Electronic Cigarettes (also known as Vapes)







من منظمة الصحة العا كأفحة التدخين O Collaborating Cent

Facts about electronic cigarettes and their harms:













- E-cigarettes contain liquid nicotine and harmful products.
- Manufacturing companies are selling them as of reduced harm products.
- They are not an effective and safe method to quit smoking.
- They are not approved as method to quit smoking.
- Users may suffer from high dependency symptoms.
- Symptoms appear when not using the device for some time.
- Symptoms include headache, mental distraction, and poor concentration.
- Vapor produced is harmful to the user and bystander.
- Electronic cigarettes cause serious lung disease.
- E-cigarettes are linked to inflammation of the heart muscle.
- Nicotine impairs brain development among children and young adults.
- E-cigarettes cause series injuries due to device defect.

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