

Before Surgery

Your healthcare team will conduct final assessments and confirm that all preparations are complete. This includes reviewing your medical history, medications, test results, and preoperative instructions.

Transfer to the Operating Theater

A hospital staff member will accompany you to the Operating Theater according to the surgical schedule.

In the Surgical Theater

Your care partner or family member may wait in the designated family waiting area during your procedure. They are welcome to check on your status with our staff at any time. Al Wakra Hospital has multiple operating theaters, including:

- Main Theaters
- Obstetrics & Gynecology Theaters
- Burn Surgery Theater

Recovery Phase

After surgery, our nursing team will monitor your condition closely. Your doctor will visit you to discuss your recovery status and next steps.

Post-Recovery Plan

Depending on your recovery progress and health condition, you may be discharged home on the same day or be admitted for continued inpatient care if needed. Your care team will guide you through the next phase and answer any questions you may have.

Be Informed. Be Involved.

You are warmly encouraged to take an active role in your care. We welcome your questions and believe that being informed and engaged helps ensure a safer, more personalized experience.

Your questions may vary depending on your health condition and the type of surgery or procedure planned. Below are some helpful questions to consider asking your care team:

- **Before Your Surgery**
 - How long will I stay in the hospital?
 - Am I allowed to eat or drink before the procedure?
 - What type of anesthesia will I receive?
 - Who will perform my surgery?
 - Can I meet with the surgeon or anesthesiologist beforehand?
- **During the Surgery**
 - How long will the operation take?
 - Will someone update my family or care partner on my progress?
- **After the Surgery**
 - Will I experience pain or discomfort?
 - When will I be allowed to eat or drink?
 - How soon will I be transferred back to my room?
 - When will I see my doctor again?
 - When can I begin moving or walking?
 - What are the results or findings from the procedure?
 - Will I need help or support at home?
 - How should I care for my wound or surgical site?
 - Do I need a follow-up appointment?
 - Who should I contact if I experience any problems after discharge?

Your care team is here to support you at every step. Please don't hesitate to ask questions. Your comfort, understanding, and involvement are essential to your recovery and wellbeing.

Surgery or Procedure Journey at Al Wakra



مستشفى الوكرة
Al Wakra Hospital

عضو في مؤسسة حمد الطبية
A Member of Hamad Medical Corporation



Dear Valued Patient and Family Member,

We understand that preparing for a surgery or procedure can feel overwhelming. At Al Wakra Hospital, we are committed to providing you with safe, informed, and person-centered care every step of the way.

Your surgical journey typically begins with an assessment by a surgical doctor, either in the Surgical Outpatient Clinic or through the Emergency Department, depending on your condition.

Before Your Surgery

- **Outpatient Clinic Visit**
 - The doctor will explain the reason for surgery and address your questions.
 - You will be asked to sign a surgical consent form.
 - You may be referred for laboratory tests, imaging, or other diagnostics as part of preoperative preparation.
 - Please request a written copy of your pre-surgery instructions and review them carefully.
- **Surgery Booking**
 - Visit the Scheduling & Surgical Tracking Office to confirm your surgery date.
 - You will receive a call with your scheduled surgery date and arrival time, along with clear instructions to follow before surgery. Your availability will be confirmed during this call.
- **Anesthesia Clinic Visit**
 - An anesthesiologist will assess your health status and discuss the type of anesthesia that will be used during your surgery.
 - You will be asked to sign a consent form for anesthesia.

Important Reminders

- Your care team may recommend additional tests, specialist referrals, or medical clearance before your surgery to ensure your safety and readiness. They will guide you through each step as needed.
- Please follow all preoperative instructions carefully, as not doing so may lead to delays or cancellation of your procedure.
- If you are taking medications such as aspirin, warfarin, thyroid, blood pressure, or diabetes medication, confirm with your doctor whether they should be continued or stopped prior to surgery.
- Don't forget to bring your completed My Care Passport and share with your care team what matters most to you, your needs, values, and preferences.

Preparing for Your Surgical Admission

At Al Wakra Hospital, we aim to guide and support you through a safe and successful surgical experience. Your care partner is encouraged to accompany you on your healing journey and provide support throughout the process.

Admission Office

Please proceed to the Admitting Department at your scheduled time, bringing your valid health card. For inquiries, call: 4011 4035 / 4011 4036.

Cashier Office

Visit the Cashier to complete any required payments. For inquiries, call: 4011 4025.

Room Assignment

A hospital staff member will escort you to your assigned location based on the type of procedure:

- Inpatient room
- Admission Lounge
- Day Care Unit
- Day Assessment Unit
- Endoscopy Unit