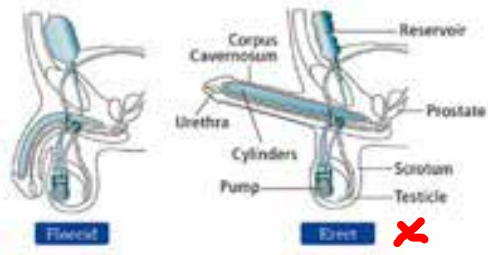


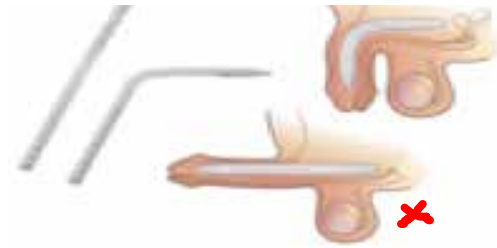
Home Care after Penile Implant Surgery

Following penile implant surgery, your attention to proper post-operative follow-up will contribute to the success of your surgery. You are being provided with written instructions and information that addresses common questions and concerns. Please review this information at home.

Inflatable Penile Implant



Semirigid Penile Implant



Wound Care

You will have a clear dressing covering your wound. This dressing is maintained for two to three days. You will be instructed exactly when to gently peel off the dressing at home.

Once the dressing is removed, you are encouraged to shower daily at home. The soap should be gently applied by hand and then rinsed. The suture line should be patted dry and not harshly wiped with the towel.

For the first few days, apply two or three gauze pads

to the site of incision each day and as needed to keep the dressing dry. This will protect the incision and help keep your clothes clean. Other dressing instruction can be given to you on discharge. Do not place antibiotic, talc powder, other ointments or hydrogen peroxide on the suture line. Avoid immersion of the wound in water (baths, swimming pools, and hot tubs).

Unless you have been instructed otherwise, all sutures at incision sites will eventually dissolve on their own. They will not have to be removed. Pay close attention to the condition of the incision and surrounding area. A hand held mirror may be helpful. There may be some swelling or ecchymosis (where the skin is "black and blue"). This is not a concern. What is of concern is a wound infection. Changes that suggest a possible wound infection are fever, increased swelling, creamy drainage between the sutures of the skin, or increased tenderness.

Scrotal Support

You may experience some swelling and redness of the scrotum. This is normal. A towel roll and ice pack may be placed under your scrotum to help keep the swelling down.

It is imperative that the penis be maintained in a straight position during this time. This will involve keeping the penis pointing towards the umbilicus (belly button) using the supporter which is provided to you at the end of the procedure. The purpose is to provide gentle compression to the scrotum.

Activity



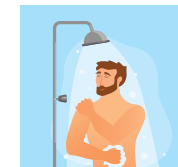
Avoid vigorous exercise for six weeks then slowly increase your activity.

Taking short distance walks is advised. Prolonged sitting or lying in bed should be avoided. Absolutely no heavy lifting or exercising (jogging, swimming, treadmill, biking) for six weeks or until instructed by your doctor. NO sexual activity for six weeks and until cleared by your physician.



Do not drive any motorized vehicle, if you are taking a narcotic pain medication. Wear loose fitting briefs or shorts and avoid wearing clothing that is too tight.

Bathing



You may use the shower to bathe if you wish. Gently wash the incision with soap and water, rinse thoroughly, and dry it. This will be sufficient to keep your incision clean, dry, and free of bacteria.

Diet



Return to your normal eating habits. However, we recommend foods that promote tissue healing, such as lean meats, vegetables, citrus fruits, dairy products, and whole wheat breads and grains. If you are diabetic, return to your pre-operative

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recommended diabetic diet. Drink fluids on a regular basis to ensure a regular voiding pattern. Avoid constipation; you will be prescribed a stool softener medicine when you are discharged.

Special Considerations

Follow any special instructions your doctor has given you that are particular to the type of prosthesis you have.

You will be given a prescription for antibiotics, analgesics that you will take by mouth after your surgery. If you take Aspirin or other blood thinners (Plavix, Warfarin) restart as per instructions from the prescribing doctor and your surgeon.

When to Call your Doctor or to Come to Emergency

- You have chills or fever
- You have increased scrotal or penile swelling
- There is drainage from your incision
- Your incision is red or swollen
- You have difficulty passing your urine or starting a stream
- Severe pain that is not relieved by your pain medication

Follow up



You will be given an appointment to return after your surgery to visit your doctor. This time is when the doctor will check your prosthesis, wound and will then discuss your return to sexual activity with you.



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Urology Department

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