of this protocol (in the antenatal period so that you have time to decide whom you would like to be with you to support your labor and delivery).
- Only one support person shall be allowed to stay with you.
- the support person should follow the instruction below:
 - Must be free from any infection.
 - She should wash her hand before and after leaving the labour room and holding the baby.
 - must follow nurse instruction by wearing mask overshose.
 - must enter through the main lobby of the labor room.
- The support person must be healthy and free from infection. she should wash her hands on entering and leaving the room and before and after holding the baby. The personal protective equipment (mask, apron, glove, head protection, footwear).
- The support person is requested not to sit on the patient's bed. She should use the chair provided.
- The support person is requested not to use the patient's toilet (in the delivery suite).
- Upon your consent, the support person is permitted to take photographs or videos of you and your baby. If you agree to being photographed or videotaped, you must inform healthcare staff first.
- Not to sit on the patient's bed She should use the chair provided
- Not to take any photos or videos without the agreement of the mother
- Don't use the patient's toilet (in the delivery room).
- If the support person has any questions, they must raise these with our obstetrician or pediatrician.