

## Devices for Allergy Control

The events described above are first line actions to **manage allergy exposure**:

### Air filtration systems

In addition to first line actions, air filtration systems can also assist some children by diminishing the presence of allergens. An appropriate air filtration system should be selected and correctly maintained. Purchase such equipment only if your doctor advises that it will be beneficial.



### Air conditioning

Central or room air conditioning may decrease the amount of airborne allergens by making it easier to keep windows and doors closed in hot weather. This may be useful for children with pollen and outdoor mold allergies. Central air conditioning also has the advantage of lowering the humidity within the home. This is useful in controlling mold and house dust mites.



Portable air conditioner